

Pharmacological Screening of Crude Extracts from Medicinal Plants (II)

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The effects of crude extracts from medicinal plants on biological activity were investigated. The crude ethanol extract of *H. paucistipula* inhibited the growth of the Gram positive bacterium *Bacillus subtilis* ATCC 19659, (2 mm inhibition zone at 150 µg/disc) and the dermatophyte *Trichophyton mentagrophytes* ATCC 28185, (7 mm inhibition zone at 150 µg/disc), and toxic to P388 murine leukaemia cells (IC₅₀ 2.48 µg/ml at 75 µg/disk). This crude ethanol extract of *H. paucistipula* is the strongest antimicrobial and cytotoxic activities against P388 murine leukaemia cells (ATCC CCL 46 P388D1).

Key words : *Bacillus subtilis*, *Trichophyton mentagrophytes*, P388, Cytotoxic activity

Introduction

Liverworts are closely related to mosses, and the two groups together form a large and important division of the plant kingdom, technically known as the Bryophytes. Most liverworts contain mono-, sesqui- and diterpenoids and/or aromatic compounds. Liverworts of the genus *Trichocolea* (family Trichocoleaceae) are a treasury of isoprenyl phenyl ethers. *Trichocolea hatcheri* Hodgs, which grows throughout New Zealand, is distinguished from *T. mollissima* by its smaller size, dark green color, and prostrate habit. Microscopically, *T. hatcheri* is characterized by tapered leaf cilia, which lack swollen septae, and weak or absent cuticular ornamentation. However, the taxonomy of *Trichocolea* in New Zealand is not settled¹.

Brachyglottis monroi (Hook. f) B. Nordenstam (Asteraceae compositae), previously *Senecio monroi*, is a shrub endemic to New Zealand^{2,3}. *B. monroi* has been widely used in Maori traditional medicine for treatment of sores and wounds⁴.

Hepatostolonophora paucistipula (Rodw.) J.J. Engel (family Geocalycaceae) is a rich source of sesquiterpenes in the New Zealand liverworts⁵. The species are morphologically very small, therefore, their classification is rather difficult. It is known that the species generally contain a large amount of diterpenoids such as ent-kaurane- and labdane-type⁶. *Frullania* species are reported to be rich sources of sesquiterpene

lactones known to cause allergic contact dermatitis⁷. There are no literature reports on the biological chemistry of this genus.

The rhizome of *Atractylodes macrocephala* Koidz is known as a tonic in China. It is reported as a nutrient for the vital energy and stomachic and for treatment of dyspepsia and anorexia⁸. The chemical constitutions of plant shows sesquiterpene and acetylene compounds⁹.

Astragali radix is the dried root of *Astragalus membranaceus* Bge. and other *Astragalus* spp. (Leguminosae). *Astragalus* root is a very old and well-known drug in traditional Chinese medicine, used as an antiperspirant, a diuretic or a tonic. The biologically active constituents of *Astragali radix* represent the classes of chemical compounds, saponins and polysaccharides. A number of chemical studies on the saponins have been reported and a large number of cycloartane-type triterpenoid glycosides named astragalosides are isolated from the root of *A. membranaceus*¹⁰.

Riccardia marginata (Colenso) Pearson (family Aneuraceae) is endemic to New Zealand¹¹, found growing on old logs in wet forests. No previous chemistry of *R. marginata* has been reported, but the genus *Riccardia* has yielded a range of compounds¹², including sesquiterpene-linked phenol derivatives^{13,14}, indole alkaloids^{15,16} and bis-bibenzyls¹⁷⁻¹⁹. Brominated bibenzyls have previously been found in the red alga *Polysiphonia urceolata*²⁰. A crude extract of one of our collections of *R. marginata* showed activity against *Bacillus subtilis*, *Candida albicans* and *Trichophyton mentagrophytes* in our antimicrobial screening²¹.

In this study, the antiviral, antimicrobial activities and cytotoxicity of the crude extracts from medicinal plants were examined.

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Materials and Methods

1. General experimental procedures

All solvents were distilled before use and were removed by rotary evaporation at temperatures up to 35°C. Octadecyl functionalized silica gel (C 18, Aldrich) was used for reversed-phase flash chromatography, and Davisil, 35-70 μm , 150 Å was used for Si gel flash chromatography. Preparative silica gel TLC was carried out using Merck DC-plastikfolien Kieselgel 60 F254, visualized with an UV lamp then by dipping in a vanillin solution (1% vanillin, 1% H₂SO₄ in EtOH) and heating.

