

파킨슨씨병 환자에서 편측 담창구파괴술의 효과*

가, 가
 조우진 · 이경진 · 지 철 · 박성찬 · 박해관
 조정기 · 조경근 · 나형균 · 강준기 · 최창락

Efficacy of Unilateral Pallidotomy for Parkinson's Disease

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Objectives : For Parkinsonian patients who had not reacted favorably on drug therapy are good candidate for ventroposterolateral pallidotomy, although not curative. We studied these patients after unilateral pallidotomy, to confirm the effectiveness and safety of this procedure.

Methods : We evaluated the 17 patients with idiopathic Parkinson's disease who had undergone unilateral posteroventral pallidotomy. All patients responded to levodopa initially. Mean age was 55 years(38 - 75years), and mean duration of disease was 9.8 years(3 - 20years). Pre - and postoperative evaluation at 3 month intervals included Unified Parkinson's Disease Rating scale(UPDRS) scoring, Hoehn and Yahr(H & Y) staging, and neuropsychological examinations.

Results : Pallidotomy significantly improved parkinsonian symptom(tremor, rigidity, bradykinesia, dyskinesia, sensory symptom). Nine of 10 patients who showed dyskinesia preoperatively significant improvement. The mean dose of levodopa in 9 patients was lowered. The mean H & Y score and UPDRS score were improved in on and/or off time in 15 patients. Among patients who were not improved, one patient worsened, and the others showed no change. The mean overall UPDRS off score changed from 76 preoperatively to 44(33%) at 6 months and from 70 to 52(25%) at 1 year. Transient surgical morbidity was shown in four patients and included dysarthria, hypotonia and confusion.

Conclusion : We conclude that pallidotomy is safe and effective in patients who have levodopa - responsive parkinsonism with severe symptom fluctuation. Unilateral pallidotomy also considered helpful to ipsilateral symptom. Unilateral pallidotomy can improve all of parkinsonian's symptom and allow to reduce the levodopa medication. Most of patients show satisfactory results.

KEY WORDS : Pallidotomy · Unified parkinson's disease rating scale · Hoehn and yahr staging · Microelectrode physiological recording.

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 1951 Hassler Riechert 가
 가 5)
 19 가

* 가

Table 2. Mean overall UPDRS before and after pallidotomy

	6 month group (7 patients)		12 month group (10 patients)	
	on	off	on	off
Preop	41	76	55	70
Postop	27	44	43	52
Improvement	34%	33%	21%	25%

Table 3. Mean schwab and england ADL scale

	6 month group (7 patients)		12 month group (10 patients)	
	on	off	on	off
Preop	73	39	76	50
Postop	87	57	78	59

Table 4. Mean UPDRS off-period subscores after pallidotomy

	6 month group (7 patients)		12 month group (10 patients)	
	preop	postop	preop	postop
Falling	1.9	1.2	2.1	2.3
Freezing	2.0	1.0	2.0	1.9
Sensory Sx	1.2	0.5	2.3	1.0
Tremor	1.7	0.7	1.3	0.9
Rigidity	5.9	3.1	7.8	5.8
Posture	1.4	0.6	2.0	1.9
Gait	1.9	1.0	2.3	1.8
Bradykinesia	1.8	1.1	2.6	2.4
Dyskinesia	3.7	0.5	4.6	1.8

(Dyskinesia scores were evaluated on condition)
Dyskinesia completely relapsed in one patient after 1 year

(Table 3).

12 off UPDRS subscore (1), (1)
, , , (dyskinesia) . 2
falling freezing (Table 4). 6
on 6 87% 1 63%
1 . 1
6 levodopa 885mg/day
439mg/day 2 8
Pergolide 가 12 840
mg/day 770mg/day 2 5
Pergolide 가 (Table 5).

Neuropsychometric test(Samsung Neuropsychological Screening Battery) , (3)

geriatric depression scale

(Table 6).

4 (2),

Table 5. Mean Levodopa doses(mg/day)

6 month group (7 patients)		12 month group (10 patients)	
preop	postop	preop	postop
885	439	840	770

In both group, pergolide was increased on two patients
(2/7 in 6 month group 2/10 in 1 year group)

Table 6. Neuropsychometric testing result

Test	Score		p-value
	Base line (mean±SD)	Retest (mean±SD)	
K-MMSE	27.1 ± 1.6	27.3 ± 1.7	NS
Digit span forward	6.3 ± 0.8	6.4 ± 0.8	NS
Backward	3.4 ± 0.5	3.5 ± 0.7	NS
K-BNT	49.6 ± 4.2	49.4 ± 4.5	NS
HVLT free recall	18.2 ± 4.9	18.3 ± 4.8	NS
HVLT 20 min delay	5.1 ± 2.9	5.2 ± 2.7	NS
HVLT recognition	8.4 ± 2.7	8.3 ± 3.1	NS
Rey CFT copy	30.5 ± 7.3	30.1 ± 7.6	NS
Rey CFT immediate	9.8 ± 8.7	10.7 ± 7.6	NS
Rey CFT 20 delay	7.2 ± 7.7	8.6 ± 6.5	NS
Rey CFT recognition	5.7 ± 1.5	6.1 ± 1.6	NS
Wored fluency-category	25.7 ± 7.17	25.9 ± 5.7	NS
-Letter	18.3 ± 3.6	18.3 ± 5.7	NS
Stroop Test C-form	98.1 ± 21.7	100.8 ± 17.3	NS
C-W form	62.6 ± 19.3	66.3 ± 13.4	NS
Trail making test Part A(sec)	96.7 ± 83.4	95.3 ± 73.6	NS
Part B(sce)	192.1 ± 51.5	191.1 ± 50.6	NS
GDS	19.5 ± 6.1	17.7 ± 5.4	NS

GDS : Geriatric depression scale

NS : Non specific

(1), (1)

2

6

1

8

5

(UPDRS 30%)

good(),

fair(),

poor()

가

6

12

60%

, 20%

, 20%

고 찰

7) 9 Kondzioloka
 22% UPDRS off 가
 UPDRS subscore ,
 가 . Excellent, good 가 94%
 3)13) , 가
 가 가 1)3)4)9)10), 6% 가
 가 가 6.9%, 1.7% .
 Kishore 6) 24 6
 UPDRS
 5
 1
 가
 Lang 10) 6 UPDRS off
 가 28% 82%
 6
 11), 2
 Krauss 8) 6 94%
 6% .
 76%
 21% 1
 가 .
 4)8) .
 12 UPDRS off
 25% good 1 60%
 4 , ,
 6 87% 12
 63% 1
 Baron 1) 15 1
 UPDRS 3 24.9%
 1 On freezing falling
 가 . 가
 freezing, falling, posture 6
 12

가

12)15)

3

가

60%

PH

PH

6

- : 2001 2 21
- : 2001 6 5
- :

150 - 713

62

가

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