

: , ,

.

:

:

:

.

1.

가

(, 1996).

, 가 ,

(Kitzinger, 1972).

가 (, 1992).

(, 1988:Kitzinger, 1978).

가 ,

(Lederman & Weigarten, 1981).

(Cropley et al., 1976; Laufer, 1990: Mercer, 198a,b: Rubin, 1967a).

가

가

가

가

(Ludington-Hoe, 1977).

,
(Walker &

Montgomery, 1994).

가

가

2.

()

1)

2)

3. 가

1)

2)

1-2 , 4

2-1)

1-2 , 4

2-2)

1-2 , 4

4.

1)

가 (, 1988).

Marut Mercer(1979) (1988)

2)

(Walker

& Montgomery, 1994).

(1) (SD Self: Myself as Mother)

1992).

: Osgood (1957) Walker(1977) ,

(1996)

(2) (SD Baby : My Baby)

(affective response)

(Walker & Montgomery, 1994).

Osgood (1957) Walker (1977) , (1996)

1.

가

가

(, 1990: Hart, 1980: Hoff, 1978: Mead, 1964).

1988).

(, 1985L Donna et al., 1961).

가

1983:Hoff, 1978).

(Cranley et al.,

(, 1987; , 1996; , 1990; , 1994; , 1988; Augilera et al 1977; Fitzpatrick, 1984; Hart, 1980; Lindell, 1988; Marut & Mercer, 1979; Norr et al., 1977).

(, 1976),

(, 1974).

(Laufer, 1990; Mercer, 1985). Lynch Robert(1977)

가

(Peterson & Mehl, 1978; Prionce, 1977).

(1988)

가

(1990)

가

, (1991)

가

2.

“ ”

가 (motherhood)

(Erickson, 1968). 가

가 “ ”

” “ 가” (, 1975).

“ ” (Lederman, 1984).

가 (Lederman, 1984).

Rubin(1984)

가 가 - - 가

(1995), Rubin(1984), Walker(1992) 가

(Rubin, 1984; Walker et al., 1986b).

Sheehan(1981) (self image)

가 가 가

가 가 , Walker Montgomery(1994)

가

가 , 가 (, ,) (, 1996; , 1996; Walker et al., 1986b),

(Newton, 1983; Zabielski, 1994).

가 , (Cutrona & Troutman, 1986). 가

()

가 (, 1987).

1.

2.

1998 6 1 9 30 K 92

1) 20-34 가 가

2) 37-42 (, 1997), Apgar score 7 2.6-4.2kg

3) , ,

3.

1998 6 1 1998 9 30 4 (1-2 ,
4) 1-2 , 4 1-2 가
1992) , 4 (,
(Jensen & Bobak, 1981)

1) K 30 1998 6 1
6 20 가 , ,

2)

(1) 1-2 가 가 가
가 가 가 ,
가 가 가

(2)

가 4 가 4-5

가

92) (92 가 86 , 6 ()
(6.6%)

4.

()21 , 27 ,

17 65

1)

				Marut Mercer(1979)가
		(Perception of Birth Scale, 1979)		(1988)
		(labor)	12	(delivery) 12
(baby)	3	27		(1 : ‘
, 2 : ‘		, 3 : ‘	, 4 : ‘	, 5 : ‘ ’)
	27	135		가
		Mercer(1979)	.83,	(1988) .83
Cronbach alpha		(N=30)	.80	, (N=86) .83

2)

(1)		(SD Self: Myself as Mother)		
Osgood (1957)				Walker(1977)가
(SD Self: Myself as Mother)				(1996)
				7 11
		11 77		가
		Qalker(1982)	.81, .85,	(1996) .81- .84
		Cronbach alpha	(N=30) .84	, (N=86)

.80, .85

(2)		(SD Baby: My Baby)		
Osgood (1957)				Walker(1977)가
(SD Baby: My Baby)				(1996)
				7 6
		6 42		가
		Walker(1986)	.77, .85,	(1996) .70- .80
		Cronbach alpha	(N=30) .70, .67	

5.

SAS

- 1) χ^2 - test
- 2) t-test
- 3) t-test, paired t-test
- 4) Pearson Correlation

1.

