

대인관계에 있어서 힘과 통제 그리고 생존의 원리*

PRINCIPLES OF POWER, CONTROL AND SURVIVAL
IN INTERPERSONAL RELATIONSHIP

조 수 철**

Soo Churl Cho, M.D.**

요 약 : (intrapersonal)
 (interpersonal)
 (body) (mind),
 가 “ (power) (control) (survival) ” 가 가
 가
 (normality) (abnormality)

중심 단어 :
 서 론
 (thinking), (em -
 otion) (behavior)
 (cell) 가
 (tissue) (organ)
 (system)가 가

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 ** (.) Department of Psychiatry (Division of Child and Adolescent Psychiatry), Seoul National University College of Medicine, Seoul

가

가 가 (human 가 가

survival) ” 가 “ (sur - 가

vival) 가 가 (intrap - (interpersonal

ersonal aspect) aspect) (power),

가 가 (control), (survival) - (inter -

Kety, Winokur, Robins (intrapersonal) (inter -

personal relationship) (normality) (abnormality)

가

연구 방법

가

Freud Jung

결과

가

(Power)

Fromm - Reichman, Arieti Sullivan, (Internal) (Physical)

(External) (Psychological)

(Control)

“ Social School ” , Meyer, Leighton, Linde - (Internal) (Physical)

mann (External) (Psychological)

Pavlov Skinner 가 ,

Wolpe, Stunkard 가

(power) (control) .

“ ” 가 , 가 가 .

가 “ ” “ ” “ ”

가 ” “ ” 가

“ ”가 .

가 ”(genetic control) 고 찰

“ ” 가

가 , 가

가 “ (Survival) ”

“ ”

가 가 “ ” 가 가

“ ” 가 .

(Conception) .

2) 외적 신체적 통제(external physical control) 가 . 가 가

가 .

3) 내적 심리적인 통제(internal psychological control) 1ml 20,000,000

가 가 .

3 5ml

80,000,000 100,000,000

가 ,

가 가

가 program ,

가

“ ” “ ” “ ” “ ”

“ ” “ ”

가 (Delivery) .

4) 외적 심리적 통제(external psychological control) 40 가

“ ”

가? . 40 가 가 .
 (cosurvi- 가 .
 (foreign 가
 val) 가 가?
 body) 가?
 ,
 가 .
 가 (eye contact) .
 가 4
 (rejection) 가 . 4 6
 가
 (Reflex response) ,
 (reflex ac- ,
 tivity) . ,
 , program- .
 med (caretaking)
 (blinking reflex), (rooting reflex),
 (sucking reflex), (swallowing reflex), 가
 (Moro reflex), (withdrawl reflex), .
 (stepping reflex), (swimming reflex) (smiling) .
 , 가 9 10
 가 . 가
 ,
 가 . 20
 ,
 ,
 design .
 가 (normal anxiety) .
 가
 (separation anxiety) , (st-
 (Crying) . ranger anxiety) .
 , 6
 program 가 가 . 가 가
 (birth cry), 가 , 가
 (hunger cry), (bored cry),
 (discomfort cry),

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Soo Churl Cho, M.D.

*Department of Psychiatry (Division of Child and Adolescent Psychiatry),
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Human being can be defined in several ways. These are biological, psychological, social and religious, ethical and philosophical aspects. The first two viewpoints refers to the intrapersonal aspects and the last two viewpoints deals with the interpersonal aspects. There have been numerous theories and hypotheses to explain the human behavior and psychopathology, but the author does not find any theory or hypothesis to integrate the biological and psychological viewpoints. In addition, The author does not find any theory to integrate the intrapersonal and interpersonal aspects in interpersonal relationships.

Thus, the author proposed one model to explain the human behavior. In proposing this theory, the author has the following hypotheses :

- 1) All human being can not exist by oneself.
- 2) The ultimate goal of all human being is to achieve "Survival".
- 3) There are four kinds of survivals and they are biological, psychological, social and religious, ethical and philosophical survivals.
- 4) Power and control are two prerequisites for survival and there are four kinds of power and control.
- 5) The four elements of power and control are biological, psychological, internal and external ones.
- 6) The conflict between human being can also be explained in terms of power, control and survival.
- 7) Normality and abnormality of human behavior can be explained in terms of the harmony and balance among the powers and controls.

KEY WORDS : Power · Control · Interpersonal relationship.