

Molecular Cloning and Characterization of a Bile Salt Hydrolase from Lactobacillus acidophilus PF01

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Phenotypic screening for bile salt hydrolase (BSH) activity was performed on Lactobacillus acidophilus PF01 isolated from piglet feces. A gene encoding BSH was identified and cloned from the genomic library of L. acidophilus PF01. The bsh gene and surrounding regions were characterized by nucleotide sequence analysis and were found to contain a single open reading frame (ORF) of 951 nucleotides encoding a 316 amino acid protein. The potential bsh promoter region was located upstream of the start codon. The protein deduced from the complete ORF had high similarity with other BSHs, and four amino acid motifs located around the active site, FGRNXD, AGLNF, VLTNXP, and GXGXGXXGXPGD, were highly conserved. The bsh gene was cloned into the pET21b expression vector and expressed in Escherichia coli BLR(DE3) by induction with 0.1 mM of isopropylthiogalactopyranoside. The BSH enzyme was purified with apparent homogeneity using a Ni²⁺-NTA agarose column and characterized. The overexpressed recombinant BSH enzyme of L. acidophilus PF01 exhibited hydrolase activity against tauroconjugated bile salts, but not glycoconjugated bile salts. It showed the highest activity against taurocholic acid. The maximum BSH activity occurred at approximately 40°C. The enzyme maintained approximately 70% of its maximum activity even at 60°C, whereas its activity rapidly decreased at below 37°C. The optimum pH was 6, and BSH activity was rapidly inactivated below pH 5 and above pH 7.

Keywords: Lactic acid bacteria, *Lactobacillus acidophilus*, bile salt hydrolase

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Probiotics are defined as "living microorganisms, which upon ingestion in certain numbers exert health benefits on the host beyond inherent basic nutrition" [17]. The selection of probiotic strains has generally been based on *in vitro* tolerance of physically relevant stresses; *e.g.*, low pH, bile, elevated osmolarity, and functionality [38, 42, 52]. The ability of probiotic strains to hydrolyze bile salts is one of the important properties considered for probiotic strain selection [2]. Bile acids synthesized in the liver are important end products of cholesterol metabolism in mammals, and are secreted in bile after conjugation with taurine or glycine [14, 22]. Upon dietary lipid intake, they are mixed and emulsified with lipids for absorption in the duodenum [2].

Recently, increased attention has been given to the possibility of using bile-salt conjugation, carried out by indigenous microflora in the mammalian intestine, to lower serum cholesterol levels in hypercholesterolemic humans and to prevent hypercholesterolemia in humans with normal cholesterol levels [30]. The control of cholesterol by intestinal bacteria is based on the observation that intestinal bacteria can significantly reduce serum cholesterol levels via the hydrolysis of conjugated bile salts by bile salt hydrolase (BSH) [49]. BSH produced by intestinal bacteria catalyzes the hydrolysis of the amide bond between either glycine or taurine and cholesterol-based bile acids [2, 33]. The deconjugated bile acids have low water solubility and are easily excreted in the feces. Fecal loss of bile acids and the decreased amount of bile salts returned to the liver may result in the increased conversion of cholesterol to bile salts to maintain bile salt homeostasis [53]. The oral administration of lactobacilli with BSH activity lowers blood cholesterol levels in humans [9] and other animals [18, 36, 39].

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A number of BSH genes have been cloned and characterized from lactic acid bacteria such as Lactobacillus plantarum [5, 19], L. johnsonii [12], Bifidobacterium longum [47], and B. bifidum [23]. Most BSH activity is found in strains isolated from the gastrointestinal tract or feces of mammals from environments rich in conjugated and free bile acids [25]. Lactobacillus acidophilus can reportedly survive in the gastrointestinal tract [43], adhere to host epithelial cells in vitro [1, 16], modulate the host immune response [54]. inhibit pathogenic bacteria such as Helicobacter pylori [31], and provide a hepatoprotective effect in mice [21]. Bile-tolerant L. acidophilus strains have been isolated [3, 7, 20]. Although L. acidophilus plays a biologically important role in the mammalian intestine, BSH enzyme from L. acidophilus has not yet been characterized. L. acidophilus strain PF01 was previously isolated from healthy piglet's feces; this strain had high bile resistance activity in vitro and adhered specifically to piglet duodenal and jejunal epithelium cells [1]. We cloned the bsh gene of L. acidophilus PF01 and characterized the recombinant BSH enzyme overexpressed in *Escherichia coli*.

