



Screening of Herbal Medicines for Recovery of Acetaminophen-induced Hepatotoxicity

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Abstract

This study was conducted to quantitatively evaluate the recovery effects of herbal medicines on acetaminophen-induced hepatotoxicity. In the present study, the recovery effects of 251 herbal medicines on THLE-2 cells that had been damaged by acetaminophen were evaluated using an MTS assay. THLE-2 cells were cultured in 96-well plates and then pretreated with or without 60 μ M acetaminophen (IC_{50} value: 35.84) for 1 hr. Next, different herbal medicines were added to the wells, after which the cells were reincubated at 37°C for 24 hr. After first round of screening, the candidate herbal medicines were selected based on a recovery rate of greater than 40% and their efficacy were then determined by dose response kinetic analysis. Among these extracts, 8 herbal medicines (*Terminalia chebula*, *Pueraria lobata*, *Acronychia laurifolia*, *Lopatherum gracile*, *Oroxylum indicum*, *Cynanchum atratum*, *Senecio scandens*, and *Sophora flavescens*) had a strong recovery effect on acetaminophen-induced damage in THLE-2 cells. Dose response non-linear regression analysis demonstrated that *Senecio scandens* showed the best recovery rate (98%), and that its EC_{50} was 19.54 ng/mL. Additional studies of these herbal medicines should be conducted to determine if they possess novel therapeutic agents for the prevention or treatment of liver disorders.

Keywords: Acetaminophen, Herb medicines, Hepatotoxicity,

city, *Senecio scandens*, *Sophora flavescens*

Liver disease, including chronic viral hepatitis B and C, alcoholic steatosis, non-alcoholic fatty liver disease, fibrosis/cirrhosis, hepatocellular carcinoma or liver cancer, afflicts over 10% of the world's population^{1,2}. Because of its unique metabolism and relationship to the gastrointestinal track, the liver is an important target of the toxicity of drugs, xenobiotics, and oxidative stress. In addition, reactive oxygen species derived from chemicals or drugs that are exposed to liver cells appear to mediate liver injury, although the mechanisms of free radical toxicity are not well understood. Therefore, it is important to understand the role played by antioxidants during drug mediated toxicity to determine if they can reduce the oxidative stress induced by reactive intermediates produced by various chemicals and drugs^{3,4}.

Acetaminophen is a widely used antipyretic and analgesic that is safely employed for a wide range of treatments⁵. However, acetaminophen is the most common pharmaceutical taken in overdose. Accurately predicting the risk of hepatotoxicity following acetaminophen overdose is essential for several reasons⁶⁻⁸. Cytochrome P450 oxidation of acetaminophen results in the production of a N-acetyl-p-benzoquinon imine (NAPQI), which then reacts with glutathione (GSH) to form an acetaminophen-GSH conjugate. At therapeutic doses NAPQI is removed by GSH. However, at overdoses of acetaminophen, the GSH is exhausted and the NAPQI then binds to cellular proteins, including a number of mitochondrial proteins, which leads to centrilobular necrosis in the liver^{5,7,9,10}.

Currently, studies are being conducted worldwide to identify protective molecules that can protect the liver and other organs with few or no side effects. A large number of herbs have traditionally been used to treat drug or toxin induced liver diseases. In addition, herbal medicines were the arsenal of therapies in the treatment of liver disease². Therefore, this study was conducted to identify recovery herbal medicines in acetaminophen-induced hepatotoxicity. To accomplish this, acetaminophen was used to induce injury

