Effect of cyclic loading on axial displacement of abutment into implant with internal tapered connection: a pilot study

Hyon-Woo Seol¹, DDS, MSD, Seong-Joo Heo^{1*}, DDS, MS, PhD, Jai-Young Koak¹, DDS, MSD, PhD, Seong-Kyun Kim¹, DDS, MSD, PhD, Chong-Hyun Han², DDS, MSD, PhD

¹Department of Prosthodontics, School of Dentistry, Seoul National University, Seoul, Korea ²Department of Prosthodontics, Gangnam Severance Dental Hospital, College of Dentistry, Yonsei University, Seoul, Korea

Purpose: To evaluate the axial displacement of implant-abutment assembly after cyclic loading in internal tapered connection system. **Materials and methods:** External butt-joint connection implant and internal tapered connection implant were connected with three types of abutment for cement-retained prostheses, i.e. external type abutment (Ext group), internal tapered 1-piece abutment (Int-1 group), and internal tapered 2-piece abutment (Int-2 group). For each group, 7 implants and abutments were used. The implant-abutments assemblies were clamped into the implant holder for vertical loads. A dynamic cyclic loading was applied for 150 \pm 10 N at a frequency of 4 Hz. The amount of axial displacement of the abutment into the implant was calculated at each cycle of 0, 5, 10, 50, 100, 1,000, 5,000, and 10,000. A repeated measures analysis of variance (ANOVA) for the overall effect of cyclic loading and the pattern analysis by linear mixed model were used for statistical analysis. Differences at *P*<.05 were considered statistically significant. **Results:** The mean axial displacement after 10,000 cycles were 0.714 \pm 0.488 μ m in Ext group, 5.286 \pm 1.604 μ m in Int-1 group, and 11.429 \pm 1.902 μ m in Int-2 group. In the pattern analysis, Int-1 and Int-2 group showed continuous axial displacement at 10,000 cycles. There was no declining pattern of axial displacement in the Ext group. **Conclusion:** The pattern of linear mixed model in Ext group showed no axial displacement. There were continuous axial displacements in abutment-implant assemblies in the Int-1 and Int-2 group at 10,000 cycles. More axial displacement was found in Int-2 group than in Int-1 group. *(J Korean Acad Prosthodont 2013;51:315-22)*

Key words: Dental implant-abutment design; Internal tapered connection; Cyclic loading; Axial displacement; Settling effect

Introduction

Dental implant has become a reliable and predictable rehabilitation method for edentulous area in oral cavity.¹⁻³ However, long-term research has reported mechanical complications, including screw loosening, fracture, and implant fractures.⁴ Frequent complications of the external connection is the loosening of the abutment screw.⁵ To minimize the joint instability between implant and abutment, internal tapered connection types have been introduced, and become widely spread.⁶⁷

Several studies have reported superior joint stability of internal tapered connection than external butt-joint connection.⁸⁻¹⁰ Internal

tapered connection showed better resistance to the bending force¹¹ and lower incidence of mechanical complications in comparison with the external butt-joint connection type.¹²

However, there is increasing concern about the axial displacement of abutment into the implant with internal tapered connection. For implants with internal tapered connection, certain amount of axial displacement occurs during abutment tightening.^{13,14} Accordingly, many researches have focused on the axial displacement of implantabutment assembly. Repeated tightening, at least twice, have been recommended to minimize the settling effect during the connection of abutment into implant.¹⁵ In a recent study of cyclic loading, the axial displacements were observed both in external and internal implant

^{*}Corresponding Author: Seong-Joo Heo

Department of Prosthodontics, School of Dentistry, Seoul National University,

²⁷⁵⁻¹ Yeongeon-Dong, Jongno-Gu, Seoul, 110-768, Korea

^{+82 2 2072 2661:} e-mail, 0504heo@hanmail.net

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after 1,000,000 cycles.¹⁶ However, the study simulated the laboratory procedure with implant replica, not with implant itself.

The discrepancy of axial displacement was observed between implant-abutment and replica-abutment group, i.e., the implant and the implant replica showed different amount of axial displacement.¹⁴ Therefore, the implant-abutment assembly would be more appropriate for simulating the oral condition, rather than implant replica-abutment assembly.

The aim of this study, therefore, was to evaluate the axial displacement of implant-abutment assembly, not replica-abutment, after cyclic loading in internal tapered connection system.