MATERIALS AND METHODS

Materials, Bacterial Strains, and Vectors

E. coli strains DH5α (Takara Biomedical, Japan) and BLR (DE3) (Novagen, U.S.A.) were used as hosts for cloning and gene expression, respectively. For the isolation of chromosomal DNA, *L. acidophilus* PF01 was cultured at 37°C in deMan-Rogosa-Sharpe (MRS) broth (Difco, U.S.A.). The plasmid pUC119 (Life Technology, U.S.A.) was used as a vector for cloning, and pET21b (Novagen) was used for gene expression. Restriction enzymes and modifying enzymes were purchased from Takara Biomedical and used according to the supplier's recommendations. The preparation of DNA was carried out using the alkaline lysis method [41]. *E. coli* cells were grown in Luria-Bertani (LB) medium at 37°C, and ampicillin (50 μg/ml) was added, if necessary. Other recombinant DNA techniques were used as described by Sambrook and Russell [41]. Sodium salts of bile acids were purchased from Sigma (U.S.A.).

Cloning of bsh from L. acidophilus PF01

Chromosomal DNA was prepared from L. acidophilus PF01 cultured overnight in MRS broth, as described previously [13]. Total DNA was digested with HindIII and ligated into pUC119 digested with HindIII, and dephosphorylated. The genomic library was then transformed into E. coli DH5 α competent cells. Ampicillin-resistant clones were tested for bile salt-hydrolyzing activity. The transformants were grown on LB agar plates containing bile salts and incubated at 37° C to identify bile-salt hydrolyzing colonies. The screening medium contained 0.5% sodium taurocholate.

Sequence Analysis of bsh

The nucleotide sequence of the insert was determined using a BigDye-terminator sequencing kit and ABI PRISM 377 sequencer (Perkin-Elmer, U.S.A.), according to the manufacturer's instructions. The BLAST2 program from the National Center for Biotechnology

Information (NCBI) was used for nucleotide sequence analysis and amino acid sequence deduction. Protein sequences were aligned using the ClustalW software package [51].

Expression of bsh in E. coli

bsh was amplified and then subcloned into a BamHI/XhoI-digested pET21b plasmid (Novagen), resulting in the pET-bsh where bsh was fused with a vector sequence encoding (His)6. The pET-bsh expression plasmid was introduced into E. coli BLR(DE3) cells by electroporation. The resulting transformants were grown in LB liquid medium in the presence of ampicillin (50 µg/ml) at 30°C to an OD_{600} of 0.5-0.6. The expression of bsh was induced by the addition of isopropylthiogalactopyranoside (IPTG) to give a final concentration of 0.1 mM. The cells were harvested by centrifugation at 12,000 rpm for 5 min. Sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) was performed using 10% (w/v) polyacrylamide gels containing 0.1% (w/v) SDS, as described by Laemmli [29], to confirm the production of the BSH enzyme. Protein bands were detected using Coomassie brilliant blue R250 staining. The protein concentration was measured by the Bradford method (Bio-Rad, U.S.A.), using bovine serum albumin as a standard.

Purification of the BSH Enzyme

To purify the recombinant BSH, the cell pellet was washed with and resuspended in lysis buffer (300 mM NaCl, 50 mM Na-Pi, pH 7.0) and then disrupted by sonication (5×20 s, 0.5 cycle, 50% amplitude). The mixture was centrifuged at 12,000 rpm for 20 min at 4°C to separate the soluble supernatant and the insoluble pellet fraction containing inclusion bodies. The soluble fraction containing BSH was applied to a Ni²⁺-NTA agarose column (Qiagen, Germany) that had been equilibrated with lysis buffer. The column was washed twice with lysis buffer containing 20 mM imidazole, and BSH bound to the resin was eluted with elution buffer (lysis buffer containing 250 mM imidazole).