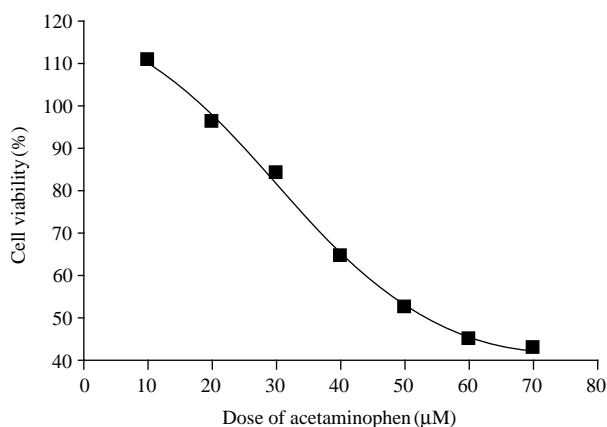


Figure 1. Effect of acetaminophen on cell viability. THLE-2 Cells were treated with various concentrations of acetaminophen were added for 24 hr. The values of cell viability were normalized in proportion to the value of control.

on liver cells which were then treated with various herbal medicines to determine if any of these medicines exerted a recovery effect.

Cytotoxicity of THLE-2 Cells

To evaluate the effect of acetaminophen on liver cell viability, THLE-2 cells were incubated with various concentrations of acetaminophen for 24 hr. The viability of THLE-2 cells was inhibited by acetaminophen in a dose-dependent manner (Figure 1). Next, the concentration of acetaminophen that resulted in 50% inhibition of cell viability (IC_{50}) was determined using non-linear regression analysis. The IC_{50} was found to be 35.84 μ M in acetaminophen-induced damaged THLE-2 cells (Figure 1). However, THLE-2 cells were viability inhibited by over 50% after 60 μ M acetaminophen treatment. We therefore used the 60 μ M acetaminophen for selection of recovery herbal medicines in acetaminophen-induced hepatotoxicity.

Recovery Effect of Acetaminophen-induced Damaged THLE-2 Cells

THLE-2 cells were treated with Acetaminophen for 1 hr, after 10 μ g of 251 herb medicines were added to the cells. The cells were then incubated for an additional 24 hr and the best recovery effect of the herbal medicines was then evaluated using MTS assays. At 2-days, the cell viability of the herb-treated THLE-2 cells was higher than that of the non-treated control cells (acetaminophen-treated THLE-2 cells) with 8 herbal medicines (*Terminalia chebula*, *Pueraria lobata*, *Acronychia laurifolia*, *Lopatherum gracile*, *Oroxylum indicum*, *Cynanchum atratum*, *Senecio*

scandens, and *Sophora flavescens*) showing greater than 40% recovery of acetaminophen-induced damaged in THLE-2 cells (Table 1). Therefore, these 8 herbal medicines were evaluated to determine the best effective dose for the treatment of damaged THLE-2 cells.

Effective Dose of 8 Herb Medicines in Damaged THLE-2 Cells

We also tested the dose-dependent protective effect of 8 herb medicines (*Terminalia chebula*, *Pueraria lobata*, *Acronychia laurifolia*, *Lopatherum gracile*, *Oroxylum indicum*, *Cynanchum atratum*, *Senecio scandens*, and *Sophora flavescens*) in damaged THLE-2 cells. THLE-2 cells were treated with acetaminophen (60 μ M) for 1 hr, after different concentrations (0.0001, 0.001, 0.01, 0.1, 1, 10, and 100 μ g/mL) of herb medicines were added. The samples were then incubated for an additional 24 hr and the optimal dose was then determined by evaluating cell viability using MTS assays. Treatment of the cells with the 8 herbal medicines increased cell viability in a dose-dependent manner ($n=3$) (Figure 2). The order of increased cell viability of the damaged cells occurred in the following order: *Senecio scandens* > *Sophora flavescens* > *Cynanchum atratum* > *Lopatherum gracile* > *Oroxylum indicum* > *Acronychia laurifolia* > *Terminalia chebula* > *Pueraria lobata*, with maximal recoveries of cell viability being 97.66, 86.65, 85.92, 85.22, 72.83, 57.27, 52.39, and 49.21%, respectively. In addition, the treated cells were found to have EC_{50} values of 19.54, 0.27, 1.11, 0.89, 9.58, 0.19, 21.77, and 52.94 ng/mL, respectively (Table 2).

