

Effect of Picrorrhizae Rhizoma Aqueous Extracts on Paw Chronic Inflammation In Mice

Ji-Young Leem¹, Sae-Kwang Ku², Bu-Il Seo¹, Mi-Hye Jeon¹, Ji-Ha Park¹

¹Department of Herbology, College of Oriental Medicine, Daegu Hanny University

²Department of Anatomy and Histology, College of Oriental Medicine, Daegu Hanny University

Objectives: The purpose of this study was to examine the efficacy of Picrorrhizae Rhizoma (PR) aqueous extracts on the formalin-induced paw chronic inflammation in mice.

Methods: PR extracts (500, 250 and 125mg/kg) or distilled water (DW) were orally administered once a day for 10 days to formalin-injected chronic inflammatory mice. The paw thicknesses and volumes were measured daily and the paw wet-weight and histological profiles were conducted at termination with paw tumor necrosis factor (TNF)- α contents measurement. The anti-inflammatory effects of PR extracts were compared with dexamethasone.

Results: In DW treated control group, the paw thickness, paw wet-weights and paw TNF- α contents were markedly increased. Severe chronic inflammation signs such as severe fibrosis, the formation of necrotic debris, and infiltration of inflammatory cells were detected in histopathological observations. However, these formalin-induced changes were dramatically decreased by treatment of dexamethasone and all three different dosages of PR extracts. The anti-inflammatory effects of PR at highest dose were slighter than that of dexamethasone, but it did not show any harmful effects on the body weight contrary to dexamethasone.

Conclusion: These results suggest that PR extracts have safe and favorable effects on formalin-induced chronic inflammation.

Key Words : Chronic inflammation, Picrorrhizae Rhizoma, Dexamethasone, tumor necrosis factor (TNF)- α

Introduction

Inflammation is an essential protective process preserving the integrity of organisms against physical, chemical and infective insults. However, the inflammatory response to several insults frequently leads to erroneous damage to normal tissues¹. Physical damage, chemical substances, micro-organisms and other agents are all possible causes of acute inflammation. The inflammatory responses to such insults consist of changes in blood flow, increased

permeability of blood vessels and the subsequent escape of cells from the blood into the tissues. The changes are essentially the same regardless of the cause or its location. Chronic inflammation is an inflammatory response of prolonged duration: weeks, months, or even indefinitely, where the extended time course is provoked by the persistence of the causative stimulus for inflammation in the tissue^{2,3}. Formalin-injected hind-paw chronic inflammatory mice were generally has been used as one of classic method to detect the efficacy of anti-inflammation.

• Received : 25 May 2015 • Revised : 18 June 2015 • Accepted : 19 June 2015

• Correspondence to : Ji-Ha Park

Department of Herbology, College of Oriental Medicine, Daegu Hanny University

1 Haanydaero, Gyeongsan-si, Gyeongsanbuk-Do, Korea

Tel : +82-53-819-1874, Fax : +82-53-819-1850, E-mail : circle36@dhu.ac.kr

Because marked chronic inflammations were evoked by aponeurotic formalin injection, the effect of a drug would be based on observation of induced paw weight, volumes and histopathological changes, mainly paw and digit skin^{2,4,5,6,7}. It has recently been provided evidence of a widespread role of tumor necrosis factor- α (TNF- α) in mediating hyperalgesia at different levels⁸, both facilitating neuronal excitability and triggering the release of other pro-inflammatory substances^{9,10}. Therefore, TNF- α is treated as one of a key pro-inflammatory cytokines in acute and chronic inflammation models^{11,12}. Steroids have been a popular choice for treating various inflammatory disorders; however, the potential for significant local and systemic adverse events, like skin atrophy and hypothalamic-pituitary-adrenal axis suppression, has limited their use¹⁴. Dexamethasone is well-known glucocorticoid, and it is the most widely used anti-inflammatory drugs as control drug on development of the new anti-inflammatory drugs^{2,3,6,14}.

A traditional Korean herbal medicine, Picrorrhizae Rhizoma (PR) is a dried root and stem of *Picrorrhiza kurroa*, and has been used as hepatoprotective agents such as jaundice. Until now, the nitric oxide scavenging activity¹⁵, cardioprotective effect¹⁶, anti-cancer effect^{17,18}, anti-diabetic activity¹⁹, anti-viral effect²⁰, immunostimulatory or immunomodulatory effects^{21,22,23}, hypolipidemic and hepatoprotective effects^{24,25,26} of PR extracts have been evaluated. In addition, PR extracts also showed anti-inflammatory effects after oral administration on xylene-induced acute ear inflammation²⁷ and on 2,4-dinitrofluorobenzene-nudced contact dermatitis²⁸ with single mouse oral dose toxicity²⁹. Although the effect of enhancing the immune system can worsen or even induce inflammation, immunomodulators can be activates macrophages or neutrophils and can remove the cellular debris resulting from oxidative damage, thereby speeding-up the recovery of damaged tissue^{2,30,31}. Meanwhile, an immunomodulatory agent

can reduce the inflammation previously observed³². For example, nitric oxide (NO) plays an important role in inflammation, and NO synthase inhibitors can reverse several classic inflammatory symptoms³³ as related to anti-oxidative effects². Therefore, it can be postulated that PR extracts will have a favorable effect on reducing or speeding-up the recovery from local chronic inflammation induced by irritants mediated by already known its anti-inflammatory²⁷, anti-oxidative¹⁵ and/or immunomodulatory^{21,22,23} effects.

In the present study, the possible anti-inflammatory effects of PR extracts, a traditional Korean herbal medicine were evaluated on the formalin-induced mice paw chronic inflammation, one of the simplest animal models for detecting chronic anti-inflammation.