2. Plant materials

Trichocolea hatcheri (*T. hatcheri*) was collected from a steep earth bank in the Morrisons Creek area, Dunedin, New Zealand, in February 1996 [University of Otago Herbarium (OTA) specimen no. 048094]. *Brachyglottis monroi* (*B. monroi*) was collected from the Dunedin Botanical Garden, Dunedin, New Zealand, in June 1998. This was identified by Dr. Glenny, Landcare Research, and a voucher specimen, OTA 980309-63, has been kept in the Otago University herbarium. *Hepatostolonophora paucistipula* (*H. paucistipula*) was collected from Port Adventure, Stewart Island, in January 1994. This was identified by D. Glenny, Landcare Research, and a voucher specimen, OTA 046764, has been kept in the Otago University herbarium. *Atractylodes macrocephala* (*A. macrocephala*) and *Astragali radix* were obtained from a local herbal medicine store. A voucher specimen of the plants was deposited at the Department of Herbal Resources, Professional Graduated School of Oriental Medicine, Wonkwang University, Korea. *Riccardia marginata* (*R. marginata*) was collected from New Zealand's sub-Antarctic Auckland Islands in January 1994 (OTA046755), and near the Kiahoka Lakes, Cape Farewell, West Coast, New Zealand (OTA 050850) in March 1999. Collections were identified by R. Tangney and voucher specimens are deposited in the University of Otago Herbarium.

3. Preparation of the extract

Air-dried medicinal plants was macerate in redistilled ethanol or distilled water in a Waring Blender, and then filtered. the residual marc was reextracted in the same way with more ethanol and chloroform or water. The combined filtrates were evaporated under reduced pressure to give a dark green gum which was stored at 4°C until tested.

4. Screening for antiviral activity

The extract was applied (15 μL of a 5 mg/mL solution) to

a small filter-paper disc, dried, and assayed for antiviral activity using Schroeder et al.s methods²¹. The results were observed either cell death (cytotoxicity), inhibition of virus replication, no effect (i.e., all of the cells show viral infection), or a combination of all three. The results were noted as the approximate size of the circular zone, radiating from the extract sample, from 1+ to 4+ representing 25% through to whole well sized zones. The notation used is inhibition/antiviral activity. The type of antiviral effect, indicated by a number after the size of the zone, was also considered important and may give some indication as to the mode of cytotoxic action.

5. Screening for antibacterial and antiyeast activities

Activity against the following bacterial strains and yeast was tested: multiresistant *Bacillus subtilis* (ATCC 19659), and *Candida albicans* (ATCC 14053). Extracts were dissolved and diluted in an appropriate solvent (usually ethanol : water) to a concentration of 5 mg/mL. Test plates are prepared from Mueller Hinton agar containing extract to give a final concentration of 100 μg extract/mL agar. Activity growing cultures of the test strains were diluted in saline so as to deliver 10⁴ colony forming units onto the test, control (solvent), and blank (agar only) plates with a multipoint inoculator. Inoculated plates were incubated overnight at 37°C. Growth on the blank and control plates was checked and, if satisfactory, growth on the test plates was scored for each test strain as follows: (-) inhibition, no reduction in growth compared with the control, (+) inhibition, no growth.

6. Screening for antifungal activity

Activity against the following fungal strain was tested: *Trichophyton mentagrophytes* (ATCC 28185) local strain]. Fungal spore suspensions of the test organisms were applied to dextrose agar plates. Aliquots of the extract solutions were applied to filter paper discs, at 15 μg extract/disc, and dried at 37°C for two hours. These discs were applied to the agar plates, two per plate, and incubated at 28°C.

7. Screening for cytotoxic activity

This is a measure of the ability of a sample to inhibit the multiplication of murine leukaemia cells. The sample was dissolved in a suitable solvent, usually ethanol, at 5 mg/mL, and 15 μL of this solution was placed in the first well of a multiwell plate. Seven two-fold dilutions were made across the plate. After addition of the cell solution, the concentration range in the test wells was 25,000 down to 195 ng/mL. After incubation for three days, the plates were read using an Elisa palte reader at 540 nm wavelength. Automated reading of the plates was possible with

the addition of a MTT tetrazolium salt (yellow color). Healthy cells reduce this salt to MTT formazan (purple color).