Discussion

In vitro basal cytotoxicity tests have a contribution to make in several areas of toxicity testing. They can be used to screen large numbers of chemicals for their intrinsic toxic potentials and for their relative toxicities. Significant correlations between cytotoxicity *in vitro* and animal lethality have been demonstrated on numerous papers^{12,13}. Therefore, during the screening of products produced by medicinal plants for new therapeutic agents for the treatment of liver diseases, the recovery activities of 251 spray-dried extracts of herbal medicines on acetaminophen-induced damaged THLE-2 cells were evaluated. Table 1 presents the list of the recovery effect of herbs on acetaminophen-induced damaged in THLE-2 cells. Among these extracts, 8 herb medicines (*Terminalia chebula* (family: *Combretaceae*), *Pueraria lobata* (family: *Fabaceae*), *Acronychia laurifolia* (family: *Rutaceae*), *Lopathe-*

Table 1. Recovery effect of herbal medicines on acetaminophen-induced damaged in THLE-2 cells.

Herbal medicines	CV (%)	Herbal medicines	CV (%)	Herbal medicines	CV (%)
<i>Pueraria lobata</i>	110	<i>Epimedium saggitatum</i>	11	<i>Eriocaulon buergerianum</i>	-3
<i>Cynanchum atratum</i>	91	<i>Dictamnus dasycarpus</i>	11	<i>Homalomena occulta</i>	-3
<i>Terminalia chebula</i>	91	<i>Lilium brownii</i>	11	<i>Cuscuta chinensis</i>	-3
<i>Oroxylum indicum</i>	80	<i>Areca catechu</i>	11	<i>Buddleia officinalis</i>	-3
<i>Acronychia laurifolia</i>	66	<i>Ginkgo biloba</i>	11	<i>Zingiber officinalis</i>	-3
<i>Senecio scandens</i>	53	<i>Alpinia oxyphylla</i>	10	<i>Oryza sativa</i>	-4
<i>Lopatherum gracile</i>	48	<i>Leonorus heterophyllus</i>	10	<i>Ocimum basilicum</i>	-4
<i>Sophora flavescens</i>	45	<i>Blechnum orientate</i>	10	<i>Sterculia staphigera</i>	-4
<i>Dolomiaea souliei</i>	39	<i>Scrophularia ningpoensis</i>	10	<i>Rosa cymosa</i>	-4
<i>Rwuwolfia serpentina</i>	39	<i>Solanum nigrum</i>	10	<i>Cudrania tricuspidata</i>	-4
<i>Curcuma zedoaria</i>	38	<i>Chaenomeles sinensis</i>	10	<i>Areca catechu</i>	-4
<i>Pulsatilla dahurica</i>	37	<i>Bletilla striata</i>	10	<i>Cynanchum stauntoni</i>	-5
<i>Paeonia suffruticosa</i>	36	<i>Perilla frutescens</i>	10	<i>Poria cocos</i>	-5
<i>Notopterygium incisum</i>	36	<i>G. jasminoides</i>	10	<i>Polygonum multiflorum</i>	-5
<i>Citrus reticulata</i>	32	<i>Stemona japonica</i>	9	<i>Chrysanthemum</i>	-5
<i>Arnebia euchroma</i>	31	<i>Aster tataricus</i>	9	<i>Morus alba</i>	-5
<i>Euryale ferox</i>	31	<i>Sanguisorba officianlis</i>	9	<i>Benincasa hispida</i>	-5
<i>Trichosanthes kirilowii</i>	30	<i>Lonicera japonica</i>	9	<i>Glycine max</i>	-6
<i>Taraxacum mongolicum</i>	30	<i>Perilla frutescens</i>	9	<i>Lepidium apetalum</i>	-6
<i>Dolichos lablab</i>	28	<i>Aconitum carmichaeli</i>	9	<i>Sargassum fusiforme</i>	-6
<i>Paederia scandens</i>	28	<i>Coix lachrymajobi</i>	8	<i>Trichosanthes kirilowii</i>	-6
<i>Pharbitis nil</i>	27	<i>Angelica daburica</i>	8	<i>Vitex rotundifolia</i>	-6
<i>Anomum cardamomum</i>	24	<i>Atractylodes macrocephala</i>	8	<i>Leonorus heterophyllus</i>	-7
<i>Imperata cylindrica</i>	23	<i>Zizyphus jujuba</i>	8	<i>Eclipta prostata</i>	-7