Substrate Specificity

The substrate specificity of the BSH was determined using eight different bile salts. We used the methods of Tanaka *et al.* [46], with some modifications. Specifically, the purified BSH was mixed with 10 mM conjugated bile acid and 100 mM sodium phosphate (pH 6.0) in a total volume of 0.2 ml. The reactions were run for 30 min at 37°C and stopped with 15% trichloroacetic acid. The amount of amino acid released from conjugated bile acids was measured in a reaction involving 0.5 ml of 1% ninhydrin, 1.2 ml of glycerol, and 0.2 ml of 0.5 M citrate (pH 5.5). The substrates used were glycoand tauro-conjugated bile salts (Sigma). A₅₇₀ was measured using a UV-1601PC spectrophotometer (Shimadzu, Japan).

Nucleotide Sequence Accession Numbers

The *bsh* nucleotide sequence for *L. acidophilus* PF01 was deposited in the GenBank database under Accession No. EF536029.

RESULTS

Cloning of bsh from L. acidophilus

We previously isolated *L. acidophilus* PF01, which exhibited high bile tolerance, from the feces of healthy

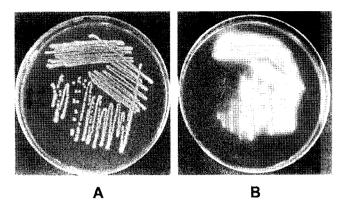


Fig. 1. Manifestation of *Lactobacillus acidophilus* PF01 BSH activity on solid MRS medium.

Plates were incubated anaerobically at 37°C for 72 h. A. Control plate; **B.** Plate containing 0.5% sodium taurocholate.

piglets [1]. This strain has high bile-salt-hydrolyzing activity (Fig. 1B), which was observed as cloudiness in MRS agar containing 0.5% bile salts. To isolate *bsh* from *L. acidophilus* PF01, a HindIII-digested genomic library of *L. acidophilus* PF01 was constructed in *E. coli* DH5α using pUC119, as described in Materials and Methods. Ampicillin-resistant clones were transferred onto LB agar plates containing 0.5% bile salts. After incubation at 37°C for between 3 and 7 days, two colonies were surrounded by a halo of precipitated free bile acids because of hydrolysis of bile salts. These were selected (Fig. 2) and designated pLBSH1 and pLBSH2, respectively.

Genetic Characterization of L. acidophilus bsh

The selected clones were further characterized. Preliminary restriction enzyme analysis and sequence analysis revealed that the two clones contained the same 1.5-kb insert in the same direction (data not shown). The entire 1.5-kb insert



Fig. 2. Detection of the BSH activity of *Escherichia coli* transformants.

BSH-active colonies produce copious amounts of cholic acid.