Materials and Methods

1. Animals and husbandry

Forty-two male ICR mice (6-wk old upon receipt, SLC, Japan) were used after acclimatization for 7 days. Animals were allocated four per polycarbonate cage in a temperature (20-25°C) and humidity (40-45%) controlled room. Light: dark cycle was 12hr: 12hr and feed (Samyang, Korea) and water were supplied free to access. All animals were fasted overnight before start of PR extracts and dexamethasone administration, and sacrifice (about 18hrs with ad libitum access to water). Total six groups, seven mice per group were used in this study as follows (Table 1). All animals were treated according to the Guide for the Care and Use of Laboratory Animals by Institute of Laboratory Animal Resources, Commission on Life Science, National Research Council, USA on 1996, Washington D.C.

2. Preparations and administration of test materials

The PR was purchased from Cho-Heung

Table 1. Experimental Design Used in This Study

| Groups | Administrations | | | Formalin-treats |
|------------------|-----------------|----------------|---------------------------|-----------------|
| | Routes | Dosage (mg/kg) | Frequency | |
| Intact control | Oral | - | | None (saline) |
| Formalin control | Oral | - | | 0.02ml (twice) |
| Dexamethasone | Intraperitoneal | 15mg/kg | Once a day for 10 days | 0.02ml (twice) |
| PR 500 | Oral | 500mg/kg | | 0.02ml (twice) |
| PR 250 | Oral | 250mg/kg | | 0.02ml (twice) |
| PR 125 | Oral | 100mg/kg | | 0.02ml (twice) |

Pharmaceutical Ind. Co. (Daegu, Korea) after confirming the morphology under microscopy. The voucher specimen has been deposited at Department of Herbal Biotechnology, Daegu Haany University (voucher number: DHU083-PR). The prepared PR (103 g) was boiled in 2 L of distilled water for 2 hrs and filtrated. The filtrate was decompressed using a rotary vacuum evaporator (Lab. Camp, Korea) and lyophilized in a programmable freeze dryer (IIShin Lab., Korea). Total acquired PR extracts was 26.4g (yield 25.65%). Powders of PR extracts were stored in a refrigerator at -10°C to protect against light and moisture. Three different dosages of PR aqueous extracts - 500, 250 and 125mg/kg were selected based on the results on the xylene-induced acute inflammation²⁷⁾, and 15mg/kg of intraperitoneal treatment of dexamethasone was also selected from previous report^{2,3,27)}. The PR extracts dissolved in distilled water were orally administered and dexamethasone dissolved in saline was intraperitoneally administered once a day for 10 days. For intact and formalin control mice, only vehicle (distilled water) was orally administered at a volume of 10ml/kg instead of PR extracts or dexamethasone in the present study. (Table 1)

3. Induction of chronic inflammation

One hour before start of test article administration, a subaponeurotic injection of 0.02ml of 3.75% formalin (Sigma, MO, USA) was administered to the

left hind paw (planta pedis) on the first and third day of the experiment. The right hind paw was considered as the control. In the case of the intact control, the same volume of saline as that used in the other dosing groups, including the formalin control, was administered in the same region using the same method according to the previous method²⁾.

4. Changes in body weights

Daily body weights of all experimental animals used in this study were measured from 1 day before start of test article and formalin treatment, once a day to 10 days with automatic electronic balance (Precisa Instrument, Switzerland). In addition, body weight changes during 10 days of test article or vehicle treatment periods as follows:

EQUATION 1. Body weight gains (g)

$$= (\text{Body weights at sacrifice} - \text{body weights at start of test article or vehicle treatments})$$

5. Paw thickness and volume measurements

The thicknesses of the induced paw were measured using an electronic digital caliper (Mytutoyo, Japan) and recorded once a day for 10 days from 1 hr before first formalin injection. One hour before the formalin-injection or 2 hrs before test articles administration, the lengths of the long axis (longitudinal; excluding dactyl region) and short axis (cross) of induced hind paws were measured

using an electronic digital caliper and recorded once a day for 10 days. The paw volume was calculated as follows according to the previous report²⁾ :

EQUATION 2. Paw volume (mm³)
= 1/2(length of long axis × length of short axis × thickness of paw)

6. Paw wet-weight measurement

At sacrifice, the wet-weight of induce paws was measured, and to reduce any deviation due to individual body weight differences, the relative weight (%) was calculated using the body weight at sacrifice and absolute weight as follows:

EQUATION 3. Relative paw weights (% of body weight)
= (Absolute weight / Body weight at sacrifice) × 100

7. Paw TNF- α content measurement

After paw wet-weight measurements, for TNF- α evaluation, skin samples of the left induced paws were homogenized in 3 ml of phosphate-buffered saline (PBS) containing 10 mM EDTA and 20KIU/ml aprotinin (Sigma, MO, USA). After centrifugation at 10,000×g, the supernatant were frozen at -70°C for TNF- α assay as previous report¹¹⁾. The levels of TNF- α in paw supernatants were measured by means of an enzyme-linked immunosorbent assay (ELISA) kit specific for mouse TNF α (Bender Medsystem, Prodotti Gianni, Milano, Italy). The anti-TNF capture monoclonal antibody (mAb) (5 Ag/ml) was absorbed on a polystyrene 96-well plate and the TNF- α present in the sample was bound to the antibody-coated wells. The biotinylated anti-TNF detecting mAb (0.25 Ag/ml) was added to bind TNF- α captured by the first antibody. After washing, streptavidin-peroxidase was added to the wells to detect the biotinylated detecting antibody and finally TMB substrate was added. A colored product was formed in proportion to the amount of

TNF- α present in the sample, which was measured at optical density 450 nm. The amount of cytokine in each supernatant was extrapolated from the standard curve. The standards were recombinant cytokine curves generated in doubling dilutions from 2500 to 39pg/ml.

8. Histopathology

The dorsum pedis (including the subcutaneous regions) skin were separated from the hind paws, and longitudinally trimmed. Thereafter, they were fixed in 10% neutral buffered formalin. In addition, metatarsal regions including second metatarsal bones were crossly trimmed, and fixed in 10% neutral buffered formalin. Then decalcified using decalcifying solution [24.4% formic acid, and 0.5N sodium hydroxide] for 5 days (mixed decalcifying solution was exchanges once a day for 5 days). After that, prepared dorsum pedis skin and metatarsal regions embedded in paraffin, sectioned (3~4 μ m) and stained with Hematoxylin & Eosin (H&E). The histological profiles of the paws were observed ompared with that for the intact control.