1)

86
 46 (51.7%), 40 (48.3%)
 80.4% (37), 75.0% (30)가 25-29
 27.9 , 43.5% (20) 13-21 가 ,
 42.5% (17) 22 가 , 19.5 (10.7)
 43.5% (20), 38.0% (16)가 가 ,
 60.8% (28), 65.0% (26)가 가
 50.0% (23), 47.5% (19)가
 52.2% (24), 65.0% (26)가 101-200
 164.6
 가 69.3% (32), 82.5% (33)가 가 ,
 97.8% (45), 97.5% (39) 가 ‘ ’
 93.5% (43), 95.0% (38)가 ‘ ’
 52.2% (24), 37.5% (15)가 가
 54.4% (25), 55.0% (22)가 ‘ ’
 가 , ‘ ’ 3.5% (3) .

-test

가

2)

89.1% (41), 90.0% (39)가
 95.7% (44),
 87.5% (35) ,
 8.1% (7) .
 67.4% (31), 85.0% (7)가 ,
 54.5% (47), 45.4% (39) .
 가 50% (23)
), 55% (22)
 74.4% (64) 가
 93.5% (43), 97.5% (39) 가
 82.6% ((38), 72.5% (29)
 54.4% (25), 35.0% (14)가 3.0-3.4kg 가
 3.3kg
 76.1% (35), 62.5% (25)가 38-40
 가 (p=0.0452). 39 5 .

, 1997) 가 가 1-10 VAS(
 7-8 45.0%(18) 가 9-10 65.2%(30),
 8.1 가 8.8 ,
 가 χ^2 -test
 가 .
 2. 가
 가 1. “
 ” < 1> .
 ()
 89.3(10.6), 76.5(13.6) 가
 (t=4.88, p=0.000).
 가 , “
 ” 1가 .
 가 2. “ 1-2 , 4
 ” 가 2-1 가 2-2 .
 가 2-1. “ 1-2 , 4
 ” 가
 t-test .
 < 2>
 1-2 () 52.2(6.0),
 51.5(7.0) (t=0.47, p=0.637)가 .
 4 () 54.9(8.4),
 61.6(6.0) (t=-4.21, p=0.000) .
 “ 1-2 , 4
 ” 가 2-1 .
 가 2-2. “ 1-2 , 4
 ” 가
 t-test
 .
 < 3>
 1-2 () 32.6(5.1),
 29.3(4.5) (t=2.15,
 p=0.034) .
 “ 1-2 , 4
 ” 가 2-2 .
 .
 1.

< 1> (n=86)

	M (± SD)	M (± SD)	M (± SD)	t	p
	36.5(± 4.9)	36.2(± 5.8)	36.4(± 5.3)	0.27	0.786
	40.1(± 6.9)	30.7(± 7.9)	35.7(± 8.7)	5.86	0.000
	12.7(± 1.8)	9.5(± 1.6)	11.2(± 2.3)	8.44	0.000
	89.3(± 10.6)	76.5(± 13.6)	83.4(± 13.6)	4.88	0.000

< 2> (n=86)

	M (± SD)	df	t	p
1-2	52.2(± 6.0)	84.0	0.47	0.637
4	51.5(± 7.0)			
	54.9(± 8.4)	84.0	-4.21	0.000
	61.6(± 6.0)			

< 3> (n=86)

	M (± SD)	df	t	p
1-2	32.6(± 5.1)	83.0	3.10	0.002
4	29.3(± 4.5)			
	32.4(± 4.9)	84.0	2.15	0.034
	30.4(± 3.6)			

" 가 1 , (1988), Mercer Marut(1979) 가 (labor), (delivary) , (baby) 가 (Mercer & Marut, 1979), Tilden(1983) Mercer Marut(1979), Wilmuth(1975) 2 , 6-12 , 가 (1988), Mercer Marut(1979)

가 .

가 .