120 180 AAAAGCTAATGCTAAATAAGGAGGTTTTTTGGAAATGTGTACTGGTTTAAGATTCACAGA TGATCAAGGAAATTTATACTTTGGCCGTAATCTAGATGTTGGACAGGATTATGGCGAAGG
D O G N L Y F G R N L D V G Q D Y G E G
CGTTATTATTACGCCGGGTAATTATCCTCTTCCATATAAGTTCTTAGATAACACCACTAC
V I I P G N Y P L P Y K F L D N I T T
TAAAAAAGGCTGTTATTGGAATGGGAATTGTGGTTGATGGCTATCCATCATACATTTGACTG 240 29 300 49 360 69 420 89 480 109 540 129 600 149 660 169 720 K K A V I G M G I V V D G Y P S Y F D C CTATAACGAAGATGGATTAGGCATTGCAGGTTTAAACTTCCCACATTTTGCTAAATTAG YNEDGLGIAGLENFPHFAKFS
TGATGGTCCTATTGACGGTAAAATCAACTTAGCTTCTTACGAAATTATGCTCTGGGTTAC D G P I D G K I N L A S Y E I M L W V T
TCAAAACTTTACTCATGTTAGTGAAGTAAAGGAAGCGTTAAAGAATGTTAACTTAGTGAA
Q N F I H V S E V K E A L K N V N L V N
TGAAGCTATTAACACATCATTTGCGGTTGCCCCTCTTCACTGGATCATTAGTGATAGTGA E A IN T S F A V A P L H W I I S D S D
CGAAGCCATTATTGTTGAAGTTCAAAACAATATGGAATGAAAGTCTTTGATGATAAAGT E A I I V E V S K Q Y G M K V F D D K V TGGCGTTTTAACTAACACTTGGTAACTATAAC 780 209 840 TGGTTTAAÄTCCACATGACGCTACAGCCCAAAGCTGGAÄCGGTCAAAÄAGTTGCTCCTTG G L N P H D A T A Q S W N G Q K V A P N GGGTGTAGGAACTGGTAGTTTAGGTCTGCTGGTGACAGCATCCAGCCGACCGTTTTGT G V G T G S L G L P G D S I P A D R F V TAAAGCTGCTTACTTAAACGTAAACTATCCAACTGCTAAAGGTGAAAAGCAAACGTCGC K A A Y L N V N Y P T A K G E K A N V A 229 900 249 KAAYLNVNYPTAKGEKANVA 960 269 K F F N I L K S V A M I K G S V V N D C AGGCAAGGACGAATATACTGTTTATACTGCATGCTACTCTTCTGGAAGCAAGACTTACTA 1020 G K D E Y T V Y T A C Y S S G S K T Y Y CTGTAATTTTGAAGATGATTTTGAATTAAAGACTTATAAACTAGATGATCACACGATGAA C N F E D D F E L K T Y K L D D H T M N 289 1080 309 1140 TTCAACCAGTCTTGTGACTTACTACTTACATTTCCCAACAACAAAAAAGC S T S L V T Y *
CACCTGAAACAGGTGGCTTTTGTCGTATACAAGTGTTTAATTTTAGAAAGGACTATTATA 1200 1260 1320 1380 1440 CTACTGTTACCTCCCAAATAGCCTTACCATCTTCCATTTTTAAGTCCCATTCCTTGGCA CACTATTTTTTACTTCTTTTTCTGCTATTTCACTAGCTTCTTTACGCGAAATTGTTTTAT CTAAATCTAAACCTTTTTGTAGGTGTTCATCTAGATCAAGCTT

Fig. 3. Nucleotide sequence and deduced amino acid sequence of the *Lactobacillus acidophilus* PF01 *bsh* gene. Putative promoter elements are boxed, and a possible ribosome-binding site is underlined.

of pLBSH1 was sequenced on both strands. The fragment contained a single ORF of 951 nucleotides flanked by a methionine start codon (ATG) and a translational termination codon (TAG), and encoded a 316 amino acid protein (Fig. 3). The assigned ATG initiation codon was preceded by a typical Shine-Dalgarno sequence (5'-AGGAGG-3') 10 bp upstream of the start codon. Potential –35 (TTGCCT) and –10 (TATCAT) regions of the *bsh* promoter were also located upstream of the start codon.

The protein deduced from the complete ORF had a theoretical molecular mass of 34,856 Da and a pI of 4.88. It showed high homology to BSHs from other lactic acid bacteria, which strongly implies that the cloned gene encodes the *L. acidophilus* BSH; it was therefore designated the *bsh* gene. The deduced amino acid sequence of the *L. acidophilus* BSH was aligned with the reported sequences of BSHs from other bacteria (Fig. 4). Overall, the deduced amino acid sequence of the *L. acidophilus* BSH shared 98%, 38%, 43%, 43%, and 38% identities with BSH from *L. johnsonii* [12], *L. plantarum* [5], *B. bifidum* [23], *B. longum* [47], and *Clostridium perfringens* (CBAH, conjugated bile acid hydrolase) [6], respectively. Multiple amino acid sequence alignments identified a highly conserved