Histomorphometry - The thicknesses from epidermis to hypodermis of dorsum pedis (thickness-dorsum pedis) and dorsum digit skin (thickness-dorsum digit) were measured as histomorphometrical analyses with number of infiltrated inflammatory cells on skin of dorsum pedis (IF cells-pedis) and dorsum digit (IF cells-digit) on longitudinally trimmed induced dorsum pedis skin and crossly trimmed metatarsal regions. The histopathologist was blindes to group distribution when this analysis was made.

9. Statistical analyses

All data were expressed Mean \pm standard deviation (SD) of seven mice, and multiple comparison tests for different dose groups were conducted. Variance homogeneity was examined using the Levene test. If the Levene test indicated no significant deviations

from variance homogeneity, the obtained data were analyzed by one way ANOVA test followed by least-significant differences (LSD) multi-comparison test to determine which pairs of group comparison were significantly different. In case of significant deviations from variance homogeneity were observed at Levene test, a non-parametric comparison test, Kruskal-Wallis H test was conducted. When a significant difference is observed in the Kruskal-Wallis H test, the Mann-Whitney U-Wilcoxon Rank Sum W test was conducted to determine the specific pairs of group comparison, which are significantly different. Statistical analyses were conducted using SPSS for Windows (Release 6.1.3., SPSS Inc., USA).

Results

1. Changes on the body weight

No meaningful changes on the body weights and

gains were detected in formalin control as compared with intact control throughout total 10 days of experimental periods. However, dexamethasone-treated mice showed significant ($p < 0.01$ or $p < 0.05$) decreases on the body weights and gains were detected from 3 days after administration as compared with intact and formalin control, respectively. In addition, marked significant ($p < 0.01$ or $p < 0.05$) increases of the body weights and gains were detected in PR extracts 500mg/kg treated mice from 5 days after administration as compared with intact and formalin control (arrows), respectively. Anyway no meaningful changes on the body weights and gains were detected in PR extracts 250 and 125mg/kg treated mice as compared with intact control throughout total 10 days of experimental periods, respectively (Fig 1 and 2).

2. Changes in paw thickness

A significant ($p < 0.01$) increase of induced paw

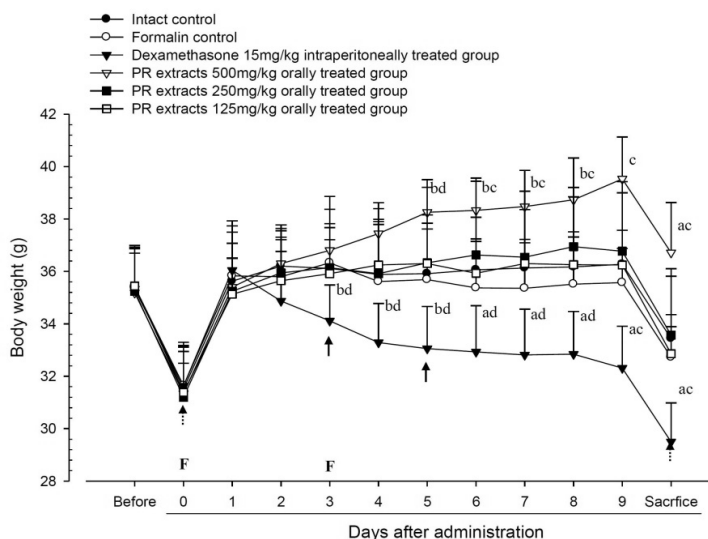


Fig. 1. Body Weights Detected during 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin-induced Chronic Inflammation Mice

Values are expressed mean, S.D. of seven mice; PR, aqueous extracts of Picrorrhizae Rhizoma; Before means 1 day before first formalin treatment or start of test material administration; Subaponeurotic injection of formalin was conducted at Day 0 and Day 3, respectively (F); All animals were overnight fasted at Day 0 and sacrifice (dot arrows); ^a $p < 0.01$ and ^b $p < 0.05$ as compared with intact control by ANOVA test; ^c $p < 0.01$ and ^d $p < 0.05$ as compared with Formalin control by ANOVA test.

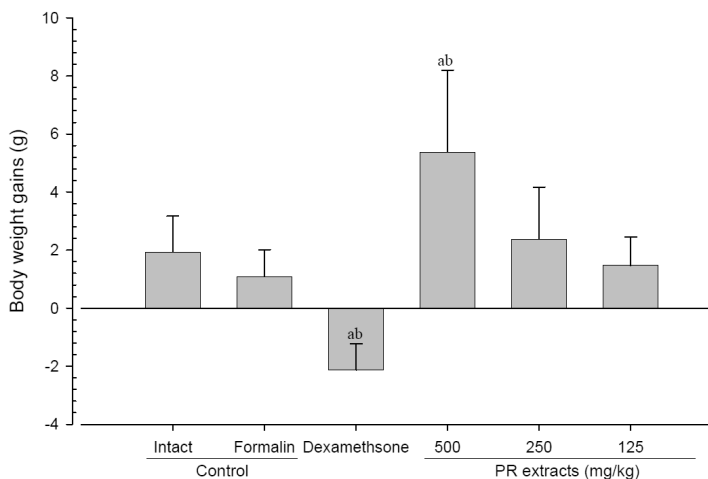


Fig. 2. Body Weights Gains after 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin-induced Chronic Inflammation Mice

Values are expressed mean, S.D. of seven mice; PR, aqueous extracts of Picrorrhizae Rhizoma; ^a $p < 0.01$ as compared with intact control by ANOVA test; ^b $p < 0.01$ as compared with Formalin control by ANOVA test.

thickness was detected in the formalin-injected control compared with that in the intact control from 1 day after formalin injection, accordingly the changes of paw thicknesses during 10 days of experimental periods were also significantly ($p < 0.01$) increased in the present study. However, the paw thicknesses were significantly ($p < 0.01$ or $p < 0.05$) decreased compared with that in the formalin-injected control from 3 day after start of dexamethasone treatment, from 5 days after start of PR extracts 500mg/kg treatment and from 7 days after start of PR extracts 250 and 125mg/kg administration, and the changes of thicknesses were also significantly ($p < 0.01$) decreased in dexamethasone and all three different dosages of PR extract treated mice as compared with formalin control, respectively. A clear dose-dependent decrease in the paw thickness was detected in the PR extract administered groups (Fig 3 and 4).