Materials and methods

1. Cyclic loading machine

The custom-made cyclic loading machine (Hatis Co., Hwaseong, Korea) was manufactured to simulate human chewing movement by using a cam and motor (Fig. 1A). As the pear-shaped cam rotates, the cam-housing cylinder makes contact with the abutment and applies chewing-like cyclic loads to it.¹⁷

The specimens were clamped into implant holder composed of collet and nut (Nikken, Japan) (Fig. 1B) by using torque wrench (230DB3, Tohnichi, Japan) in 30 kgf·cm and this assembly was con-

nected to the stainless steel holder. The assembly was fixed to the holder along the long axis of implant for vertical loads. The vertical loads would have a definitive effect on the axial displacement of the abutment to the implant. A hemispherical metal cap made of stainless steel was manufactured and seated onto the unmodified abutments (Fig. 1B).

2. Implants and abutments

Two different implant systems produced by Warantec (Seoul, Korea) were prepared. In this study, external type implant (Hexplant[®] \emptyset 4.3 × 13 mm, Art.No. FHT43130, Seoul, Korea) and internal type implant (Inplant[®] \emptyset 4.3 × 13 mm, Art.No. FIT43130, Seoul, Korea) were used (Table 1 and Fig. 2). Hexplant[®] has an external hex at the prospective connection with abutment, and Inplant[®] has an internal octagonal connection between the implant and abutment. The implant-abutment interfaces were external butt joint and 7 degree tapered internal connection, respectively.

Three types of abutment for cement-retained prostheses were used in this study. Straight Abutment[®] (ø 4.3, gingival height 2.0 mm, abutment height 6.0 mm Art.No. H0SA4326H, Seoul, Korea) was used for external type implant (Ext group), (Fig. 2A). Top Abutment[®] of 1-piece type (non-octagonal, ø 4.5, gingival height 2.0 mm, abutment height 6.0 mm Art.No. I0TA4526, Seoul, Korea) and Top



Fig. 1. Custom-made cyclic loading apparatus. A: Cyclic loading machine, 1): motor, 2): cam, 3): weight, 4): height adjusting screw 5): impact rod, 6): implant holder, B: Implant-abutment assembly was clamped into implant holder (collet and nut).

Table 1. Implant and abutment s	ystems used in this stud	у (7 samples per group)
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Group	Implant system/diameter	Art No.	Abutment	Art No.
Ext	Hexplant [®] , 4.3 mm	FHT43130	Straight Abutment® (ø 4.3, GH 2.0, AH 6.0)	H0SA4326H
Int-1	Inplant [®] , 4.3 mm	FIT43130	Top Abutment® (Non-Oct ø 4.5, GH 2.0, AH 6.0)	I0TA4526
Int-2	Inplant [®] , 4.3 mm	FIT43130	Top Abutment® (Oct ø 4.5, GH 2.0, AH 6.0)	I0TA4526E



Fig. 2. This picture shows three groups of implant-abutment assemblies. A: Ext group (left): Straight abutment[®] was connected to Hexplant[®] implant, B: Int-1 group (center): 1-piece type Top abutment[®] (non-octagonal) was connected to Inplant[®] implant, C: Int-2 group (right): 2-piece type Top abutment[®] (octagonal) was connected to Inplant[®] implant, C: Int-2 group (right): 2-piece type Top abutment[®] (octagonal) was connected to Inplant[®] implant, C: Int-2 group (right): 2-piece type Top abutment[®] (octagonal) was connected to Inplant[®] implant.



Fig. 3. Digital torque gauge (MGT50) was used to tighten the abutment into implant at desired torque.

Abutment[®] of 2-piece type (octagonal, ø 4.5, gingival height 2.0 mm, abutment height 6.0 mm Art.No. I0TA4526E, Seoul, Korea) were used for internal type implant, respectively (Int-1 and Int-2 group), (Fig. 2B and Fig. 2C).

For each group, seven implants and abutments were used, and each

assembly was clamped in an implant holder (Fig. 1B).

Each implant and abutment was connected and the torque was applied twice at 20 Ncm at a 10 minute interval using a digital torque gauge (MGT50, Mark-10 Co., Hicksville, NY, USA) (Fig. 3). In the instructions for user of the manufacturer, tightening at 30 Ncm was recommended. However, in this study, the desired torque was set to 20 Ncm to magnify the difference between groups.

