

The Reliability of the Conventional Tomographic Interpretation for the Patients with Temporomandibular Disorders

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I. INTRODUCTION

Imaging is the only method of obtaining visual information on the status of the joint tissues short of arthroscopy or open joint surgery. Its primary purpose is to provide information to assist the diagnosis and treatment planning process. Radiography has long been the primary means for diagnosing organic diseases of the TMJ. However, it has been difficult to determine which radiographic signs are characteristic of individual diseases of the joint. Among the classical radiographic signs of joint disease decreased joint space has been found to be correlated with crepitus, a clinical sign of structural damage to the joint.⁴⁻⁵⁾ Reduction of the joint space, subcortical sclerosis and flattening of the lateral part of the condyle have

been found to be intercorrelated and frequent among patients with crepitus, pain and joint dysfunction.⁶⁾

Despite TMJ imaging has a long history of research and clinical application⁵⁸⁻⁶¹⁾, the quality of information gleaned from imaging is often less than desired. The small size of the TMJ, the widely varying fossa and condylar morphology and the surrounding dense osseous structures make clear and undistorted imaging of the joint hard tissue technically difficult. To overcome these obstacles, multiple conventional radiographic technique have been introduced over the years.⁷⁻⁸⁾ Conventional TMJ radiography has an established role in the detection of structural bone changes and sagittal tomography has been shown to yield the most information.⁹⁾

In the study of Tanimoto et al.¹¹⁾, Autopsy specimens were examined both radiographically and macroscopically to compare direct computed tomography with conventional tomography for their diagnostic yield of the structural bone changes in the temporomandibular joint. They concluded that conventional tomography is superior to computed tomography in the diagnosis of single structural bone changes but comparable for comprehensive diagnosis of TMJ disease.

The purpose of this study is to investigate preliminary the reliability of conventional tomographic interpretation for TMJ of patient with temporomandibular disorder in order to perform a further research to depict, by means of conventional tomography, the bone changes that take place in a temporomandibular joint of patient with temporomandibular disorder and to correlate these changes to different variables such as condylar angulation, condylar type, condylar position and bone change type.

II. MATERIALS AND METHODS

1. Subjects

A series of 256 patients, referred to the Department of Oral Medicine and Orofacial pain and TMJ disorder clinic, Dental Hospital, Dankook University, between July and December 1999 was examined with conventional tomography. From this total, ten subjects were randomly selected for this study.

2. Tomographic equipment

Tomographic imaging was performed using a multidirectional tomograph (SCANORA, Orion Corporation Soredex, Helsinki, Finland). SCANORA is a multifunction x-ray unit designed for

radiographic examination of dento-maxillo-facial regions. The multifunction feature means that the imaging elements include arrangements for examinations utilizing both narrow scanning beam and multidirectional tomography principles. Although the imaging procedures are computer controlled, and tomographic imaging is included, SCANORA is not a computed tomography device. Components of SCANORA include an imaging element, patient chair, x-ray generator.

Corrected tomographs were taken of the right and left TMJs in the sagittal plane as part of routine TMJ examination. A submentoververtex projection was used to correct for orientation of the condylar heads with respect to the midline and to calculate the depth of cut. All cuts were 4 mm thick and collimated to include only the TMJ area. Four cuts were taken in maximum intercuspation and one cut was taken at maximum opening for each TMJ. The average exposure factors for the SCANORA unit were 72 kV, 3.5 mA, 82 sec (range 57-85 kV).

All radiographs were viewed by two dentists, who were chosen based on their experience in evaluating a TMJ x-rays and managing patients with craniomandibular problems, under standardized conditions and masked to eliminate extraneous light. From all radiographs, the examiners investigated bone change severity (scoring), bone change types, condylar types and

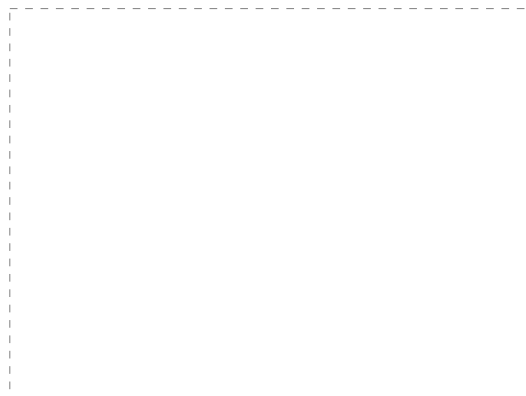


Fig. 1. SCANORA used in tomographic imaging of TMJ

temporomandibular joint spaces such as anterior, superior and posterior spaces. Inter-observer and intra-observer reliability was tested by the use of multiple examinations on the same and on different days. For determination of inter-observer reliability, 10 subjects were examined in one day by two observers, each blind to the other observer's results.