Results and Discussion

1. Biological screening of the crude extract of *T. hatcheri*

Trichoclea hatcheri Hodgs (family Trichocoleaceae) grows throughout New Zealand. Foliage plant collected from a steep earth bank in the Morrisons Creek area in Dunedin.

An extract of *T. hatcheri* was prepared by grinding dried plant material and extracting separately with ethanol then chloroform. The two extracts were combined, as their ¹H-NMR spectra were similar. A crude extract was cytotoxic to P388 murine leukaemia ATCC CCL 46 P388D1, (IC₅₀ > 12,500 µg/mL) and BSC monkey kidney cells (50% of well at 150 µg/mL). Table 1 shows the mediocre antiviral activity against Herpes simplex Type I virus (ATCC VR 733) and Polio Type I virus (Pfizer vaccine strain) (50% activity, @ 5 mg/mL at 150 µg/disc). The crude extract inhibited the growth of the Gram-positive bacteria and fungus of the extract prepared from New Zealand medicinal plant. As indicated in Table 1, this crude extract inhibited the growth of the Gram-positive bacterium *Bacillus subtilis* ATCC 19659, (1 mm inhibition zone at 150 µg/disc) and the dermatophyte *Trichophyton mentagrophytes* ATCC 28185, (6 mm inhibition zone at 150 µg/disc). No activity was observed against the fungus *Candida albicans* (ATCC 14053) at 150 µg/disc. This extract showed weaker antimicrobial activity than chloramphenicol and nystatin (Table 1). However, this crude extract is stronger antimicrobial activity than the crude extract of *B. monroi* and this extract is inactive against P388 murine leukaemia cells (ATCC CCL 46 P388D1).

Table 1. Biological assays of the crude extract from *T. hatcheri*.

Extract	Cytotoxicity		
	BSC ^a	Herper simplex virus ^b	Polio virus ^b
	++	++	++
Extract	Antimicrobial activity ^c		
	<i>B. subtilis</i>	<i>C. albicans</i>	<i>T. ment.</i>
Extract	SM1	-	HM6
Chloramphenicol	SM12	0	0
Nystatin	0	SM11 P388	HM8
Mitomycin C		59.7 ^d	
Extract		>12,500 ^e	

^a% of well showing cytotoxic effects. @ 5 mg/mL, 150 µg/disc; ++: 50% activity. ^bCytotoxicity in antiviral assays. @ 5 mg/mL, 150 µg/disc; Zone of cytotoxic activity: ++: 50% activity. ^cWidth of zone of inhibition in mm: 150 µg/disc; -: no reduction in growth, 0: not determined. Chloramphenicol: 30 mcg/disc, Nystatin: 100 unit/disc, SM: Sharp margin, HM: hazy margin, numbers refer to zone of inhibition (mm) ^dToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 0.075 µg/disc. P388: Concentration of the sample required to inhibit cell growth to 50% of a solvent control. ^eToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 75 µg/disc.

2. Biological screening of the crude extract of *B. monroi*

Brachyglottis monroi (Hook. f) B. Nordenstam (Asteraceae compositae) is a shrub endemic to New Zealand^{2,3}. Foliage plant collected from the Dunedin Botanical Gardens. An extract of *B. monroi* was prepared by grinding dried plant material and extracting separately with ethanol then chloroform. The two extracts were combined, as their ¹H-NMR spectra were similar. A crude extract was cytotoxic to P388 murine leukaemia ATCC CCL 46 P388D1, (IC₅₀ 23.96 µg/mL) and BSC monkey kidney cells (25% of well at 75 µg/mL). However, this crude extract is stronger cytotoxic activity than the extract of *B. monroi*. Table 2 shows the weak antiviral activity against Herpes simplex Type I virus (ATCC VR 733) and Polio Type I virus (Pfizer vaccine strain) (25% activity, @ 5 mg/mL at 75 µg/disc). The crude extract inhibited the growth of the Gram-positive bacteria and fungus of the extract prepared from New Zealand medicinal plant, which have been used by Maori for treatment of sores and wounds⁴). The activities are expressed by the diameter of the developed inhibition zones and compared with those of the widely antitubercular chloramphenicol and nystatin. As indicated in Table 2, this crude extract inhibited the growth of the Gram-positive bacterium *Bacillus subtilis* ATCC 19659, (1 mm inhibition zone at 150 µg/disc) and the dermatophyte *Trichophyton mentagrophytes* ATCC 28185, (2 mm inhibition zone at 150 µg/disc). No activity was observed against the fungus *Candida albicans* (ATCC 14053) at 150 µg/disc. This extract showed weaker antimicrobial activity than chloramphenicol and nystatin (Table 2).