The external type implant group was regarded as a control group that showed a less axial displacement than internal tapered implant group.¹⁶

3. Setting the applied load

According to whole height (h1) from the metal hemispherical cap to the base of implant holder, the prop for load cell was fabricated for same height (h2), *i.e.*, $h_1 = h_2$ (Fig. 4).

Each applied load was measured with a load cell (MNC-500L, CAS Korea, Seoul, Korea) and strain analysis program (STT-200P, CAS Korea, Seoul, Korea). A force of 150 N, which is within the physiologic clinical range,^{18,19} was set to be applied. The applied loads were adjusted to 150 ± 10 N by adjusting the height of impact position. In all experiments, loads of 150 ± 10 N at a frequency of 4 Hz were applied. The dynamic cyclic loads were confirmed by monitoring the strain analysis program (Fig. 5).



Fig. 4. Setting the applied load with a load cell. A: Height from metal cap to base of implant holder (h1) was measured for each implant-abutment assembly, B: The prop was adjusted for the load cell to be the same height $(h_1 = h_2)$.



Fig. 5. Monitoring the applied load using strain analysis program (STT-200P).

4. Measuring the length of implant-abutment

The total length of implant-abutment assemblies were mea-

sured using an electronic digital micrometer (No. 293-240, Mitutoyo,

Kawasaki, Japan), which was held in a vise. The initial length of

implant-abutment assemblies were measured after torque was

applied twice at a 10 minute interval (Fig. 6). Thereafter, the total

length of implant-abutment assemblies were measured at each

cycle of 0, 5, 10, 50, 100, 1,000, 5,000, and 10,000. The measurements

were made by the same operator and were accurate up to 0.001 mm

 $(1 \mu m)$ and the amount of axial displacement of the abutment into the



Fig. 6. Electronic digital micrometer.

implant was calculated by comparing the total length measurements of implant-abutment assemblies at each cycle.

5. Statistical analysis

Statistical analysis was performed using a repeated measures analysis of variance (ANOVA) for the overall effect of cyclic loading to the axial displacement of implant-abutment assemblies, and the independent samples T-test for post hoc comparison were conducted using SPSS 20 (IBM SPSS, USA). Differences at P<.05 were considered statistically significant.

In addition, the patterns of axial displacement according to the cyclic loading in each group were analyzed using R version 3.0.1 (The R foundation for Statistical Computing, Vienna, Austria) with package lme4: Linear mixed-effects models.²⁰ The mean responses at each cycle were transformed to common logarithmic scale to fit linear mixed models. Thereafter, the formula for this model was determined.

assembly

Results

The mean axial displacements of the abutment into the implant are shown in Table 2. There was significantly more axial displacement in the Int-1 and Int-2 group than that of Ext group. The mean axial displacement after 10,000 cycles were 0.714 \pm 0.488 μ m in Ext group, 5.286 \pm 1.604 μ m in Int-1 group, and 11.429 \pm 1.902 μ m in Int-2 group. Int-2 group showed the highest amount of axial displacement after cyclic loading followed in order by Int-1 and Ext group.

Mauchly's test indicated that the assumption of sphericity had been violated ($x^2 = 96.78$, *P*<.0001), therefore multivariate tests were used. The results revealed that the changes of axial displacement value showed statistically significant difference between groups (*P*<.05).

An independent samples T-test was performed for each group at

Table 2. Mean (SD) axial displacement of implant-abutment samples at each cycles (μ m)

C 1		Group			
Cycles	Ext	Int-1	Int-2		
0	0 (0)	0 (0)	0 (0)		
5	0 (0)	-1.714 (0.951)	-2.857 (2.268)		
10	-0.286 (0.488)	-2.857 (1.574)	-4.143 (2.478)		
50	-0.571 (0.535)	-3.857 (1.464)	-6.429 (2.299)		
100	-0.714 (0.488)	-4.143 (1.215)	-7.286 (2.563)		
1,000	-0.714 (0.488)	-4.714 (1.496)	-8.429 (2.225)		
5,000	-0.714 (0.488)	-5.143 (1.574)	-10.286 (1.89)		
10,000	-0.714 (0.488)	-5.286 (1.604)	-11.429 (1.902)		

Ext: External type implant; Int-1: Internal type implant with 1-piece abutment; Int-2: Internal type implant with 2-piece abutment.

