

역학		번호: J - B - 11			
제 목	국문	군 흡연자의 금연행위 및 금연의도에 영향을 미치는 요인 분석			
	영문	A Study on the Analysis of Factors Affecting Behavior and Intention to Quit Smoking in the Military Smokers			
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<p>1. 연구 목적</p> <p>There have been many researches using the theory of planned behavior(TPB), but there have been few studies that analyzed the relationship between perceived behavioral control and behavior, part of the major factors of the theory of planned behavior, as well as the factors of perceived power among control belief, the belief factors of a perceived behavioral control. This study aimed to understand the interrelationship between the soldier's intention to quit smoking and the major and belief factors affecting quitting smoking behaviors and to analyze the intention to quit smoking and characteristics of soldiers who smoke in order to provide effective guidance measures to quit smoking.</p> <p>2. 연구 방법</p> <p>An infantry division stationed in the Seoul Metropolitan area was surveyed. The first survey lasted from November 2 to November 28, 2000 using self-questionnaire, and the second one from February 4 to February 28, 2001. Total 185 answers were valid in both the first and second survey.</p> <p>SAS(Statistical Analysis System) was used to analyze data and the logistic regression analysis, ANOVA, and t-test were adopted to analyze.</p> <p>3. 연구 결과</p> <p>There were many factors that affected the intention to quit smoking including antismoking education in a unit, a smoking area set in a unit, and a soldier's wish to quit smoking. The factors that turned out to have no influence on the intention to quit smoking included a family member who smokes, ranks, antismoking education before enlistment or at the boot camp, a compensation system in a unit, and a nonsmoking area.</p> <p>And, the regulations designed to reduce smoking rate were investigated. A compensation system and reinforcement of a commander's leadership were effective in the order. A compensation system and a restricted smoking area were feasible in the order. The</p>					

newly-enlisted soldiers received antismoking education at the boot camp and were forced to quit smoking, which was totally unrelated to their intention. And the research results say that there are some connections between a soldier's intention to quit smoking and the antismoking education in a unit.

4. 고찰

Continuous antismoking education should yield more effects than temporary and coerced one. And effective measures to quit smoking with education in the center of attention should be devised in future studies.