For testing of intra-observer reliability, the subjects were examined twice by each observer respectively blind to his first results. Three days separated the first and second examinations by each observer, in order to minimize both memory of the first results.

3. Scoring of Bone change

Tomograms showing bone change in the frontal and 4 sagittal views of joint were counted and the number was used as a score of bone change for each subject.

4. Bone change type

Radiographic observations of TMJs were recorded according to definitions described in previous report.¹¹⁾ All tomograms were assessed for the following features:

Concavity: a hollowed-out area on the bony surface of the joint with a well-defined cortical outline.

Cyst: a well-defined, localized area of bone destruction beneath an intact cortical outline of the joint surface.

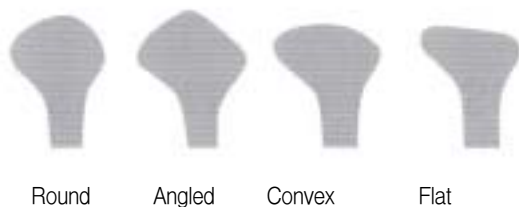


Fig. 2. 4 types of condylar shape

Erosion: a localized area of decreased density of the joint surface and adjacent subcortical bone.

Flattening: a flat bony contour deviating from the convex form.

Osteophyte: a marginal bony outgrowth.

Sclerosis: a localized area of increased density of the cortical bony joint surface extending into the subcortical bone.

5. Condylar shape

Condylar shapes were assessed from frontal view of condyle. Condylar shapes were divided into round, angled, convex and flat type (Fig. 2).¹²⁾

6. Joint space

To estimate the joint space, medial 2nd tomographic image among 4 sagittal cuts of joint was used and every image was traced onto acetate overlays with a 0.3 mm diameter lead pencil. The horizontal reference plane defined by the superior glenoid fossa tangent, parallel to the superior border of each tomogram, was assumed parallel to Frankfort Horizontal. The reference planes for joint space were drafted onto the tracing papers. Linear joint spaces were defined as posterior, superior, and anterior in the joint (Fig. 3). Measurements were made manually to the nearest 1/50 mm by vernier caliper.

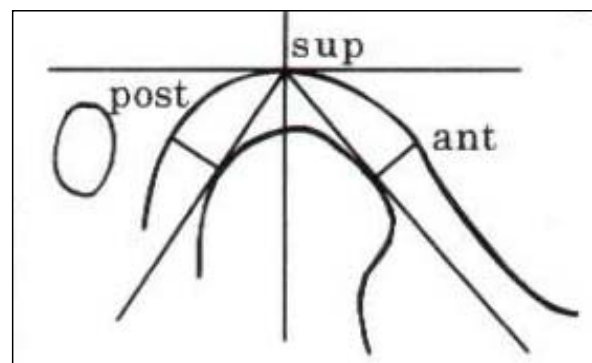


Fig. 3. The reference plane and three spaces of TMJ

7. Statistic analysis

The relationship between 2 examiners at a simultaneous examination and between 2 examinations of each examiner for bone change, condylar shape and joint space was tested by correlation coefficient. A paired t-test was used to find a difference between two groups.

III. RESULTS

Table 1. shows the mean scores and the correlation coefficients for inter- and intra-observer reliability on the condylar type. The correlation of scores were positive for both inter-observer test (r= 0.812, 0.619) and intra-observer test (r=0.955, 0.749). There were no significant differences between two observers and between two examinations by each

Table 1. The results of correlation coefficient for type of condyle between 2 examiners at 2 different examinations

Examiner	Examination(n=20)		r(p-value)	Paired t-test
	1st	2nd		
A	2.350±1.09	2.350±1.04	0.955(0.000)	1.000
B	2.500±1.10	2.650±1.18	0.747(0.000)	0.419
r(p-value)	0.812(0.000)	0.619(0.004)		
Paired t-test	0.330	0.186		

Table 2. The results of correlation coefficient for type of bone change between 2 examiners at 2 different examinations

Examiner	Examination(n=20)		r(p-value)	Paired t-test
	1st	2nd		
A	2.45±1.57	2.55±1.64	0.860(0.000)	0.606
B	2.45±1.57	2.55±1.64	0.860(0.000)	0.606
r(p-value)	1.00(0.000)	1.00(0.000)		
Paired t-test	1.00	1.00		

observer.