3. Changes in paw volume

A significant ($p < 0.01$) increase of induced paw

volume was detected in the formalin-injected control compared with that in the intact control from 1 day after formalin injection, accordingly the changes of paw volumes during 10 days of experimental periods were also significantly ($p < 0.01$) increased in formalin control. However, the paw volumes were significantly ($p < 0.01$ or $p < 0.05$) decreased compared with that in the formalin-injected control from 3 days after start of dexamethasone, from 6 days after start of PR extracts 500mg/kg treatments and from 7 days after start of PR extracts 250 and 125mg/kg administration, and the changes of volume were also significantly ($p < 0.01$) decreased in dexamethasone and all three different dosages of PR extract treated mice as compared with formalin control, respectively. A clear dose-dependent decrease in the paw volume was detected in the PR extract administered groups (Fig 5 and 6).

4. Changes in paw weight

A significant ($p < 0.01$) increase of induced paw absolute and relative weights was detected in the

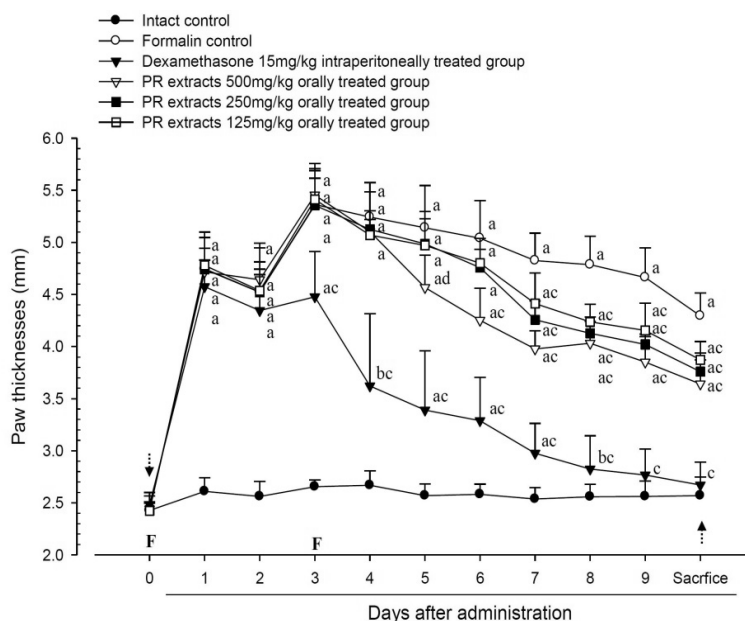


Fig. 3. Paw Thicknesses Detected during 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin-induced Chronic Inflammation Mice

Values are expressed mean, S.D. of seven mice; PR, aqueous extracts of Picrorrhizae Rhizoma; Subaponeurotic injection of formalin was conducted at Day 0 and Day 3, respectively (F); All animals were overnight fasted at Day 0 and sacrifice (dot arrows); ^a p<0.01 and ^b p<0.05 as compared with intact control by ANOVA test; ^c p<0.01 and ^d p<0.05 as compared with Formalin control by ANOVA test.

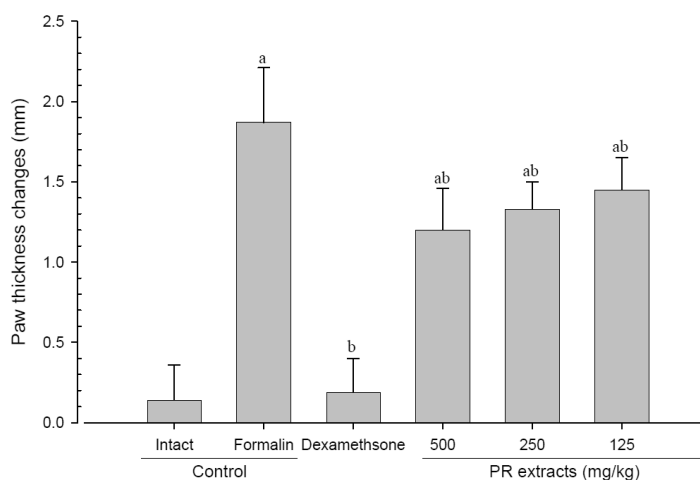


Fig. 4. Paw Thicknesses Changes after 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin-induced Chronic Inflammation Mice

Values are expressed mean, S.D. of seven mice; PR, aqueous extracts of Picrorrhizae Rhizoma, a dried root and stem of *Picrorrhiza kurroa*; ^a p<0.01 as compared with intact control by ANOVA test; ^b p<0.01 as compared with Formalin control by ANOVA test.

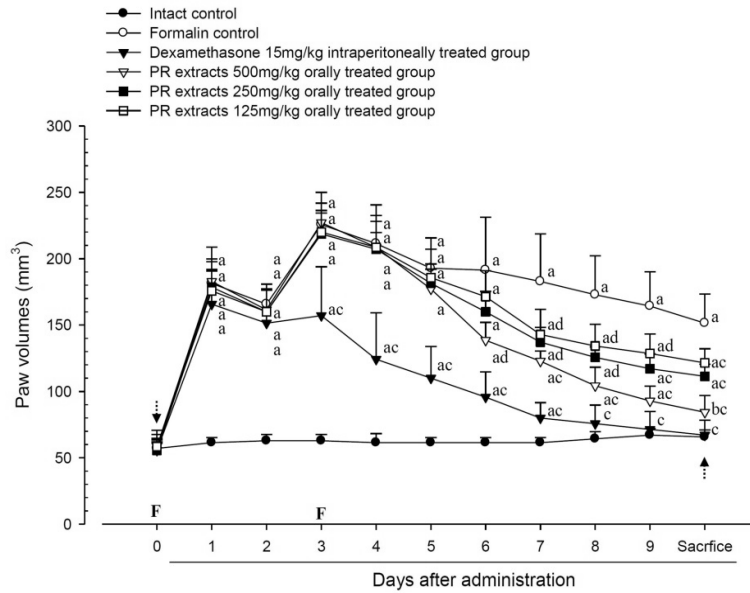


Fig. 5. Paw Volumes Detected during 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin-induced Chronic Inflammation Mice