<i>Celosia cristata</i>	23	<i>Raphanus sativus</i>	7	<i>hordeum vulgare</i>	-7
<i>Cibotium barometz</i>	22	<i>Viola yedoensis</i>	6	<i>Dioscorea hypoglauca</i>	-8
<i>Zea mays</i>	22	<i>Eugenia caryophyllata</i>	5	<i>Houttuynia cordata</i>	-8
<i>Perilla frutescens</i>	22	<i>Schisandra chinensis</i>	4	<i>Boswellia carterii</i>	-8
<i>Patrinia scabiosaefolia</i>	21	<i>Trichosanthes kirilowii</i>	4	<i>Oryza sativa</i>	-8
<i>Gentiana macrophylla</i>	20	<i>Curcuma longa</i>	3	<i>Angelica pubescens</i>	-8
<i>Lycium chinense</i>	18	<i>Paeonia lactiflora</i>	3	<i>Equisetum hiemale</i>	-8
<i>Polygala tenuifolia</i>	18	<i>Pheretima aspergillum</i>	3	<i>Cyperus rotundus</i>	-8
<i>Elephantopus scaber</i>	18	<i>Thuja orientalis</i>	2	<i>Prunus armeniaca</i>	-8
<i>Gardenia jasminoides</i>	17	<i>Trogopterus xanthipes</i>	2	<i>Senna acutifolia</i>	-8
<i>Scutellaria barbata</i>	17	<i>Corydalis yanhusuo</i>	1	<i>Rosa laevigata</i>	-9
<i>Angelica sinensis</i>	16	<i>Allium tuberosum</i>	1	<i>Punica granatum</i>	-9
<i>Rheum palmatum</i>	16	<i>Sesamum indicum</i>	1	<i>Atractylodes lancea</i>	-9
<i>Ampelopsis japonica</i>	16	<i>Lasiosphaera fenslii</i>	0	<i>Dimocarpus longan</i>	-9
<i>Inula japonica</i>	15	<i>Melia toosendan</i>	0	<i>Curcuma longa</i>	-9
<i>Dichondra repens</i>	15	<i>Panax ginseng</i>	0	<i>Citrus grandis</i>	-10
<i>Caesalpinia sappan</i>	14	<i>Foeniculum vulgare</i>	0	<i>Siegesbeckia pubescens</i>	-10
<i>Homo sapiens</i>	14	<i>Verbena officinalis</i>	-1	<i>Laminaria japonica</i>	-10
<i>Ledebouriella divaricata</i>	14	<i>Artemista argyi</i>	-2	<i>Rhaponticum uniflorum</i>	-10
<i>Sinapis alba</i>	14	<i>Mentha arvensis</i>	-2	<i>Salvia miltiorrhiza</i>	-10
<i>Belamcanda chinensis</i>	14	<i>Tussilago farfara</i>	-2	<i>Cirsium japonicum</i>	-10
<i>Elsholtzia splendens</i>	14	<i>Abrus precatorius</i>	-2	<i>Prunus persica</i>	-10
<i>Aetemisita capillaris</i>	13	<i>Ephedra sinica</i>	-2	<i>Juncus effusus</i>	-10
<i>Centipeda minima</i>	13	<i>Cartbamus tinctorius</i>	-3	<i>Hovenia dulcis</i>	-10
<i>Clematis chinensis</i>	11	<i>Ophiopogon japonicus</i>	-3	<i>Cinnamomum cassia</i>	-11
<i>Drynaria fortunei</i>	-11	<i>Litchi chinensis</i>	-14	<i>Prinsepia uniflora</i>	-19
<i>Citrus reticulata</i>	-11	<i>Allium macrostemon</i>	-14	<i>Santalum album</i>	-19
<i>Lonicera japonica</i>	-11	<i>Malva verticillata</i>	-15	<i>Paeonia lactiflora</i>	-19
<i>Citrus reticulata</i>	-11	<i>Sophora subprostata</i>	-15	<i>Astragalus complanatus</i>	-19
<i>Gleditsia sinensis</i>	-11	<i>Alpinia officinarum</i>	-15	<i>Sparganium simplex</i>	-19
<i>Phyllostachys migra</i>	-11	<i>Liquidambar</i>	-15	<i>Diospyros kaki</i>	-19
<i>Prunella vulgaris</i>	-12	<i>Phaselus calcaratus</i>	-15	<i>Arctium lappa</i>	-20
<i>Ephedra sinica</i>	-12	<i>Lycium chinense</i>	-15	<i>Plantago asiatica</i>	-20
<i>Evodia rutaecarpa</i>	-12	<i>Schizonepeta tenuifolia</i>	-15	<i>Rubia cordifolia</i>	-20
<i>Ligusticum walichii</i>	-12	<i>Eupatorium fortunei</i>	-15	<i>Acorus gramineus</i>	-20
<i>Trichosanthes kirilowii</i>	-12	<i>Polygonum aviculare</i>	-15	<i>Cnidium monnieri</i>	-20