Table 2. Biological assays of the crude extract from *B. monroi*

Extract	Cytotoxicity		
	BSC ^a	Herper simplex virus ^b	Polio virus ^b
	+	+	0
Extract	Antimicrobial activity ^c		
	<i>B. subtilis</i>	<i>C. albicans</i>	<i>T. ment.</i>
Extract	SM1	-	SM2
Chloramphenicol	SM12	0	0
Nystatin	0	SM12 P388	SM8
Mitomycin C		65.9 ^d	
Extract		23,956 ^e	

^a% of well showing cytotoxic effects. @ 5 mg/mL, 150 µg/disc; +: 25% activity. ^bCytotoxicity in antiviral assays. @ 5 mg/mL, 150 µg/disc; Zone of cytotoxic activity: +: 25% activity and 0: not determined. ^cWidth of zone of inhibition in mm: 150 µg/disc; -: no reduction in growth, detected, 0: not determined. Chloramphenicol: 30 mcg/disc, Nystatin: 100 unit/disc, SM: Sharp margin, numbers refer to zone of inhibition (mm). ^dToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 0.075 µg/disc. P388: Concentration of the sample required to inhibit cell growth to 50% of a solvent control. ^eToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 150 µg/disc.

3. Biological screening of the ethanol extract of *H. paucistipula*

H. paucistipula is a rich source of sesquiterpenes in the New Zealand liverworts⁵). Liverwort, collected from Port

Adventure, Stewart Island, gave the crude ethanol extract cytotoxic to P388 murine leukaemia cells ATCC CCL 46 P388D1, (IC₅₀ 2.48 µg/mL). Table 3 shows no antiviral activity against *Herpes simplex* Type I virus (ATCC VR 733) and *Polio* Type I virus (Pfizer vaccine strain) (5 mg/mL at 150 µg/disc). The crude ethanol extract inhibited the growth of the Gram-positive bacteria and fungus of the extract prepared from New Zealand liverwort. The activities are expressed by the diameter of the developed inhibition zones and compared with those of the widely antibiosis chloramphenicol and nystatin. As indicated in Table 3, this crude extract inhibited the growth of the Gram-positive bacterium *Bacillus subtilis* ATCC 19659, (2 mm inhibition zone at 150 µg/disc). Antifungal activity was shown against the dermatophyte fungus *Trichophyton mentagrophytes* ATCC 28185, 7 mm inhibition zone at 150 µg/disc). Antiyeast activity was observed against the fungus *Candida albicans* ATCC 14053, (3 mm inhibition zone at 150 µg/disc). This extract showed weaker antimicrobial activity than chloramphenicol and nystatin (Table 3)¹⁰.

Table 3. Biological assays of the crude ethanol extract from *H. paucistipula*

Extract	Cytotoxicity		
	BSC ^a	<i>Herpes simplex virus</i> ^b	<i>Polio virus</i> ^c
	-	-	-
Extract	Antimicrobial activity ^d		
	<i>B. subtilis</i>	<i>C. albicans</i>	<i>T. ment.</i>
Extract	SM2	SM3	SM7
Chloramphenicol	SM13	0	0
Nystatin	0	SM10 P388	SM6
Mitomycin C		61 ^e	
Extract		2.482 ^f	

^a% of well showing cytotoxic effects. @ 5 mg/mL, 150 µg/disc: - no activity. ^bCytotoxicity in antiviral assays. @ 5 mg/mL, 150 µg/disc: Zone of cytotoxic activity: - not detected. ^cWidth of zone of inhibition in mm: 150 µg/disc: 0: not detected. Chloramphenicol: 30 mcg/disc. Nystatin: 100 unit/disc. SM: Sharp margin, numbers refer to zone of inhibition (mm) ^dToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 0.075 µg/disc. P388: Concentration of the sample required to inhibit cell growth to 50% of a solvent control. ^eToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 75 µg/disc.