Values are expressed mean, S.D. of seven mice; PR, aqueous extracts of Picrorrhizae Rhizoma; Subaponeurotic injection of formalin was conducted at Day 0 and Day 3, respectively (F); All animals were overnight fasted at Day 0 and sacrifice (dot arrows); ^a p<0.01 and ^b p<0.05 as compared with intact control by ANOVA test; ^c p<0.01 and ^d p<0.05 as compared with Formalin control by ANOVA test.

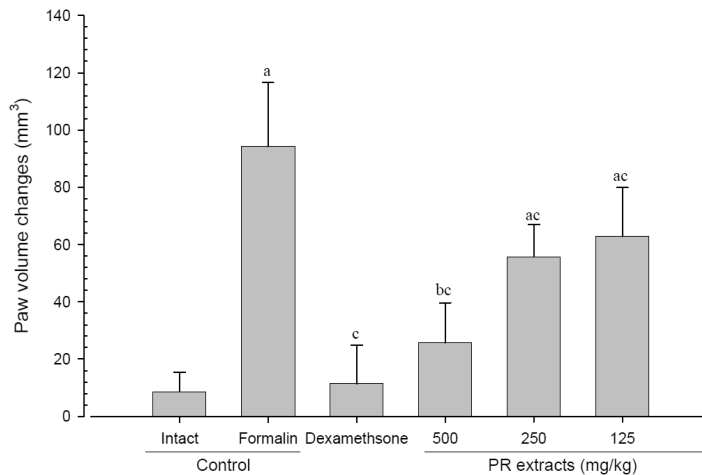


Fig. 6. Paw Volume Changes after 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin-induced Chronic Inflammation Mice

Values are expressed mean, S.D. of seven mice; PR, aqueous extracts of Picrorrhizae Rhizoma; ^a p<0.01 and ^b p<0.05 as compared with intact control by ANOVA test; ^c p<0.01 as compared with Formalin control by ANOVA test.

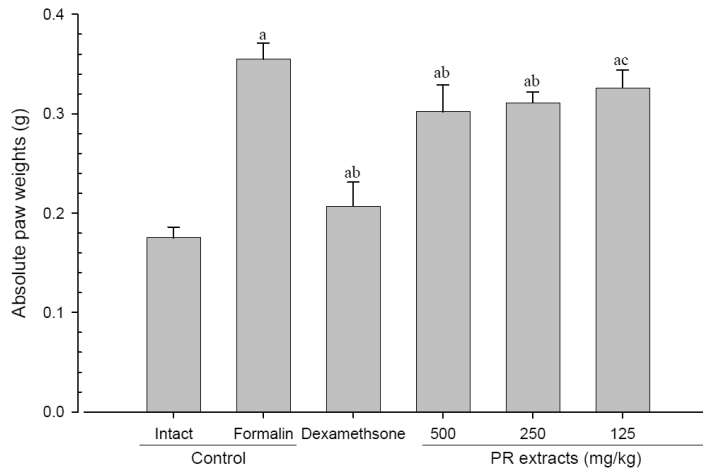


Fig. 7. Absolute Paw Weights Detected after 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin–induced Chronic Inflammation Mice

Values are expressed mean, S.D. of seven mice; PR, aqueous extracts of Picrorrhizae Rhizoma; ^a $p < 0.01$ as compared with intact control by ANOVA test; ^b $p < 0.01$ and ^c $p < 0.05$ as compared with Formalin control by ANOVA test.

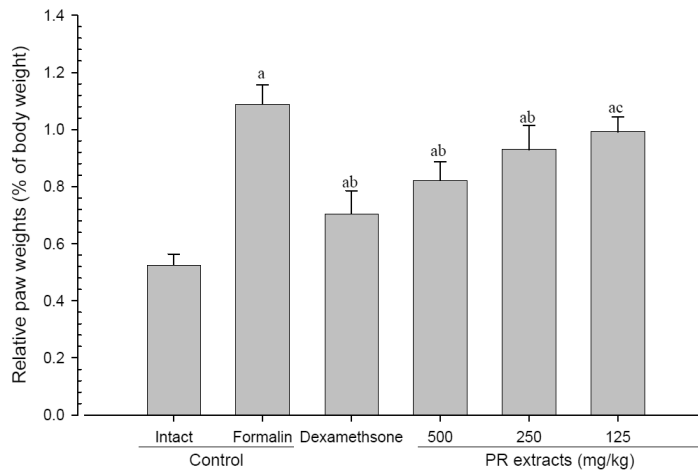


Fig. 8. Relative Paw Weights Detected after 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin –induced Chronic Inflammation Mice

Values are expressed mean, S.D. of seven mice; PR, aqueous extracts of Picrorrhizae Rhizoma; ^a $p < 0.01$ as compared with intact control by ANOVA test; ^b $p < 0.01$ and ^c $p < 0.05$ as compared with Formalin control by ANOVA test.

formalin-injected control compared with that in the intact control. However, the paw weights were significantly ($p < 0.01$ or $p < 0.05$) decreased in all administered groups compared with that in the

formalin-injected, respectively. A clear dose-dependent decrease in the paw weights was detected in the PR extract administered groups (Fig 7 and 8).