Table 1. Continued.

Herbal medicines	CV (%)	Herbal medicines	CV (%)	Herbal medicines	CV (%)
<i>Uncaria rhynchophylla</i>	-12	<i>Ligusticum sinense</i>	-15	<i>Morus alba</i>	-20
<i>Plantago Asiatica</i>	-12	<i>Rubus chingii</i>	-16	<i>Bupleurum chinense</i>	-20
<i>Fritillaria thunbergii</i>	-12	<i>Pteris multifida</i>	-16	<i>Gastrodia elata</i>	-20
<i>Cannabis sativa</i>	-12	<i>Nelumbo nucifera</i>	-16	<i>Pogonatherum crinitum</i>	-21
<i>Sophora japonica</i>	-12	<i>Luffa cylindrica</i>	-16	<i>Alisma orientalis</i>	-21
<i>Citrus aurantium</i>	-12	<i>Arisaema consanguineum</i>	-16	<i>Albizia julibrissin</i>	-22
<i>Artemisia apiacea</i>	-12	<i>Allium fistulosum</i>	-16	<i>Polygonatum odoratum</i>	-22
<i>Crataegus pinnatifida</i>	-12	<i>Tetrapanax papyrifera</i>	-16	<i>Gentiana scabra</i>	-22
<i>Loranthus parasiticus</i>	-12	<i>Zanthoxylum avicennae</i>	-16	<i>Typha latifolia</i>	-22
<i>Ligustrum japonicum</i>	-12	<i>Zizyphus spinosa</i>	-16	<i>Ailanthus altissima</i>	-22
<i>Celosia argentea</i>	-12	<i>Rehmannia glutinosa</i>	-16	<i>Smilax glabra</i>	-22
<i>Isatis tinctoria</i>	-12	<i>Commiphora myrrha</i>	-16	<i>Forsythia suspensa</i>	-23
<i>Poria cocos</i>	-13	<i>Citrus aurantium</i>	-16	<i>Fraxinus rhynchophyllae</i>	-24
<i>Dioscorea opposita</i>	-13	<i>Xanthium sibiricum</i>	-17	<i>Asiasarum sieboldi</i>	-24
<i>Agrimonia pilosa</i>	-13	<i>Rehmannia glutinosa</i>	-17	<i>Pinus tabulaeformis</i>	-24
<i>Lindera strychnifolia</i>	-13	<i>Psoralea corylifolia</i>	-17	<i>Ludwigia prostrata</i>	-24
<i>Dianthus superbus</i>	-13	<i>Pogostemon cablin</i>	-18	<i>Magnolia liliflora</i>	-24
<i>Sus scrofa domestica</i>	-13	<i>Lobelia chinensis</i>	-18	<i>Asparagus cochinchinensis</i>	-25
<i>Artemisia anomala</i>	-13	<i>Triticum aestivum</i>	-18	<i>Curculigo orchioides</i>	-25
<i>Anemarrhena asphodeloides</i>	-13	<i>Polyporus umbellatus</i>	-18	<i>Morinda officinalis</i>	-25
<i>Polygonum multiflorum</i>	-14	<i>Spatholobus suberectus</i>	-18	<i>Tribulus terrestris</i>	-25
<i>Peucedanum praeruptorum</i>	-14	<i>Platycodon grandiflorum</i>	-18	<i>Dendrobium nobile</i>	-25
<i>Eriobotrya</i>	-14	<i>Citrus medica</i>	-19	<i>Lycopus lucidus</i>	-25
<i>Cornum officinalis</i>	-14	<i>Zingiber officinalis</i>	-19		