4. Biological screening of the ethanol extract of *A. macrocephala*

A. macrocephala is a rich source of sesquiterpenes and acetylene compounds in the China⁷. This Atractylodes plant gave the crude water extract cytotoxic to P388 murine leukaemia cells ATCC CCL 46 P388D1, (IC₅₀ 62.24 µg/mL). Table 4 shows strong antiviral activity against *Herpes simplex* Type I virus (ATCC VR 733) (75% activity, 10 mg/mL at 300 µg/disc) and *Polio* Type I virus (Pfizer vaccine strain) (50% activity, 10 mg/mL at 300 µg/disc). The crude water extract inhibited the growth of the fungus of the extract. The activities are expressed by the diameter of the developed inhibition zones and compared with those of the widely antibiosis chloramphenicol and nystatin. As indicated in Table 4, this

crude extract inhibited the growth of the dermatophyte fungus *Trichophyton mentagrophytes* ATCC 28185, (3 mm inhibition zone at 300 µg/disc). No activity was observed against the fungus *Candida albicans* ATCC 14053, and the growth of the Gram-positive bacterium *Bacillus subtilis* ATCC 19659 at 300 µg/disc. This extract showed weaker antimicrobial activity than chloramphenicol and nystatin (Table 4).

Table 4. Biological assays of the crude ethanol extract from *A. macrocephala*

Extract	Cytotoxicity		
	BSC ^a	<i>Herpes simplex virus</i> ^b	<i>Polio virus</i> ^c
	+++	+++	++
Extract	Antimicrobial activity ^d		
	<i>B. subtilis</i>	<i>C. albicans</i>	<i>T. ment.</i>
Extract	-	-	HM3
Chloramphenicol	SM14	0	0
Nystatin	0	SM10 P388	HM6
Mitomycin C		73 ^e	
Extract		62,238 ^f	

^a% of well showing cytotoxic effects. @ 10 mg/mL, 300 µg/disc: +++: 75% activity. ^bCytotoxicity in antiviral assays. @ 10 mg/mL, 300 µg/disc: Zone of cytotoxic activity: +++: 75% activity and ++: 50% activity. ^cWidth of zone of inhibition in mm: 300 µg/disc: - not detected and 0: not determined. Chloramphenicol: 30 mcg/disc. Nystatin: 100 unit/disc. SM: Sharp margin, HM: hazy margin, numbers refer to zone of inhibition (mm) ^dToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 0.075 µg/disc. P388: Concentration of the sample required to inhibit cell growth to 50% of a solvent control. ^eToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 75 µg/disc.

5. Biological screening of the ethanol extract of *Astragal radix*

Astragal radix is the dried root of *Astragalus membranaceus* Bge. *Astragalus* root is a very old and well-known drug in traditional Chinese medicine. This *Astragalus* plant gave the crude water extract weak cytotoxic to P388 murine leukaemia cells (ATCC CCL 46 P388D1) (IC₅₀ > 125,000 µg/mL). Table 5 shows no antiviral activity against *Herpes simplex* Type I virus (ATCC VR 733) (10 mg/mL at 300 µg/disc) and *Polio* Type I virus (Pfizer vaccine strain) (10 mg/mL at 300 µg/disc). Also, the crude water extract appeared no inhibition of the growth of the fungus of the extract. The activities are expressed by the diameter of the developed inhibition zones and compared with those of the widely antibiosis chloramphenicol and nystatin. As indicated in Table 5, no activity was observed against the fungus *Candida albicans* (ATCC Strain number 14053), the dermatophyte fungus *Trichophyton mentagrophytes* (ATCC Strain number 28185) and the growth of the Gram-positive bacterium *Bacillus subtilis* (ATCC Strain number 19659) at 300 µg/disc.

6. Biological screening of the chloroform extract of *Riccardia marginata*

Riccardia marginata (Colenso) Pearson (family Aneuraceae) grows throughout New Zealand. Foliage plant collected from sub-Antarctic Auckland Islands and near the Kiahoka Lakes,

Cape Farewell, West Coast, New Zealand. A crude extract of *R. marginata* was prepared by grinding dried plant material and extracted with chloroform. A crude extract was not cytotoxic to P388 murine leukaemia cells ATCC CCL 46 P388D1, (IC₅₀ > 25,000 µg/mL) and BSC monkey kidney cells (150 µg/mL). Table 6 does not show the antiviral activity against *Herpes simplex* Type I virus (ATCC VR 733) and *Polio* Type I virus (Pfizer vaccine strain) (@ 5 mg/mL at 150 µg/disc). The crude extract inhibited the growth of the Gram-positive bacteria and fungus of the extract prepared from *R. marginata*. As indicated in Table 6, this crude extract inhibited the growth of the Gram-positive bacterium *Bacillus subtilis* ATCC 19659, (4 mm inhibition zone at 150 µg/disc) and the dermatophytic fungus *Trichophyton mentagrophytes* ATCC 28185, (6 mm inhibition zone at 150 µg/disc). No activity was observed against the fungus *Candida albicans* (ATCC 14053) at 150 µg/disc. This extract showed weaker antimicrobial activity than chloramphenicol and nystatin (Table 6 and 7)¹⁵.