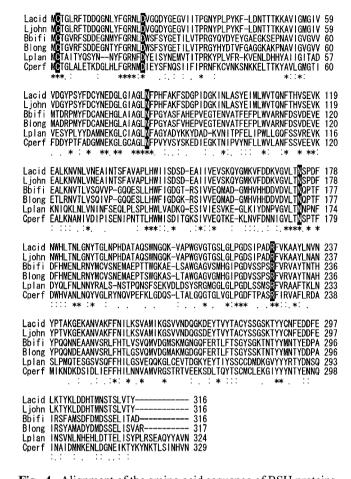


Fig. 4. Alignment of the amino acid sequence of BSH proteins. Lacid, *Lactobacillus acidophilus* PF01 (GenBank Accession No. ABQ01980); Ljohn, *L. johnsonii* (GenBank Accession No. AAC34381); Lplan, *L. plantarum* (GenBank Accession No. AAA25233); Bbifi; *Bifidobacterium bifidum* (GenBank Accession No. AAR39435); Blong, *B. longum* (GenBank Accession No. AAF67801); Cperf, *Clostridium perfringens* (GenBank Accession No. AAC43454). Identical amino acids are indicated by asterisks. Five proposed active sites (C, D, N, N, R) are highlighted in white on a black background. The dashes indicate gaps in the alignments.

domain. Recently, the crystal structure of CBAH from *C. perfringens* was elucidated [40], and the residues Cys-2, Asp-21, Asn-82, Asn-175, and Arg-228 have been identified as catalytically important. A comparison of the deduced amino acid sequences of *L. acidophilus* BSH and other BSHs with the deduced amino acid sequences of the CABH showed that all of these amino acids are conserved (Fig. 5). In addition, four conserved amino acid motifs located around the active site, FGRNXD, AGLNF, VLTNXP, and GXGXGXXGXPGD, were highly conserved [25].

Heterologous Expression of *L. acidophilus bsh* in *E. coli* The insert containing the *bsh* gene was cloned into a BamHI/XhoI-digested pET21d expression vector and expressed in *E. coli* BLR(DE3) by induction with 0.1 mM IPTG. The transformants grew normally after the induction of fusion peptide expression, indicating that the expression

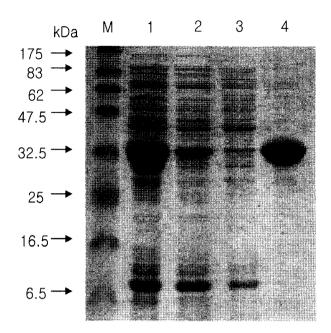


Fig. 5. Expression and purification of *Lactobacillus acidophilus* BSH enzyme.

Lane M, prestain protein marker (New England Biolab, U.K.); lane 1, total cell lysate; lane 2, flow-through fraction; lane 3, washing fraction; lane 4, eluted fraction.

of BSH enzyme is not toxic to the host. A product with a molecular mass of approximately 34 kDa was observed as a prominent band and accounted for as much as approximately 30% of the total cellular protein (Fig. 5). This is the predicted M_r for the product specified by the *bsh* gene from *L. acidophilus*. There was no significant difference in the expression level of the fusion peptide according to induction time (data not shown).

For the purification of the recombinant BSH enzyme, the cell pellet was disrupted and the soluble fraction containing BSH enzyme was applied to an Ni²⁺-NTA agarose column. The purified BSH enzyme showed apparent homogeneity.

Substrate Specificity of the L. acidophilus BSH Enzyme

The substrate specificity of the BSH enzyme was determined in enzyme assays using the eight major human bile salts. The recombinant BSH enzyme exhibited hydrolyzing activity against tauroconjugated bile salts, but not glycoconjugated bile salts (Fig. 6). Most BSHs, especially those from lactic acid bacteria, are more efficient at hydrolyzing glycoconjugated bile salts than tauroconjugated bile salts [6, 24, 47]. The purified BSH enzyme from *L. plantarum* CK 102 had broad substrate specificity and exhibited higher affinity for glycoconjugated bile acids than for tauroconjugated bile acids [19]. The enzymes from *L. plantarum* [5], *Lactobacillus* sp. 100-100 [32], *C. perfringens* [15], and *Bacteroides fragilis* [45] are generally more active on glycoconjugated bile salts, whereas those from *Bacteroides vulgatus* preferentially hydrolyze tauroconjugated bile salts.