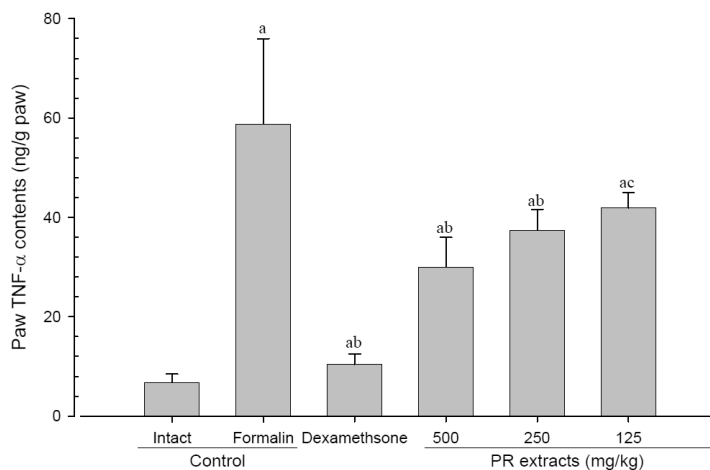


Fig. 9. Paw TNF- α Contents Measured after 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin-induced Chronic Inflammation Mice

Values are expressed mean, S.D. of seven mice; PR, aqueous extracts of Picrorrhizae Rhizoma; TNF- α , Tumor necrosis factor- α ; ^a $p < 0.01$ as compared with intact control by ANOVA test; ^b $p < 0.01$ and ^c $p < 0.01$ as compared with Formalin control by ANOVA test.

5. Changes in paw TNF- α contents

A significant ($p < 0.01$) increase of induced paw TNF- α contents was detected in the formalin-injected control compared with that in the intact control. However, the paw TNF- α contents were significantly ($p < 0.01$ or $p < 0.05$) decreased in all administered groups compared with that in the formalin-injected, respectively. A clear dose-dependent decrease in the paw TNF- α contents was detected in the PR extract administered groups (Fig 9).

6. Histopathology

Histopathological changes related to chronic inflammation, such as severe fibrosis, the formation of necrotic debris, and infiltration of inflammatory cells, were observed in the both dorsum pedis and dorsum digit skins of formalin-injected control, leading to the hypertrophy of subcutaneous regions. In all the administered groups, including the PR extract treated groups; these histopathological changes were dramatically decreased as compared

with formalin-injected control. In addition, a clear dose-dependency was also demonstrated in the PR extracts treated groups (Fig 10 and 11).

1) Changes of paw skin thicknesses

Significant ($p < 0.01$) increases in the thickness of the dorsum pedis and dorsum digit of the induced paw were detected in the formalin control as compared with intact control. However, this increased thickness was dramatically decreased in all the dosed groups when compared with that in the formalin-injected control. In addition, a clear dose-dependency was also demonstrated in the PR extracts treated groups (Table 2).

2) Changes of the numbers of inflammatory cells infiltrated in paw skin

Significant ($p < 0.01$) increases in the numbers of the inflammatory cells on the dorsum pedis and dorsum digit of the induced paw were detected in the formalin control as compared with intact control. However, this increased infiltrated inflammatory cells

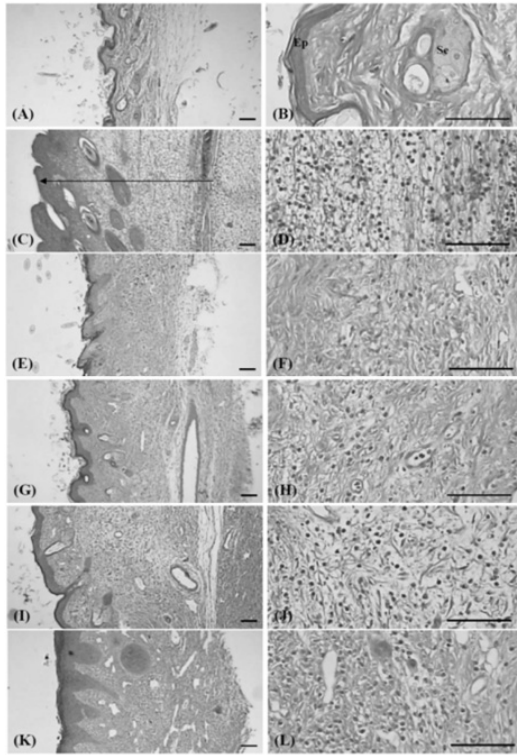


Fig. 10. The Representative Histological Profiles of Dorsum Pedis Observed after 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin-induced Chronic Inflammation Mice

Intact control mice (A, B); Formalin control mice (C, D); Dexamethasone 15mg/kg treated mice (E, F); PR extracts 500mg/kg treated mice (G, H); PR extracts 250mg/kg treated mice (I, J); PR extracts 125mg/kg treated mice (K, L)

PR, aqueous extracts of Picrorrhizae Rhizoma; Arrow indicated the thicknesses of dorsum pedis skin measured; Ep, epithelium - keratinized stratified squamous epithelium; Se, sebaceous gland; All H&E stain; Scale bars = 160 μ m.

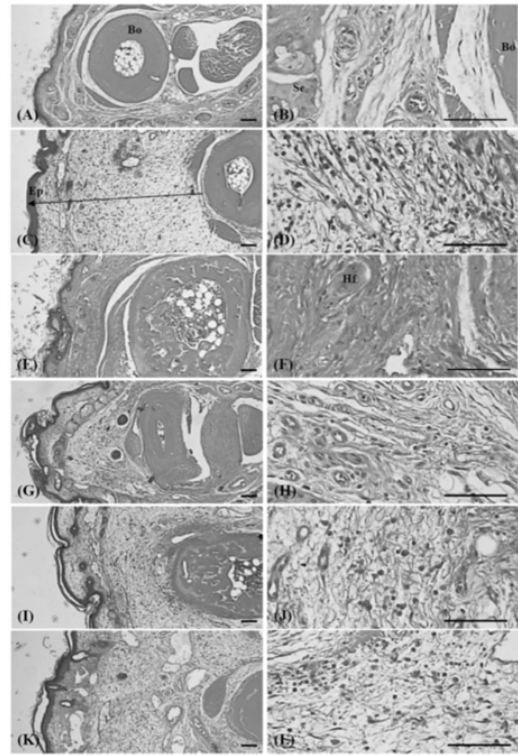


Fig. 11. The Representative Histological Profiles of Dorsum Digit Observed after 10 Days of Continuous Oral Treatment Periods of PR extracts in Formalin-induced Chronic Inflammation Mice

