# 진단이 늦어진 기관삽관 후 발생한 턱관절 탈구

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- Abstract -

## Unrecognized Bilateral Dislocation of Temporomandibular Joint during Orotracheal Intubation

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Mandible dislocation during endotracheal intubation is an unusual occurrence but easy to be overlooked for its unfamiliarity. We recently had a case of iatrogenic bilateral dislocation of a temporomandibular joint during orotracheal intubation and emphasize the importance of an early awareness of this possible complication. [ J Trauma Inj 2015; 28: 75-78 ]

Key Words: Temporomandibular joint, Orotracheal intubation

#### I. Introduction

Temporomandibular joint (TMJ) dislocation during orotracheal intubation is a rare occurrence.(1-6) TMJ dislocation that occurs during operations is often unnoticed until patients become aware of pain and swelling.(1) We recently had a case of iatrogenic bilateral dislocation of a TMJ during orotracheal intubation. This is a case report of delayed diagnosis of TMJ dislocation during intubation in an unconscious patient who stayed comatose for several days.

#### II. Case

A 65-year-old female patient was transferred to emergency room with a history of sudden collapse just before. The patient was comatose at the initial presentation. Head computed tomography (CT) demonstrated intraventricular hemorrhage with hydrocephalus. She was given etomidate for anesthetic induction and immediately intubated without difficulty by an attending doctor. After confirming that the orotracheal tube was well positioned, we

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Submitted : February 4, 2015 Revised : March 19, 2015 Accepted : May 15, 2015 attempted to insert extraventricular drainage catheter for decompression of increased intracranial pressure. The next day, the patient regained the consciousness progressively and could obey doctor's commands. The on-call resident decided to extubate the orotracheal tube and did it without difficulty.

During the night, however, the patient's consciousness was rapidly deteriorated: she had to be intubated again and ventilated. The patient was treated in intensive care unit (ICU) with complicated indwelling catheters for drainage of intraventricular hematoma and mechanical ventilator support. On the 3th day in ICU, she was suspected of protruding her tongue much compared with those of other patients who were intubated. We reviewed all previously scanned skull X-ray and head CT imaging. Then, we noticed that we missed the detection of bilateral TMJ dislocation after orotracheal intubation (Fig. 1).

As we were not familiar with the technique of reduction of dislocated jaw, a specialist was consulted. The bilateral TMJ dislocation was reduced with

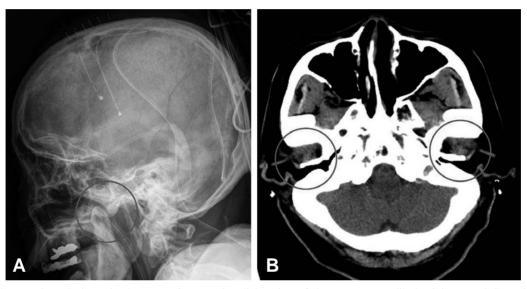


Fig. 1. Skull X-ray lateral view (A) demonstrating anterior dislocation of the temporomandibular joint. Head CT axial view (B) depicting dislodgement of the condyles from glenoid fossa.

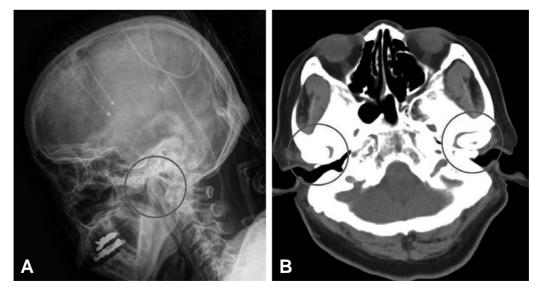


Fig. 2. Skull X-ray lateral view (A) demonstrating normal position of the temporomandibular joint after reduction. Head CT axial view (B) depicting the reduced condyles into glenoid fossa.

the traditional transoral approach without any form of anesthesia by emergency room clinician. He reset the dislocated jaw, then the awkwardly protruded mouth and tongue was reduced. Imaging confirmed the normal position of dislocated TMJ after manual reduction (Fig. 2).

The patient was treated well and discharged 1 month later without any problem in mouth opening.

### III. Discussion

TMJ dislocation is the dislodgement of the condyle from its normal position in the squamo-temporal portion of the cranial base.(7,8) Anterior and anteromedial dislocations are the most common ones observed. Subluxation refers to a condition in which the TMJ is transiently displaced without complete loss of articulating function, and is usually selfreduced by the patient. It could occur spontaneously or by trauma, endotracheal intubation, dental procedures, endoscopy, transesophageal echo probe placement, yawning, laughing, vomiting and seizure.(3) Such TMJ instability including TMJ subluxation and hypermobility has a prevalence of up to 25~50% in the general population, and is most common in middle-aged females.(9) These patients may have no signs and symptoms or may present with clicking, pain, or chronic dislocations. Frequent dislocation may also be seen in patients with connective tissue disease, such as Ehlers-Danlos syndrome or muscular dystonias.(7,10,11)

The diagnosis is usually obvious by the characteristic wide open mouth with the inability to close it. Spontaneous movement of the mandible, if present at all, is usually restricted.(5) Acute TMJ dislocation is associated with pain and severe tenderness over the TMJ areas. Awake patients will often complain of pain in the area of the TMJ, which quickly suggest the diagnosis.

However, in patients with a decreased level of consciousness due to brain pathology or sedation like our patient, one should be highly aware of this possible complication in order to detect it early; otherwise, the dislocation might be overlooked. On palpation, the condyles of the mandible could be felt below the zygomatic arch. Palpation of the condyle below the zygomatic arch could reveal its absence from the glenoid fossa. Radiologic findings of the TMJ will confirm the diagnosis.

It is uncertain the exact time at which the dislocation occurred in our patient, but the on-call resident seemed to be encountered difficulty during the orotracheal intubation after he was notified that the patient's neurologic status was rapidly deteriorated. A rigorous forward thrust of the jaw and maximal opening of the mouth may cause dislocation of a meniscus in  $TMJ_{(7,12)}$  The doctor should have determined that the mandible is restored after it has been widely opened. However, its diagnosis was overlooked not only by the doctor but also by our team who were all unfamiliar with this pathology. Unfortunately for our patient, the TMJ dislocation was unrecognized for several days. Delay of diagnosis for over a month has been reported in patients with head trauma or sedation after cardiac surgery.(3,13)

The dislocation can often be reduced by manual technique. Operator in front of the patient places his thumbs near the posterior teeth with his fingers grasping the lower edge of the mandible. Downward pressure on the posterior teeth and upward movement of the chin, along with posterior displacement of the entire mandible should be applied allowing an immediate simple manual reduction. Dislocations should be reduced early, since spasm of the external pteygoid and other muscles may ankylose the jaw.(5) If left untreated for longer than 14 days, fibrosis and even fractures become increasingly apparent, which may require surgical treatment.(13)

Considering this unusual presentation, we would like to emphasize the importance of an early awareness of the potential for TMJ dislocation during routine intubation maneuvers. Furthermore, clinicians who deal with airway management should be given some information in resetting the dislocated TMJ.

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