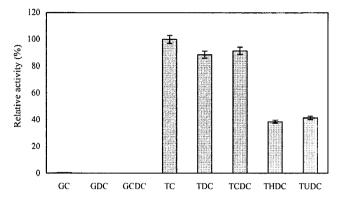
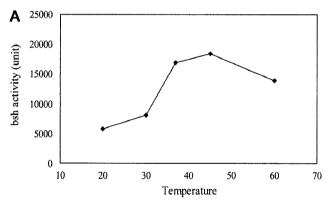


Fig. 6. Substrate specificity of the purified BSH enzyme. Eight major bile salts are shown: glycocholic acid (GC), glycodeoxycholic acid (GDC), glycochenodeoxycholic acid (GCDC), taurocholic acid (TC), taurodeoxycholic acid (TDC), taurochenodeoxycholic acid (TCDC), taurohyodeoxycholic acid (THDC), and tauroursodeoxycholic acid (TUDC). The relative activity was calculated using TC as a standard at 100%.

Effect of pH and Temperature on L. acidophilus BSH Activity

The maximum BSH activity occurred at approximately 40°C (Fig. 7A). The enzyme maintained approximately 70% of its maximum activity even at 60°C, whereas its



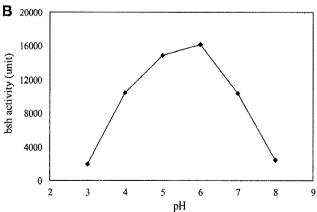


Fig. 7. Effects of temperature (**A**) and pH (**B**) on BSH activity. BSH activity at different temperatures was measured in 100 mM sodium phosphate buffer (pH 6.0). BSH activity at various pHs was measured in 100 mM sodium acetate buffer at pH 3.0–5.0 and 100 mM sodium phosphate buffer at pH 6.0–8.0.

activity rapidly decreased below 37°C. The optimum pH was 6, and BSH activity rapidly declined below pH 5 and above pH 7 (Fig. 7B). Tanaka *et al.* [47] reported that the optimum pH of *B. longum* BSH was between 5 and 7, and its maximal activity occurred at 40–45°C. The *L. acidophilus* BSH was similar to the *B. longum* BSH in optimum pH and temperature, but *L. acidophilus* BSH was stable at higher temperatures.

DISCUSSION

Reports that a reduction in the level of serum cholesterol is associated with the presence of BSH-producing lactic acid bacteria has led to increased interests in the possible application for hypercholesterolemic individuals or to prevent elevated cholesterol levels in individuals with normal cholesterol status [9, 18]. In this aspect, bacterial cell therapy by the administration of a bile-hydrolyzing bacterial strain to control serum cholesterol levels seems promising. To date, a number of BSH genes have been cloned and characterized from lactic acid bacteria. However, data on the BSH enzyme from L. acidophilus, which plays an important role in human and animal health by stabilizing the normal intestinal microflora and lowering the serum cholesterol level [3, 39, 43], are very limited, although recently McAuliffe et al. [34] identified two bilesalt-hydrolyzing genes in L. acidophilus NCFM.

We cloned, characterized, and examined the expression of a bsh gene from L. acidophilus PF01, which was isolated from piglet feces. Based on the homology of the deduced protein to previously known protein sequences. L. acidophilus BSH shares high amino acid sequence similarity with other BSHs. Based on its structural similarity to CBAH from C. perfringens [40] and PVA from B. sphaericus [37], a cysteine residue serves as a nucleophile and a proton donor in the catalytic process that is common to all members of the N-terminal nucleophile (Ntn) hydrolase superfamily [26]. A comparison of the deduced amino acid sequences of L. acidophilus BSH and other BSHs with the deduced amino acid sequences of CABH showed that all of these amino acids are conserved (Fig. 4). In addition, four amino acid motifs located around the active site, FGRNXD, AGLNF, VLTNXP, and GXGXGXXGXPGD, are highly conserved [23]. Sequence alignments indicate that, whereas residues of the active site are strictly conserved in BSHs, the residues for substrate recognition are not particularly conserved. These observations indicate that there are a variety of BSH enzymes in nature that have distinct substrate-hydrolyzing capabilities. Future structural studies of BSHs that have different substrate specificities will elucidate the key residues of the substrate-binding pocket and provide information on the substrate selectivity of BSH enzymes. [26].