Table 2. shows the mean scores and the correlation coefficients for inter- and intra-observer reliability on the bone change type. The correlation of scores were positive for both inter-observer test (r=1.00) and intra-observer test (r=0.860). There were no significant differences between two observers and between two examinations by each observer.

The scores of bone change can be seen in Table 3. There are significant correlations between two observers (r=0.846, 0.991) and two examinations by each dentist (r=0.745, 0.791). At the second examination, mean and standard deviations are identical especially. There aren't significant differences in the joint spaces between two groups respectively.

Table 3. The results of correlation coefficient for score of bone change between 2 examiners at 2 different examinations.

Examiner	Examination(n=20)		r(p-value)	Paired t-test
	1st	2nd		
A	1.90±2.27	2.60±2.44	0.745(0.000)	0.079
B	2.05±2.31	2.60±2.44	0.791(0.000)	0.126
r(p-value)	0.846(0.000)	0.991(0.000)		
Paired t-test	0.603	1.000		

Table 4. The results of correlation coefficient and paired t-test for anterior joint spaces(mm) between 2 examiners at 2 different examinations

Examiner	Examination(n=20)		r(p-value)	Paired t-test
	1st	2nd		
A	5.304±2.268	5.508±2.248	0.959(0.000)	0.175
B	5.318±1.789	4.968±1.847	0.891(0.000)	0.081
r(p-value)	0.919(0.000)	0.966(0.000)		
Paired t-test	0.948	0.002		

The measurements of joint spaces can be seen in Table 4, 5 and 6. There is significant difference in the anterior joint space only between two observers at 2nd examination as seen in Table 4. There are, however, significant correlation between two observers at two examinations ($r=0.919, 0.966$) and two examinations by each observer ($r=0.959, 0.891$).

The measurements of superior joint spaces can be seen in Table 5. There are significant correlation in the superior joint spaces between two observers at two examinations ($r=0.864, 0.840$) and two examinations by each observer ($r=0.942, 0.840$). There were no significant differences between two observers and between two examinations by each observer.

Table 6. shows the mean and standard deviations

Table 5. The results of correlation coefficient and paired t-test for superior joint spaces(mm) between 2 examiners at 2 different examinations

Examiner	Examination(n=20)		r(p-value)	Paired t-test
	1st	2nd		
A	4.629±1.845	4.747±1.906	0.942(0.000)	0.422
B	4.849±1.966	4.716±1.514	0.840(0.000)	0.593
r(p-value)	0.864(0.000)	0.955(0.000)		
Paired t-test	0.343	0.832		

Table 6. The results of correlation coefficient and paired t-test for posterior joint spaces (mm) between 2 examiners at 2 different examinations

Examiner	Examination(n=20)		r(p-value)	Paired t-test
	1st	2nd		
A	3.037±0.899	3.199±0.927	0.564(0.010)	0.406
B	3.402±1.289	2.966±0.932	0.645(0.002)	0.064
r(p-value)	0.718(0.000)	0.672(0.001)		
Paired t-test	0.085	0.182		

of posterior joint spaces. There are, as similar as anterior and superior joint spaces, significant correlation in the posterior joint spaces between two observers at two examinations ($r=0.718, 0.672$) and two examinations by each observer ($r=0.564, 0.645$). There were no significant differences between two observers and between two examinations by each observer.

IV. DISCUSSION

Tomography is body section radiography. Tomography has become the standard for comprehensive evaluation of the bony components of the TMJ, because it allows visualization of the temporal and condylar component. In addition, it allows the best evaluation of condyle position.¹³⁾

Interpretation of a technically correct tomogram is straightforward because its projection can be viewed in standard anatomical planes. Despite its many advantages, full capability tomographic equipment is expensive to use and is not used extensively in dental clinic. Therefore, corrected tomographic equipment (SCANORA multifunction x-ray unit), which is less expensive spiral tomographic system, was used in this study.

Both tomographic and plain projections have distortion effects if the angles of the x-ray beam are not related to the horizontal axis of the condyle and mandibular fossa. Hence a cephalostat is required such as head support and chin rest used in this study. The following radiological principles should be kept in mind. Projections should be taken in two or more planes. Axial correction should be made of the condylar axis by the use of preliminary submentovertex view followed by orientation with a cephalostat. Solberg¹⁴⁾ suggested that sagittal views should be taken in the medial, central and lateral parts of the joint to represent maxillo-mandibular positions of clinical relevance. In this study 4 sagittal views were taken with a 4 mm of focal thickness from medial pole of the joint to investigate extensive bone change of the condylar head. The frontal view is most valuable in

demonstrating condylar remodeling and other changes.¹⁵⁾ Often the changes seen in frontal view are not well identified in sagittal projections. It is reasonable, therefore, to propose that at least the following tomographic views be recommended to examine the TMJ: closed sagittal views (medial, central or 2 central, lateral cuts), maximally open sagittal view (central cut only), frontal plane view with the jaw open, and panoramic survey of the jaw region.¹⁴⁾

This study was preliminary carried out to find a reliability of tomographic interpretation by dentists before a study on a relationship between the bony change of condylar head and one of predisposing factors such as condylar position, condylar type and bony change type is performed in the future.