Intact control mice (A, B); Formalin control mice (C, D); Dexamethasone 15mg/kg treated mice (E, F); PR extracts 500mg/kg treated mice (G, H); PR extracts 250mg/kg treated mice (I, J); PR extracts 125mg/kg treated mice (K, L)

PR, aqueous extracts of Picrorrhizae Rhizoma; Arrow indicated the thicknesses of dorsum digit skin measured; Bo, metatarsal bones; Hf, hair follicle; Ep, epithelium - keratinized stratified squamous epithelium; Se, sebaceous gland; All H&E stain; Scale bars = 160 μ m.

were dramatically and significantly ($p < 0.01$ or $p < 0.05$) inhibited by treatment of dexamethasone and all three different dosages of PR extracts, respectively as compared with formalin-injected control. In addition, a clear dose-dependency was also demonstrated in the PR extracts treated groups (Table 2).

Discussion

In the present study, the possible anti-inflammatory effects of PR extracts, a traditional Korean herbal medicine were evaluated on formalin-induced mice paw chronic inflammation, one of the simplest animal models for detecting chronic anti-inflammation^{2,4,5,6,7} as comparing with dexamethasone, 15mg/kg intraperitoneally treated mice.

As results of twice subaponeurotic formalin

Table 2. Changes on the Histomorphometry Analyses of Induced Paw Skins in Formalin-induced Chronic Inflammation Mice

| Group | Thicknesses of skin(mm) | | Number of inflammatory cells (cells/mm ²) | |
|---------------|--------------------------|--------------------------|-------------------------------------------------------|------------------------------|
| | Dorsum pedis (mm) | Dorsum digit | Infiltrated in dorsum pedis | Infiltrated in dorsum digit |
| Controls | | | | |
| Intact | 0.89±0.24 | 0.87±0.19 | 11.29±5.65 | 30.57±1097 |
| Formalin | 2.88±0.22 ^a | 2.62±0.38 ^a | 1343.71±306.79 ^a | 740.71±176.91 ^a |
| Dexamethasone | 1.26±0.13 ^{a,c} | 1.12±0.23 ^{b,c} | 92.29±23.77 ^{a,c} | 132.14±40.35 ^{a,c} |
| PR treated as | | | | |
| 500mg/kg | 1.86±0.19 ^{a,c} | 1.65±0.15 ^{a,c} | 208.14±15.17 ^{a,c} | 175.43±32.76 ^{a,c} |
| 250mg/kg | 2.28±0.15 ^{a,c} | 1.85±0.13 ^{a,c} | 533.14±100.68 ^{a,c} | 221.00±43.58 ^{a,c} |
| 125mg/kg | 2.55±0.27 ^{a,c} | 2.17±0.15 ^a | 970.86±179.78 ^{a,d} | 451.43±179.47 ^{a,d} |

Values are expressed as Mean ± SD of seven mice; PR, aqueous extracts of *Picrorrhizae Rhizoma*; ^a p<0.01 and ^b p<0.05 as compared with intact control by ANOVA test; ^c p<0.01 and ^d p<0.05 as compared with Formalin control by ANOVA test.

treatments, a marked increase in the paw thickness and volume was detected in the formalin-injected control as compared with that in the intact control, plus at the time of sacrifice the paw wet-weights, paw TNF- α contents were also dramatically increased. In histopathological observations, severe chronic inflammation signs such as severe fibrosis, the formation of necrotic debris, and infiltration of inflammatory cells, were detected in the formalin-injected control, and marked increases in the thickness of the skin of the dorsum pedis and of the dorsum digit with increases in infiltrated inflammatory cells on dorsum pedis and dorsum digits skins, respectively. However, these formalin-induced chronic inflammatory changes were dramatically decreased by treatment of dexamethasone and all three different dosages of PR extracts in the present study.

PR extracts showed anti-inflammatory effects after oral administration on acute inflammation animal models²⁷) and on 2,4-dinitrofluorobenzene-nudced contact dermatitis²⁸). It also has been demonstrated that anti-oxidative¹⁵) and/or immunomodulatory^{21,22,23}) effects of PR extracts; directly related to anti-inflammatory effects^{2,30,31,32,33}). Therefore, previously reported anti-oxidative¹⁵) and/or immunomodulatory^{21,22,23}) effects of PR extracts were

considered one of the major mechanisms of the anti-inflammatory effects detected in the present study.

TNF- α , a 17-kDa protein which was first identified as a product of activated macrophages³⁴), is one of well-known proinflammatory cytokines³⁵) and they were involved in various inflammations^{11,12,36,37}). TNF may potentiate inflammations by stimulating the release of eicosanoids and other cytokines, such as interleukin (IL)-1 and TNF- α . IL-1 activates neutrophils and macrophages, increasing the production and the release of reaction oxygen species and nitric oxide, which has been implicating in local tissue damages³⁸). It has recently been provided evidence of a widespread role of TNF- α in mediating hyperalgesia at different levels⁸), both facilitating neuronal excitability and triggering the release of other pro-inflammatory substances^{9,10}). In the present study, PR extracts dose-dependently inhibited the elevations of paw TNF- α induced by subaponeurotic treatment of formalin.

The body weight decreases detected in dexamethasone treated group were considered as direct toxicity of glucocorticoid, steroids have been a popular choice for treating various cutaneous disorders; however, the potential for significant local and systemic adverse events, like skin atrophy and

HPA axis suppression, has limited their use¹³⁾. Marked increases of body weight and gains detected in PR extracts of the present study is considered as secondary changes from immunomodulatory effects already known^{21,22,23)}. Anyway, no meaningful changes on the body weight and gains were detected by treatment of PR extracts 250 and 150mg/kg as compared with formalin control in this study, and they showed body weight changes ranged in the normal aged matched mice as previously^{39,40)}.