The results are the average of three independents with less than 10% standard deviations. The effects of various herbs (10 µg/mL, each) on acetaminophen (60 µM)-induced damaged THLE-2 cells show the cell viability. Cell viability was normalized by positive control (acetaminophen-induced damaged cells) becomes 0% and negative control (acetaminophen non-treated cells) becomes 100% for all data sets. Abbreviation: CV, cell viability.

rum gracile (family: *Gramineae*), *Oroxylum indicum* (family: *Bignoniaceae*), *Cynanchum atratum* (family: *Asclepiadaceae*), *Senecio scandens* (family: *Asteraceae*), and *Sophora flavescens* (family: *Fabaceae*) showed the highest recovery activity on acetaminophen-induced damaged in THLE-2 cells, therefore this herb medicines was selected for this study. Unexpectedly, taxonomical classification reveals that the relative relationships between these herb medicines were not closely associated.

These herb medicines did not show cytotoxicity at the test concentration (data not shown). The EC₅₀ values of these selected herb medicines, and their effective dose are presented in Table 2. *Terminalia chebula*, *Pueraria lobata*, and *Acronychia laurifolia* showed over 40% recovery of acetaminophen-induced damage in THLE-2 cells, compared to those of non-treated control cells (Figure 2). *Lopatherum gracile*, *Oroxylum indicum*, *Cynanchum atratum*, *Senecio scandens*, and *Sophora flavescens* showed over 70% recovery of acetaminophen-induced damage in THLE-2 cells (Figure 2). Among these 8 herb medicines, *Senecio scandens* and *Sophora flavescens*, which showed the highest recoveries of the tested compounds, have previously been shown to have

Table 2. Recovery effect of herbal medicines on acetaminophen (60 µM)-induced damaged in THLE-2 cells.

Herbal medicines	Effective dose (ng/mL)	
	EC ₅₀	V _{max}
<i>Terminalia chebula</i>	21.77	52.39
<i>Pueraria lobata</i>	52.94	49.21
<i>Acronychia laurifolia</i>	0.19	57.27
<i>Lopatherum gracile</i>	0.89	85.22
<i>Oroxylum indicum</i>	9.58	72.83
<i>Cynanchum atratum</i>	1.11	85.92
<i>Senecio scandens</i>	19.54	97.66
<i>Sophora flavescens</i>	0.27	86.65

Effective doses were normalized by viability of acetaminophen (60 µM)-induced damaged THLE-2 cells. The data were normalized with % of acetaminophen-treated THLE2 cells. EC₅₀ and V_{max} values were determined as described in materials and methods. Abbreviation: EC₅₀, effective concentration for half-maximum response.

therapeutic uses. For example, *Senecio scandens*, and *Sophora flavescens* have antiinflammatory, antipyretic, antiseptic, antidotic, diuretic, and antioxidant activities¹⁴; however, *Senecio scandens* is used for the treatment of inflammatory, bacterial diarrhea, enteritis, conjunctivitis, respiratory tract infection, arthritis