내측연결형 임플란트에 체결한 지대주의 수직침하에 대하여 반복하중이 미치는 영향

corrected significance level by Bonferroni's method for post hoc comparison. A significant difference was found at each cycle between Ext and Int-1 group. Also, significant difference was found between Ext and Int-2 group at each cycle except cycle 5. However, for internal tapered implant-abutment group (Int-1 vs. Int-2), significant difference was found only after 1,000 cycles. Statistically significant difference was not found between Int-1 and Int-2 until 100 cycles.

The patterns of axial displacement for each group were analyzed by linear mixed models in R Statistics with package lme4. The patterns in logarithmic scale of each group revealed a breakpoint at 1.35, which is original value of at 21.387 cycles (Fig. 7 A and B). The Ext group showed no declining pattern in both before and after the breakpoint (P>.05). However, in the Int-1 and Int-2 group, there were continuous declining patterns with different slope in both before and after the breakpoint (Table 3).

Table 3. The patterns of axial displacement with a breakpoint at 1.35 in logarithmic scale

Slope	Estimate	SE	t value	P-value
β_{11}	-0.4456	0.5214	-0.855	.4027
β_{12}	-0.1085	0.2498	-0.434	.6689
β_{21}	-2.7607	0.5214	-5.295	<.0001
$eta_{\scriptscriptstyle 22}$	-0.6516	0.2498	-2.608	.0168
β_{31}	-4.1734	0.5214	-8.005	<.0001
β_{32}	-2.0970	0.2498	-8.394	<.0001

SE: standard error

In β ab, " β " denotes a regression coefficient, subscript "a" refer to the group (1: Ext group, 2: Int-1 group, 3: Int-2 group), and subscript "b" refer to the cycle (1: cycle ≤ 1.35 , 2: cycle > 1.35 in logarithmic scale).



Fig 7. The patterns of axial displacement of each group with linear mixed models. A: fitted models of axial displacement in logarithmic scale, B: fitted models of axial displacement in original values.

Discussion

The results of this study indicate a certain amount of axial displacement of abutment into implant according to the applied cyclic loading, especially in the internal tapered connection type design.

Ext group was set as a control group to compare with Int groups. In the Ext group, the amount of axial displacement of 0.714 μ m was achieved at 100 cycles, and no more axial displacement was found until 10,000 cycles. In the pattern analysis, no axial displacement was found in Ext group. However, internal tapered implant showed more axial displacement than external type implant. Furthermore, Int-2 group showed more axial displacement than Int-1 group. Between Int-1 and Int-2 groups, the values of axial displacement became statistically different after 1,000 cycles.

The result of this study is comparable with the results of earlier study which reported that internal implant group showed more axial displacement than that of the external implant group.¹⁶ The external type implant with a flat platform interface showed least amount of axial displacement (2.5 μ m for external implant group), and more axial displacement was found at internal tapered implant (8.1 μ m for internal implant group) after 1,000,000 cycles of 250 N loading for abutment-replica system with 30 Ncm tightening.

In the study of axial displacement of abutment as a function of tightening torque for implants and implant replicas, the different values for implant and implant replica group were found.¹⁴ In this regard, previous studies recommended that the abutment screws should be retightened twice at 30 Ncm at a 10 minute interval in all laboratory and clinical procedures, as the axial displacement of abutment with a function of applied tightening torque occurs.^{15,21,22} However, these studies are confined to the effect of tightening torque before cyclic loading application.

In this study, the tightening torque of 20 Ncm was applied, although the manufacturer recommended 30 Ncm tightening. The amount of axial displacement in 20 Ncm tightening was less than in 30 Ncm tightening.¹⁴ In this regard, the authors postulated that the change of amount of axial displacement would be magnified and can be easily detected after cyclic loading. However, recommended tightening torque of 30 Ncm is necessary in the further study.

The authors adopted the collet and nut system in measuring the axial displacement of abutment into the implant after repeated tightening torque. This system enabled the authors to mount and disassemble the abutment-implant assemblies from the implant holder with convenience. In virtue of simplicity of assembling, the length of implant-abutment assemblies were measured easily whenever it is necessary.

As the length of implant-abutment assemblies were measured at exponential pattern of cyclic loadings, the cycles were transformed to logarithmic scale for convenience. The patterns of axial displacement were analyzed by linear mixed models, and the formula was determined. As the breakpoint of pattern was found at 1.35 in logarithmic scale, the original value of cycles at 21.387 was determined. That is, significant axial displacement had occurred until 21 cycles.

