

직장정신건강			번호: II - C - 3		
제 목	국문	취업 기혼여성의 스트레스 관련요인 및 대처전략에 관한 구조모형			
	영문	A Structural Equation Modeling on the Factors of Stress and Coping Strategies of Married Working Women.			
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분 야	환경 및 산업보건 직장정신건강	발 표 자	정혜선	발표형식	구 연
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<p>1. 연구목적 The purposes of this study are to identify stress and coping strategies of married working women.</p> <p>2. 연구방법 We conducted a mail survey. Data were collected from 185 married working women, living in the metropolitan area.</p> <p>3. 연구결과</p> <p>1) Low family function and high occupational stress affected stress symptoms of married working women significantly, but type A personality was not related to the stress symptoms.</p> <p>2) The more the married working women perceived stress symptoms, the more they utilized organizational coping strategies.</p> <p>3) The women who used personal coping strategies effectively also used more effective organizational coping strategies.</p> <p>4) Two paths were statistically significant : family function→stress symptoms, occupational stress→stress symptoms. But the others were not. Based on those results, the model was modified by adding four paths : A type personality→personal coping strategies, occupational stress→organizational coping strategies, personal coping strategies→organizational coping strategies, organizational coping strategies→stress symptoms.</p> <p>5) The modified model produced a better fit than hypothetical model(GFI=0.9985, ACFI=0.9893, NFI=0.9920, NNFI=1.1330, RMSR=0.0030, PNFI=0.1984).</p> <p>4. 결론 In conclusion, the stress management for married working women needs to focus on both organizational coping strategies and personal coping strategies.</p>					