

Is Arthroscopic Shoulder Surgery Really Low-invasive? - Discharge Two Days after Surgery is Possible -

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Object

Arthroscopic surgery of the shoulder is known to be low invasive and early postoperative ambulation, discharge is expected. However, pain after surgery and systemic complaints and complications are concerned. We reviewed the course during admission of patients who underwent arthroscopic shoulder surgery and studied the inhibitory agents of early ambulation and discharge.

Materials and Methods

We went through 100 continuous patients after arthroscopic shoulder surgery.

Results

Although 23 patients complained nausea or vomited postoperatively on the day of surgery, 85 patients were able to consume a normal meal the day after. Ninety seven patients were able to walk independently the day after the surgery. Twenty seven commented peripheral neural disorder but disappeared spontaneously. No patient used intravenous analgesia after two days.

Discussion

Arthroscopic shoulder surgery is low invasive and the patients were able to walk and eat normally two days after the surgery.

Conclusion

It is possible to leave the hospital two days after the surgery if the patient could manage using the orthosis and the instructions of the every day life could be established.

(176words)