All radiographic registrations in the past study⁴³⁾ were made on lateral tomograms, a superior technique for depicting structural TMJ hard tissue changes.⁴⁴⁻⁴⁶⁾ In that study, frontal tomography was not included because it is suggested that it provides only minor additional information on degenerative TMJ disease when corrected sagittal tomography has been performed.⁴⁷⁻⁴⁸⁾ This study, however, included frontal tomography to count a score of bone change for condylar head because it was believed four sagittal tomogram did not present all changes of condylar head accurately based on the results of Sato et al.'s report⁴⁹⁾ that simultaneous lateral and frontal tomography produces a more accurate radiographic diagnosis of TMJ osteoarthrosis.

Cysts and erosions are considered radiographically significant signs of TMJ pathology, because there is a loss of articular soft tissue in areas corresponding to these signs.⁵⁰⁾ The same applies to osteophytes, but only more extensive osteophytes are considered to be indicative of degenerative changes.⁵¹⁾ Cholitgul et al. found sclerosis to be predominantly a false positive findings.⁵²⁾ In addition, Akerman et al.⁵⁰⁾ suggested that sclerosis is not valid for temporal bone. However, sclerosis was previously considered similar in diagnostic value to erosion and osteophyte formation⁵³⁾ and

there are indications that sclerosis is valid for condyle, sclerosis was included as a component of bone change types in this study.

The significance of condyle-fossa relationship in the temporomandibular joint has not yet been clarified though many efforts have been made by the specialists involved in orthodontics and in the management of TMJ internal derangement and orofacial pain.⁵⁴⁾ Although the question of the definition of normal condyle position still needs to be answered, efforts have been made to guide the mandibular condyle into a centric position in the glenoid fossa with the aim of relieving the symptoms in the patients with orofacial pain and TMJ internal derangement.⁵⁵⁻⁵⁷⁾ Ren et al. concluded that in the joints with normal disk position the condyles were almost randomly distributed in anterior, centric, and posterior positions in glenoid fossa and that posterior condyle position was more prevalent in the joints with anterior disk displacement, approximately half of the joints with anterior disc displacement with reduction and two thirds of the joints with anterior disc displacement without reduction. The present study, therefore, investigated the reliability of joint space measurement in order to determine a condyle position comparing distances of anterior, superior and posterior spaces in a further study.

V. CONCLUSIONS

This study evaluated the inter- and intra-observer reliability on the interpretation and joint space measurement for conventional tomography of TMJ with symptoms of craniomandibular disorders. Reliability test was performed to determine whether conventional tomography has interpretational precise to allow for consistency in interpretation between different observers and with one observer over time.

Based on the results of this study, it was concluded that high diagnostic accuracy and observer agreement can be achieved in conventional tomography.

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국문초록

턱관절장애환자의 일반단층촬영 판독에 대한 신뢰도

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본 연구는 측두하악관절장애의 증상이 있는 악관절의 통상적인 방사선 단층촬영술에 대한 해석과 관절강 측정에 대한 조사자내, 조사자간 신뢰도를 조사하였다. 신뢰도 검사는 조사자들 간에 판독의 일관성이 있는지와 일정 시간이 지난 후 반복 측정 시 판독의 정확성이 있는지를 알아보기 위하여 시행하였다. 조사자내 상관계수는 과두 형태에 대해서는 각각 0.812와 0.619, 골변화 형태에 대해서는 모두 1.00, 골변화에 대해서는 0.846과 0.991, 전방관절강에 대해서는 0.919와 0.966, 상방관절강에 대해서는 0.864와 0.955, 그리고 후방관절강에 대해서는 0.718과 0.672였다. 통상적인 방사선 단층촬영술이 신뢰도가 있음을 보여주는 이 연구의 결과로 보아, 측두하악 관절을 평가하는데 있어서 통상적인 방사선 단층촬영술은 높은 진단학적 정확성과 조사자간 일치성을 가진다고 할 수 있다.