

1992). (, , 1986) (, , 1986)

가 (MaCahan, 1959: Mack, 1963: Douglas, 1971: (, 1992). Lewy, 1987: , 1992). 가 가 Neuberger & Hartley(1988) 가 가 가 가 (Stillman, 1977). 가 가 (, 2000) 가 가 가 가 (, 1999). Ware (1977) , Roberts (1976) 가 가 (, 1997). 가 가 (, 1987). 가 (, 1999). 가 가 (, 2000), 1970 가 (, 1994). 가(, 1977: , 1983) 1990 (, 1997: , 1993: , 1999), (, 1987: , 1983), , 1996: , 1998) (1993) (Brown, McCreedy, 1986).

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(, 2000).

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(, 1987).

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(Lee, 1965). Pender(1996)

1.

2.

(, 1983).

P 4

289

(, 1984). Hein(1965)

3.

가

15

Brown McCreedy(1986)

가

29

57

101

1) Ware(1976)가
(health Perception Questinnare)
(1985)가

가 가 3 29

6

7 , 3 , 4

, 4 , 4

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" " 5 "

" 1 Likert 5

, 29 145

가 , 12

5.

1)

2)

3) t-test

ANOVA, Scheffe test

4) t-test

ANOVA, Scheffe test

5) Pearson's Correlation Coefficient

Cronbach's = .7

Cronbach's

0 .92

= .7129

2) Cornell Medical Index
(1965)
CMI

, 22 57 35

" " 1 , "

" 2 , 57

114 가 가

= .8778

1.

22 47

25 -29 가 130 (45.0%) 가 , 30-34

가 54 (18.7%), 24 44 (15.2%), 35-39

39 (13.5%), 40 22 (7.6%)

Cronbach's 29.84 167

(57.8%), 122 (42.2%)

207 (71.6%) 1 82

(28.4%)

가 가 41 (14.2%), 가

248 (85.8%) 가

가 97 (33.6%) , 192

(66.4%) 가

127 (43.9%) 가

92 (31.8%), 50 (17.3%),

20 (6.9%) 가

171 (59.2%) , 118 (40.8%) 가

4 .

2001 2 12 2

28 17 , 가

P 4

가

300 298

9 289

240 (83.0%)
 , 49 (17.0%) 가

가 219 (75.8%) , 1
 가 70 (24.3%), 2
 가 12 (4.2%) (1-1).

< 1- 1>		(N = 289)	
	24	44	15.2
	25 -29	130	45.0
	30 -34	54	18.7
	35 -39	39	13.5
	40	22	7.6
		167	57.8
		122	42.2
		207	71.6
		82	28.4
가		41	14.2
		248	85.8
		97	33.6
		192	66.4
		127	43.9
		92	31.8
		50	17.3
		20	6.9
가		171	59.2
		118	40.8
	가	240	83.0
	가	49	17.0
		219	75.8
	1	58	20.1
	2	12	4.2

1 -5 105 (36.3%) ,
 5 -9 87 (30.1%), 10 79
 (27.3%), 1 18 (6.2%)
 148 (51.2%)
 , 122 (42.2%),
 , 19 (6.6%)
 156 (54.0%), , ,
 64 (22.1%), , , 가 58
 (20.1%), , 가 11 (3.8%)
 150 157 (54.3%), 150
 250 118 (40.8%), 250

14 (4.8%) . 가 230
 (79.6%) , 41 (14.2%), 가
 18 (6.2%) (1-2).

< 1- 2>		(N = 289)	
	1	18	6.2
	1 - 5	105	36.3
	5 - 10	87	30.1
	10	79	27.3
		122	42.2
		148	51.2
		19	6.6
		11	3.8
		156	54.0
		58	20.1
		64	22.1
	150	157	54.3
	150 - 250	118	40.8
	250	14	4.8
		230	79.6
		41	14.2
		18	6.2

2.
 94.70±8.93(67
 , 117), 3.27±0.31(1 ,
 5)
 4.57±0.58 가 , 4.10
 ±0.64, 3.74±0.87,
 3.68±0.57, 3.16±0.67
 , 가 2.94±0.31 가
 (2).

< 2>		(N = 289)	
	±	±	
	4	13.70 ± 1.74	4.57 ± 0.58
	4	12.31 ± 1.91	4.10 ± 0.64
	3	11.22 ± 2.61	3.74 ± 0.87
	4	14.73 ± 2.27	3.68 ± 0.57
	7	22.13 ± 4.67	3.16 ± 0.67
	7	20.60 ± 2.22	2.94 ± 0.32
	29	94.70 ± 8.93	3.27 ± 0.31

3.