2. “ ” 가 2-1 1-2 , 4 가 4 가 가 2-1 가 가 가 4 가 가 2-3 가 가 , ‘ , 가 가 , 가 , 가 (1996) Hott(1980)

1-2 ‘ (taking in phase)’ , 1-2 가 Rubin(1967a) 가 (Wilmuth, 1975) 가 “ ” 가 2-2 1-2 , 4 가 2-2 가 가 가 (, 1988; Laufer, 1991; Mercer, 1981a,b; Rubin, 1962),

Mercer(1986a)

1-2 4

Mercer Ferketich(1995) 135 166

1, 4, 8

4 8 가

가

1-2 52.2

, 4 54.9 ,

1-2 51.5 , 4 61.6

가

1-2 32.6 4 32.4

(1996),

Walker (1986a, b)

29.3 , 4 30.4

1-2

1-2

, 4

Mercer Ferketich(1995)

가

89.1%,

90.0&

가

가

가

가

가

가

(, 1996).

가

Walker (1986a,b) 64

58

1-3 4-6

(Osgood)

가

1. 가
($t=4.88, p=0.000$). “ ” 가 1 .
2. 4 가
가 ($t=-4.21, p=0.000$). “ ” 가 2-1
하 1-2 , 4
3. 1-2 , 4
(1-2 : $t=3.10, p=0.002$, 4 : $t=2.15, p=0.034$). “ ” 가 2-2
1-2 , 4
4. 1-2
4 ($t=7.96, p=0.000$)

1. 가
2. 가
3. 가

1. (1996).
2. (1985). : , 231.
3. (1990).
4. (1996).
5. (1997). 3 : , 5.
6. (1987). 가. , 17(1).
7. (1991).
8. (1996). 가

9. (1975).
10. (1990).
11. (1976). , 6(1), 51-57.
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13. (1995).
14. (1992).
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17. , (1992).
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- Abstract -

Key concept : Delivery Methods, Perception of Delivery Experience, Identity

A Comparison of Primiparas ' Perception of Delivery Experience and Identity as the Mother According to Delivery Methods

A Comparison of Primiparas' Perception of Delivery Experience and Identity as the Mother According to Delivery Methods : Department of nursing graduate school, Keimyung University

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Cho, Sun Young · Koh, Hyo Jung : Keimyung University college of nursing

This study was conducted to examine primiparas' perception of delivery experience and identity as the mother("Myself as the Mother" and "My Baby") according to delivery

methods such as normal delivery and cesarean section.

The result of this study summarized as follows.

1. The primiparas' perception of delivery experience according to delivery methods showed that the primiparas who had normally delivered perceives the delivery experience more positively than those by cesarean section ($t=4.88$, $p=0.000$). This fact supported hypothesis 1 that "the primiparas group by normal delivery should perceive the delivery experience more positively than by cesarean section."
2. The primiparas who had delivered by cesarean section were more positive in the SD-Self score than those who had normally delivered at the time when four weeks passed after delivered, and there was a significant difference ($t=-4.21$, $p\leq 0.000$). Therefore, hypothesis 2-1 that "the primiparas group who had normally delivered should be more positive in the SD-Self 1-2 days and 4 weeks after delivery than one who delivered by cesarean section" was rejected.
3. It was shown that the primiparas who had delivered normally were more positive in the SD-Baby 1-2 days 4 weeks after delivery than those who delivered by cesarean section (after-delivery 1-2 days : $t=3.10$, $p=0.002$ and after-delivery 4 weeks : $t=2.15$, $p=0.034$). Based on this fact, hypothesis 2-2 that "the primiparas group who had delivered normally should be more positive in the SD-Baby 1-2 days and 4 weeks after delivery than those who had delivered by cesarean section" was supported.
4. Primiparas who had delivered by cesarean section appeared to have a positive identity as the mother by showing a more significant difference ($t=7.96$, $p=0.000$) 4 weeks after delivery than 1-2 days after delivery.

In conclusion, we see that primiparas' perception of delivery experience and identity as the mother were different according to delivery methods. Thus, it is required to devise a nursing intervention strategy to expand support from the health care system and opportunities to provide pre- and post-delivery programs so that primiparas can have a positive perception of delivery experience and a positive identity as the mother.

Based on conclusion stated above, the following suggestions are made.

1. As this study compared the perception of delivery experience and identity as the mother between primiparas who had delivered normally and ones who had delivered by cesarean section, the further study on comparison between multiparas who had delivered normally and ones who had delivered by cesarean section is needed.
2. According to the results of this study, longitudinal study is needed to examine the difference and change in the formation of maternal identity.
3. According to the result of this study, a study is also needed to determine interaction between time for maternal identity and delivery methods.