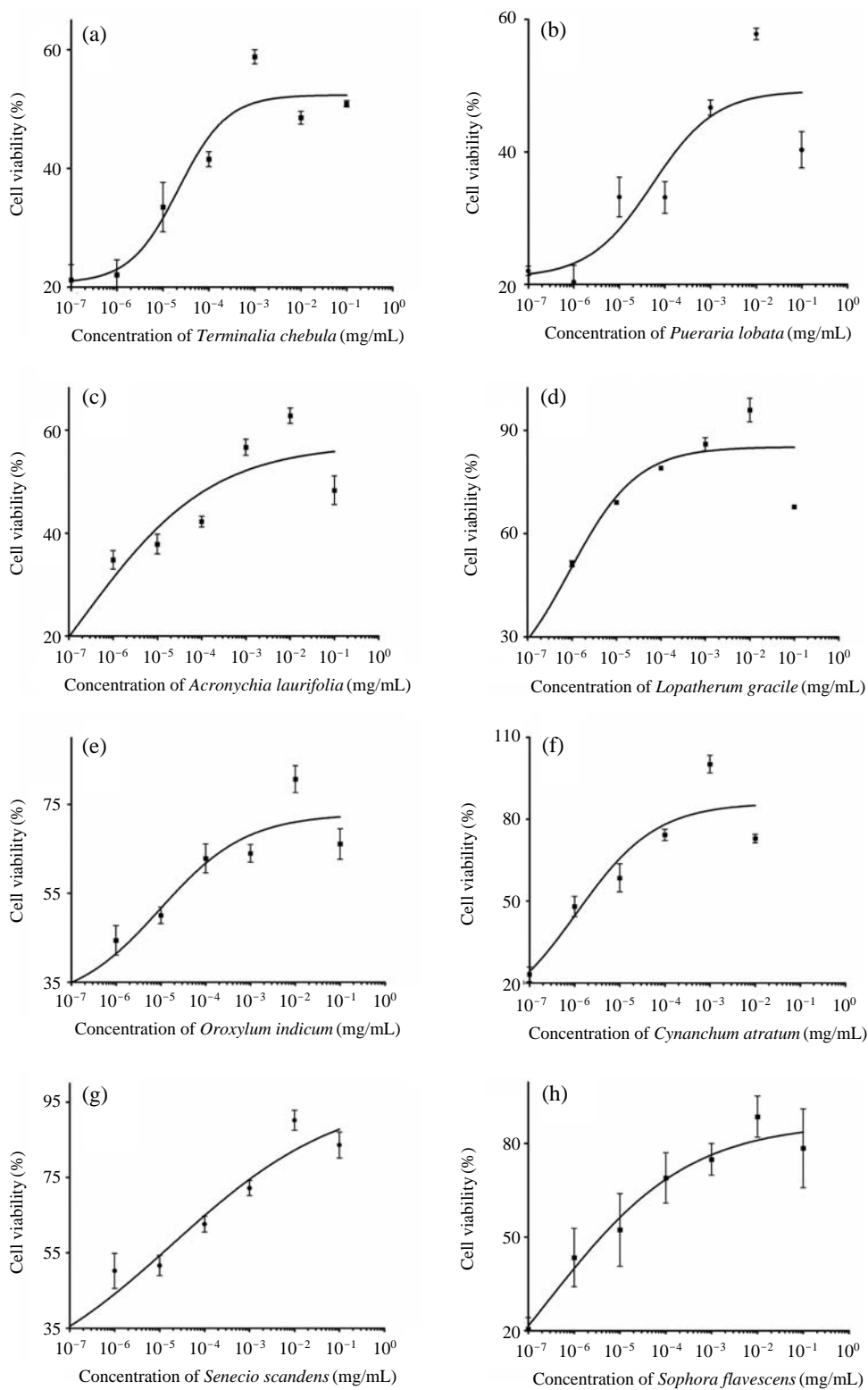


Figure 2. Effective dose of herb medicines on cell damaged THLE-2 cells. THLE-2 cells were cultured with 60 μ M aceta-
minophen for 1 hr. After, THLE-2 Cells were treated with various concentrations of 8 herb medicines (a: *Terminalia chebula*, b:
Pueraria lobata, c: *Acronychia laurifolia*, d: *Lopatherum gracile*, e: *Oroxylum indicum*, f: *Cynanchum atratum*, g: *Senecio scan-*
dens, and h: *Sophora flavescens*) were added for 24 hr. The values of cell viability were normalized in proportion to the value of
control.