However, in Int-1 and Int-2 group, continuous axial displacement in implant-abutment assemblies were found after 21 cycles and until 10,000 cycles without any plateau. In this study, the cyclic loading was applied up to 10,000 cycles. The 10,000 cycles correspond to only about 3.6 to 4.6 days in clinical situation.^{19,23} Since the explanation by Bozkaya and Muftu that axial location of tapered interference fit would converge on the certain extent,¹³ the axial displacement of abutment of Int-1 and Int-2 group could be speculated to converge at a specific value. However, in this study, the specific value or extent was not found during 10,000 cycles. Therefore, additional cyclic loading is required to calculate the specific extent.

Axial displacement was not noticed after 100 cycles in the Ext group with a total amount of less than 1 μ m. In this regard, the axial displacement of external butt-joint implant can be neglected in clinical situations. Therefore, in the clinical case of vertical stability is essential, the external butt-joint implant would be more appropriate.

Since this study was conducted with a specific company, the results may not provide generalized conclusion for other companies' implant systems. Therefore, additional experiments and clinical studies are imperative to acquire more generalized data.

Conclusion

Within the limitations of this study, following conclusions can be drawn:

- 1. The pattern of linear mixed model in Ext group showed no axial displacement.
- There were continuous axial displacement in abutment-implant assemblies during 10,000 cycles in the Int-1 and Int-2 group.
- 3. More axial displacement was found in Int-2 group than Int-1 group after 10,000 cycles.

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내측연결형 임플란트에 체결한 지대주의 수직침하에 대하여 반복하중이 미치는 영향

설현우¹·허성주^{1*}·곽재영¹·김성균¹·한종현²

'서울대학교 치의학대학원 치과보철학교실, 2연세대학교 강남세브란스병원 치과보철과

연구 목적: 내측연결형 임플란트와 지대주의 연결체에 반복하중을 부여하였을 때 수직 침하를 평가하고자 하였다.

연구 재료 및 방법: 외측연결형 임플란트와 내측연결형 임플란트에 세 종류의 시멘트유지형 지대주를 각각 장착하였다. 즉, 외측연결형 지대주(Ext 그룹), 내측연결형 1-picce 지대주(Int-1 그룹), 내측연결형 2-picce 지대주(Int-2 그룹)를 사용하였으며, 각 그룹마다 7개의 시편을 준비하였다. 임플란트-지대주 연결체에 수직하중을 적용하기 위하여 임플란트 받침대에 고정한 후, 4Hz의 빈도로 150 ± 10N의 반복하중을 가하였다. 수직침하량은 0,5, 10, 50, 100, 1,000, 5,000, 10,000회의 반복하중 후에 각각 측정하였다. 반복측정분산분석(RM-ANOVA)를 이용하여 반복하중의 영향을 분석하였으며, 패턴변화를 관찰하기 위하여 선형혼합모형(linear mixed model)을 사용하였다. 유의수준은 5% 로 설정하였다.

결과: 10,000회 반복하중 후 수직침하량은, Ext 그룹에서 0.714 ± 0.488 µm, Int-1그룹에서 5.286 ± 1.604 µm, Int-2 그룹에서 11.429 ± 1.902 µm를 나타내었다. 패턴분석에서는, Int-1 그룹 및 Int-2 그룹에서 지속적인 수직침하가 관찰되었으며, Ext그룹에서는 수직침하현상이 관찰되지 않았다.

결론: 10,000회 반복하중 후의 선형혼합모형을 통한 분석에서, Ext그룹은 수직침하현상을 보이지 않았으나, Int-1 및 Int-2 그룹은 지속적인 수직침하현상을 나타내었다. 또한, Int-2 그룹에서 Int-1 그룹보다 더 많은 수직침하량이 관찰되었다. (대한치과보철 학회지 2013;51:315-22)

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*교신저자: 허성주

110-768 서울특별시 종로구 연건동 275-1 서울대학교 치의학대학원 치과보철학교실 02-2072-2661: e-mail, 0504heo@hanmail.net 원고접수일: 2013년 10월 2일 / 원고최종수정일: 2013년 10월 10일 / 원고채택일: 2013년 10월 14일 ② 2013 대한치과보철학회
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