Table 5. Biological assays of the crude water extract from *A. membranaceus*.

Extract	Cytotoxicity		
	BSC ^a	<i>Herper simplex virus</i> ^b	<i>Polio virus</i> ^b
Extract	-	-	-
Extract	Antimicrobial activity ^c		
	<i>B. subtilis</i>	<i>C. albicans</i>	<i>T. ment.</i>
Chloramphenicol	SM14	0	0
Nystatin	0	SM10 P388	HM6
Mitomycin C		73 ^d	
Extract		>125,000 ^e	

^a% of well showing cytotoxic effects. @ 10 mg/ml, 300 µg/disc: -: no activity. ^bCytotoxicity in antiviral assays. @ 10 mg/ml, 300 µg/disc: Zone of cytotoxic activity: -: not detected. ^cWidth of zone of inhibition in mm: 300 µg/disc: -: not detected and 0: not determined. Chloramphenicol: 30 mcg/disc, Nystatin: 100 unit/disc, SM: Sharp margin, HM: hazy margin, numbers refer to zone of inhibition (mm) ^dToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/ml at 0.075 µg/disc. P388: Concentration of the sample required to inhibit cell growth to 50% of a solvent control. ^eToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/ml at 150 µg/disc.

Table 6. Biological activities of the crude extract from *R. marginata*

Extract	Cytotoxicity		
	BSC ^a	<i>Herper simplex virus</i> ^b	<i>Polio virus</i> ^b
Extract	-	-	-
Extract	Antimicrobial activity ^c		
	<i>B. subtilis</i>	<i>C. albicans</i>	<i>T. ment.</i>
Chloramphenicol	SM4	-	SM6
Nystatin	0	SM10 P388	HM8
Mitomycin C		59.7 ^d	
Extract		>25,000 ^e	

^a% of well showing cytotoxic effects. @ 5 mg/mL, 150 µg/disc: -: no activity. ^bCytotoxicity in antiviral assays. @ 5 mg/mL, 150 µg/disc: Zone of cytotoxic activity: -: no activity. ^cWidth of zone of inhibition in mm: 150 µg/disc: -: no reduction in growth, 0: not determined. Chloramphenicol: 30 mcg/disc, Nystatin: 100 unit/disc, SM: Sharp margin, HM: Hazy margin, numbers refer to zone of inhibition (mm) ^dToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 0.075 µg/disc. P388: Concentration of the sample required to inhibit cell growth to 50% of a solvent control. ^eToxicity of sample to P388 murine leukaemia cells (ATCC CCL 46 P388D1) in ng/mL at 150 µg/disc.

Table 7. List of microorganisms used for antimicrobial susceptibility test

Gram-positive bacterium <i>Bacillus subtilis</i>	ATCC 19659
Fungi	
<i>Candida albicans</i>	ATCC 14053
<i>Trichophyton mentagrophytes</i>	ATCC 28185

In conclusion, the crude ethanol extract of *H. paucistipula* inhibited the growth of the Gram positive bacterium *Bacillus subtilis* (ATCC Strain number 19659, 2 mm zone at 150 µg/disc) and the dermatophyte *Trichophyton mentagrophytes* (ATCC 28185, 7 mm zone at 150 µg/disc), and toxic to P388 murine leukaemia cells (ATCC CCL 46 P388D1) (IC₅₀ 2.48 µg/ml at 75 µg/disc). This crude ethanol extract of *H. paucistipula* is the strongest antimicrobial and cytotoxic activities against P388 murine leukaemia cells (ATCC CCL 46 P388D1). However, this plant have no activity against BSC monkey kidney cells and *Herpes simplex* Type I virus (ATCC VR 733) and *Polio* Type I virus (Pfizer vaccine strain). The other plants show weak biological activity. The separation of the main bioactive components from the extracts of plants need to be studied further and the results will be discussed elsewhere.

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