The bsh promoter sequence was predicted to reside approximately 130 bp upstream of the ATG start codon. This sequence contains all of the conserved promoter elements, including -35 and -10 hexamers, a TG motif immediately upstream of the -10 region, and a spacer of 16 nucleotides between the -35 and -10 regions; they are all conserved relative to those of their E. coli promoter counterparts [4]. It has been proposed that the -35 hexamer, -10 hexamer, and TG motifs are significant determinants of promoter strength in lactobacilli [35]. Therefore, this promoter sequence could be a good candidate for the E. coli-lactobacilli shuttle vector construction, as well as for improving the expression of heterologous genes in lactobacilli by modifying some of these core promoter elements to enhance transcription initiation. The bsh gene of L. acidophilus PF01, including the predicted promoter sequence characterized here, is highly conserved in L. johnsonii strain 100-100 [12]. However, the DNA sequence similarity of these two strains ends immediately downstream of the bsh gene. This fact implies that the bsh gene might be acquired by horizontal gene transfer (HGT) possibly because BSH activity is important at some level for colonization in the gastrointestinal tract (GIT) of humans as well as pigs. Bile salt resistance is one of the most important requirements for probiotic strains to survive and colonize in the GIT and exhibit their health-promoting effect on the host. This is also the case for some pathogenic bacteria to survive in the GIT and to show the virulence in vivo. In some pathogenic bacteria, BSH activity confers the ability to resist the antimicrobial actions of bile salts and may contribute to a pathogen's ability to infect the host through the oral route [10, 11].

We expressed the L. acidophilus PF01 BSH enzyme in E. coli and characterized it; to our knowledge, this is the first report on L. acidophilus BSH. The substrate specificity of L. acidophilus PF01 BSH was different from those of the majority of known BSHs. It showed hydrolase activity against tauroconjugated bile salts, but not against glycoconjugated bile salts, with the highest activity being against taurocholic acid. This is very interesting, because BSHs from intestinal lactic acid bacteria generally have higher affinity for glucoconjugated bile salts [6, 24, 47]. McAuliffe et al. [34] identified two bsh genes in the genome sequence of L. acidophilus NCFM; targeted inactivation of these genes demonstrated that the two enzymes have different specificities. The possibility of another bsh gene that has different substrate specificity in L. acidophilus PF01 cannot be excluded and should be examined in the future.

It has been proposed that the BSH activity of enteric bacteria might have an important role for persistent colonization in the gastrointestinal tract [12]. Interestingly, lactobacilli contribute 74% and 86% of total bile acid hydrolase activity in the cecum and ileum, respectively, in mice [48]. *Lactobacillus* species colonize the gastrointestinal

tract of mammals and birds to high population levels [44]. L. acidophilus PF01 adheres specifically to the duodenal and jejunal epithelium cells of piglets [1]. However, it is somewhat controversial whether the BSH activity of lactic acid bacteria is beneficial or detrimental to the host [8, 11] because the hydrolytic products of BSH, free bile acids, are toxic to cells and can damage the membranes of mammalian cells [50]. Cholic acid, the main free bile acid produced by BSH activity in the intestine, can accumulate inside lactobacilli and bifidobacterial cells in the intestine, as long as the bacteria are energized [27, 28]. The entrapment of free bile acids by bifidobacteria can contribute to a decrease in free bile acids. Whether L. acidophilus PF01 can accumulate free bile acids inside the cell needs to be determined. In addition, the construction of a BSH-negative mutant of L. acidophilus PF01 would be interesting because it could be used to investigate whether the bacterium still adheres to piglet intestinal epithelial cells and lowers blood cholesterol levels in humans and animals.

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