102.83 ± 7.61(74 , 114), 1.80 ± 0.13(1 , 2)
 1.69 ± 0.14, 1.83 ± 0.16 (3).

< 3 > (N = 289)

	±	±
35	62.55 ± 5.35	1.69 ± 0.14
22	40.28 ± 3.51	1.83 ± 0.16
57	102.83 ± 7.61	1.80 ± 0.13

4.

(F = 4.607, P = .011)
 가 , Scheffe test 가
 (4-1).

(F = 12.242, P = .000), (F = 2.838, P = .038) 가 ,
 Scheffe test 가 (4-2).

5.

(F = 3.164, P = .007), 가
 (F = 4.308, P = .039), (F = 3.215, P =

< 4-1 > (N = 289)

		±	t or F	P	
()	24	93.61 ± 8.52			
	25 -29	94.53 ± 8.91			
	30 -34	95.02 ± 7.48	.590	.670	
	35 -39	96.44 ± 10.13			
	40	94.00 ± 11.06			
		94.59 ± 8.79			
		94.85 ± 9.16	.367	.545	
		94.47 ± 8.95			
		95.27 ± 8.93	.062	.804	
	가		95.93 ± 9.53		
		94.50 ± 8.83	1.108	.293	
		96.06 ± 8.03			
		94.01 ± 9.30	2.432	.120	
		94.91 ± 9.67			
		93.67 ± 8.10			
		95.32 ± 8.14	.792	.499	
		96.55 ± 9.67			
가			93.55 ± 9.12	.779	.378
			96.36 ± 8.41		
가	가	94.42 ± 8.89			
	가	96.08 ± 9.08	.086	.770	
1		95.55 ± 8.72			
		92.48 ± 8.48	4.607	.011*	
2		89.9 ± 11.96			

* p < .05 **p < .01 ***p < .001

< 4-2 >

(N = 289)

		±	t or F	P
	1	92.67 ± 8.77		
	1 - 5	93.42 ± 8.66		
	5 - 10	95.40 ± 8.24	1.863	.136
	10	96.09 ± 9.87		
		97.59 ± 8.44		
		92.78 ± 8.45	12.242	.000***
		91.11 ± 10.66		
	,	96.91 ± 7.02		
		95.78 ± 8.62		
	,	94.17 ± 8.44	2.838	.038*
	,	92.16 ± 9.96		
	150	94.55 ± 8.55		
	150 - 250	95.20 ± 9.10	.783	.458
	250	92.14 ± 11.65		
		94.48 ± 8.78		
		95.44 ± 9.95	.355	.702
		95.83 ± 8.71		

* p< .05 **p< .01 *** p< .001

.042) 가 , Scheffe

test 가 (5-1). (F=9.064, P= .000), (F=7.182,

< 5-1 >

(N = 289)

		±	t or F	P
	24	101.45 ± 7.36		
	25 -29	101.48 ± 8.10		
	30 -34	104.80 ± 6.48	3.614	.007**
	35 -39	105.08 ± 7.37		
	40	104.77 ± 6.08		
		101.69 ± 7.43		
		104.40 ± 7.60	.014	.905
		102.04 ± 7.63		
		104.84 ± 7.21	1.173	.280
가		101.76 ± 8.62		
		103.01 ± 7.43	2.279	.132
		102.98 ± 7.13		
		102.76 ± 7.86	.513	.475
		102.34 ± 8.32		
		102.21 ± 7.19		
		104.62 ± 7.01	1.599	.190
		104.40 ± 5.46		
		102.83 ± 8.19		
가		102.84 ± 6.71	4.308	.039*
	가	102.99 ± 7.56		
	가	102.08 ± 7.86	.423	.516
		103.16 ± 7.89		
	1	102.69 ± 6.13	3.215	.042*
	2	97.50 ± 7.31		

* p< .05 ** p< .01 *** p< .001

< 5-2 > (N = 289)

		±	t or F	P
1		98.39 ± 7.85		
1	- 5	101.01 ± 8.10	9.064	.000***
5	- 10	103.18 ± 6.93		
10		105.89 ± 6.42		
		104.58 ± 6.24		
		101.90 ± 8.13	7.182	.001**
		98.89 ± 8.97		
		108.00 ± 5.02		
		103.86 ± 6.70		
		101.97 ± 8.10	5.638	.001**
		100.23 ± 8.71		
150		101.94 ± 7.72		
150	-250	103.80 ± 7.42	2.525	.082
250		104.79 ± 7.05		
		102.21 ± 7.83		
		105.15 ± 6.41	3.900	.021*
		105.56 ± 5.54		