and rheumatic disease^{15,16}. In addition, *Sophora flavescens* is a well-known traditional medicine with the function of relieving heat, depriving the evil wetness, purging fire for removing toxin and killing parasites to relieve itching. It has also been used for eczema, antitumor, anthelmintic, and hepatoprotection¹⁷⁻¹⁹. In conclusion, *Senecio scandens* and *Sophora flavescens* showed significant activities in this assay system, and thus further study for their mechanism of action can be encouraged for the discovery of new therapeutic agents for the treatment of liver diseases.

Materials & Methods

Preparation of Herbs

Herbs were purchased from the Sun Ten Pharmaceutical Co., Ltd. (Taipei, Taiwan), powdered to 0.1 g and then extracted by stirring in 10 mL DW (distilled water) using stirrer for overnight at room temperature. The sample was then centrifuged for 10 min at 3,000 rpm, after which the supernatant was removed and sterilized by passing it through a 0.22 µm syringe filter and then used for the experiments. A voucher specimen was deposited at the Herbarium of College of Oriental Medicine, KyungHee University, Korea. Dr. Minkyu Shin, the director of herbarium, was identified the plants and assigned the herbarium sheet number (No. PMP0081).

Cell Culture

THLE-2 cells, an SV40 large T antigen-immortalized human liver cell line, were obtained from the American Type Culture Collection (ATCC, Rockville, MD). THLE-2 was plated into culture plates pre-coated for 1 hr at 37°C with BEBM (bronchial epithelial basal medium) containing human fibronectin (0.01 mg/mL), bovine collagen type I (0.03 mg/mL) and bovine serum albumin (0.01 mg/mL). Cells were cultured at 37°C in a 5% CO₂ humidified incubator and maintained in BEGM supplemented with 10% fetal bovine serum (FBS), human epidermal growth factor (5 ng/mL), and phosphoethanolamine (70 ng/mL). THLE-2 cells were then plated onto tissue culture flasks (T-75 cm²) at a density of 1 × 10⁷/mL in hormonally defined DMEM media as described previously. The medium was changed every 3 days until the cells become 80-90% confluent at which point they were used for experiments.

Cytotoxicity Assay

Cell growth was measured by an MTS assay using the Cell Titer 96[®] Aqueous One Solution Cell Proliferation Assay Kit (Promega, Madison, WI, U. S. A.).

The MTS assay was performed as described by Chung *et al.*¹¹ with some modifications. Briefly, THLE-2 cells were first cultured in 96-well plates (2 × 10⁴/mL) for 24 hr, and pretreated with 60 µM acetaminophen. After 1 hr incubation, 10 µg/mL of herb was added to the wells, and the cells were reincubated for 24 hr. Control cells have not herb added. On the day of the proliferation assay, media were removed, 100 µL of fresh media were added followed by 20 µL of the MTS solution was added to each of the 96 wells and incubated at 37°C for 1 hr in a humidified (5% CO₂) environment. The absorbance was read at 490 nm using a microplate reader (Molecular Devices, Sunnyvale, CA, U. S. A.). The percentage inhibition was expressed as [viability level of test samples/viability level of acetaminophen-treated control] × 100. The IC₅₀ value, the sample concentration resulting in 50 % inhibition of cell viability, was determined using non-linear regression analysis (% inhibition versus concentration).

Statistical Analysis

Statistical analysis of the data was carried out using the Prism 3.02 software (GraphicPad Software Inc., CA, USA). V_{max} is maximal viability. EC₅₀ is the concentration of herbs required to increase cell viability by 50%. All values are presented as means ± S.E.M. The differences between means of control and treatment data were determined using the two-way ANOVA. A value of *P* < 0.05 was considered statistically significant.

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