* p< .05 ** p< .01 ***p< .001

P= .001), (F=5.638, P= .001), (F= 3.900, P= .021) Scheffe test 가 (5-2). 8.93(3.27±0.31) 94.70± (2000) 3.44, (1991) 3.40, , 가 (1985) 3.30, , (1989) 3.37, 가 (r= .543, (1992) 3.5 P= .000) (6). (1985) 3.29, (1986) 3.29, 3.24

< 6 > (N = 289)

	P		
.543	.000***	2.91,	(1987) 3.24,
		3.18,	(1988)
		3.20,	(1989)
			(1998) 3.2

*** p< .001

(1988)

가

가

가

(1985) 102.83 ±

, 가 (1985) 7.61(1.80 ± 0.13)

(1991) 62.55 ± 5.35(1.69 ± 0.14),

(1989) 40.28 ± 3.51(1.83 ± 0.16)

가

가 (1998)

1.72, 1.73, 1.72

(1985)

1.61, (1986)

가 1.57, 1.59

가

가 (1997)

(1996)

가

가 (1987)

(1993)

(2000)

(1989)

(1985) 가

가,

가 (1989)

(1988) 가,

가 가

(1987)

가

Scheffe test,

Pearson's Correlation Coefficient

1. 94.70 ± 8.93 ($n=29-145$), 3.27 ± 0.31 ($n=5$)
 가 가 (4.57 ± 0.58)
 (3.74 ± 0.87) , (3.68 ± 0.57) , (3.16 ± 0.67) ,
 (2.94 ± 0.32)

2. 102.83 ± 7.61 ($n=57-114$), 1.80 ± 0.83 ($n=2$)
 (1.69 ± 0.14) ,
 (1.83 ± 0.16)

3. $(F=4.607, P=.011)$, $(F=12.242, P=.000)$,
 $(F=2.838, P=.038)$

4. $(F=3.164, P=.007)$, 가
 $(F=4.308, P=.039)$, $(F=3.215, P=.042)$,
 $(F=9.064, P=.000)$,
 $(F=7.182, P=.001)$, $(F=5.638, P=.001)$,
 $(F=3.900, P=.021)$

5. $r = .543$ ($p = .000$)

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2)

가

(1997). _____

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18: 60-63.

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11("89.3): 91-111.

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-Abstract-

Key concept : Clinical nurses, Health perception, Health status.

Relationship between Health Perception and Health Status of Clinical Nurses*

*Seo, Jeong Seon***

The purpose of study was to find out the relationship between health perception and health status of clinical nurses. It also identified factors that related to health perception and health status of clinical nurses.

The research design was descriptive correlational study. The subjects were consisted of 289 clinical nurses at the university hospital in Pusan. The data were collected from Feb. 12th to Feb. 28th, 2001 by self reporting structured questionnaires.

The instruments used for this study were health perception questionnaire developed by Ware and Cornell Medical Index modified by Nam Ho-Chang (1965) for measuring health status.

The data were analyzed by SPSS/PC+ program using frequency, percentage, mean, mean mark, standard deviation, t-test, ANOVA, Scheffe test, and Pearson's correlation coefficient.

The results of this study were as follows.

1. The mean score of the health perception was 94.70 ± 8.93 (range : 29-145), which the item mean mark score was 3.27 ± 0.31 (range 1-5). The score of subarea of the health perception was the highest

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score in health concern (4.57 ± 0.58) and the lowest score in rejection of sick role (2.94 ± 0.32).

2. The mean score of the health status was 102.83 ± 7.61 (range: 57-114), which the item mean mark score was 1.80 ± 0.13 (range : 1-2). The mean mark score of the physical health status was 62.55 ± 5.35 (1.69 ± 0.14) and the mental health status was 40.28 ± 3.51 (1.83 ± 0.16).
3. There were statistically significant difference in the score of health perception according to the presence of disease ($F=4.607$, $P=.011$), job satisfaction ($F=12.242$, $P=.000$), and job place ($F=2.838$, $P=.038$)
4. There were statistically significant difference in the score of health status according to the age ($F=3.164$, $P=.007$), presence of leisure time ($F=4.308$, $P=.039$), presence of diseases ($F=3.215$, $P=.042$), job experience ($F=9.064$, $P=.000$), job satisfaction ($F=7.182$, $P=.001$), job place ($F=5.638$, $P=.001$), job position ($F=3.900$, $P=.021$).
5. Health perception of clinical nurse was shown to be positively related to health status ($r=.543$, $p=.000$)

In conclusion, health perception of clinical nurse working at the university hospital was relatively high, and health status was fine. And the more health perception was high, the more health status was high. Therefore, the health promotion program for clinical nurses, should included health perception.