After a local injection of formalin, marked increases in the paw thickness, volume, and weight were detected as the general chronic inflammation response, and these increases have already been used as valuable markers for testing anti-inflammatory effects⁵⁾. In the present study, the increased paw thickness, volume, and weights were markedly inhibited by treatment of all three different dosages of PR extracts. Consequently, these inhibitions were considered as direct evidence that PR extracts tested in this study had a favorable effect on reducing the chronic inflammatory response.

Histopathologically, severe fibrosis, the formation of necrotic debris, infiltration of inflammatory cells, mainly lymphocytes, and hypertrophy of subcutaneous regions are used as signs of chronic inflammation after a local injection of formalin, also resulting in a marked increase in the thickness of the skin (including hypodermis) with infiltration of inflammatory cells²⁾. However, in the present study, these histopathological changes were markedly and dose-dependently inhibited after treatment of all three different dosages of PR extracts. These inhibitions were considered as direct evidence that the PR extracts had a relatively favorable effect on reducing the chronic inflammatory response.

The results obtained in this study is considered as direct evidences that PR extracts have safe and favorable effects on formalin-induced chronic inflammation as like acute inflammation already reported.

References

1. Habashy RR, Abdel-Naim AB, Khalifa AE, Al-Azizi MM. Anti-inflammatory effects of jojoba liquid wax in experimental models. *Pharmacol Res.* 2005;51:95-105.
2. Kim HD, Cho HR, Moon SB, Shin HD, Yang KJ, Park BR, et al. Effect of exopolymers from *Aureobasidium pullulans* on formalin-induced chronic paw inflammation in mice. *J MicrobiolBiotechnol.* 2006;16:1954-1960.
3. Kim HD, Cho HR, Moon SB, Shin HD, Yang KJ, Park BR, et al. Effects of β -glucan from *Aureobasidium pullulans* on acute inflammation in mice. *Arch Pharm Res.* 2007;30:323-328.
4. Hosseinzadeh H, Younesi HM. Antinociceptive and anti-inflammatory effects of *Crocus sativus* L. stigma and petal extracts in mice. *BMC Pharmacol.* 2002;2:7-12.
5. Pillai AD, Pathod PD, Franklin PX, Patel M, Nivsarkar M, Vasu KK, et al. Novel drug designing approach for dual inhibitors as anti-inflammatory agents: implication of pyridine template. *BiochemBiophys Res Commun.* 2003; 301:183-186.
6. Abdel-Salam OM, Baiuomy AR, El-batran S, Arbid MS. Evaluation of the anti-inflammatory, anti-nociceptive and gastric effects of *Ginkgo biloba* in the rat. *Pharmacol Res.* 2004;49:133-142.
7. Akindele AJ, Adeyemi OO. Anti-inflammatory activity of the aqueous leaf extract of *Byrsocarpus coccineus*. *Fitoterapia.* 2007;78: 25-28.
8. Schäfers M, Lee DH, Brors D, Yaksh TL, Sorkin LS. Increased sensitivity of injured and adjacent uninjured rat primary sensory neurons to exogenous tumor necrosis factor-alpha after spinal nerve ligation. *J Neurosci.* 2003;23:3028-3038.
9. Sorkin LS, Xiao WH, Wagner R, Myers RR.

- Tumour necrosis factor-alpha induces ectopic activity in nociceptive primary afferent fibres. *Neuroscience*. 1997;81:255-262.
10. Watkins LR, Maier SF. Beyond neurons: evidence that immune and glial cells contribute to pathological pain states. *Physiol Rev*. 2002;82:981-1011.
 11. Bianchi M, Martucci C, Biella G, Ferrario P, Sacerdote P. Increased substance P and tumor necrosis factor-alpha level in the paws following formalin injection in rat tail. *Brain Res*. 2004;1019:255-258.
 12. Wang C, Schuller Levis GB, Lee EB, Levis WR, Lee DW, Kim BS, et al. Platycodin D and D3 isolated from the root of *Platycodon grandiflorum* modulate the production of nitric oxide and secretion of TNF-alpha in activated RAW 264.7 cells. *IntImmunopharmacol*. 2004;4:1039-1049.
 13. Gupta AK, Chow M. Prednicarbate (Dermatop): profile of a corticosteroid. *J Cutan Med Surg*. 2004;8:244-247.
 14. Chi YM, Nakamura M, Zhao AY, Yoshizawa T, Yan WM, Hashimoto F, et al. Anti-inflammatory activity of 4, 4'-dihydroxy-alpha-truxillic acid. *Biol Pharm Bull*. 2006;29:489-493.
 15. Jagetia GC, Baliga MS. The evaluation of nitric oxide scavenging activity of certain Indian medicinal plants in vitro: a preliminary study. *J Med Food*. 2004;7:343-348.
 16. Senthil Kumar SH, Anandan R, Devaki T, Santhosh Kumar M. Cardioprotective effects of *Picrorrhiza kurroa* against isoproterenol-induced myocardial stress in rats. *Fitoterapia*. 2001;72:402-405.
 17. Jeena KJ, Joy KL, Kuttan R. Effect of *Emblia officinalis*, *Phyllanthus amarus* and *Picrorrhiza kurroa* on N-nitrosodiethylamine induced hepatocarcinogenesis. *Cancer Lett*. 1999;136:11-16.
 18. Joy KL, Rajeshkumar NV, Kuttan G, Kuttan R. Effect of *Picrorrhiza kurroa* extract on transplanted tumours and chemical carcinogenesis in mice. *J Ethnopharmacol*. 2000;71:261-266.
 19. Joy KL, Kuttan R. Anti-diabetic activity of *Picrorrhiza kurroa* extract. *J Ethnopharmacol*. 1999;67:143-148.
 20. Mehrotra R, Rawat S, Kulshreshtha DK, Patnaik GK, Dhawan BN. In vitro studies on the effect of certain natural products against hepatitis B virus. *Indian J Med Res*. 1990;92:133-138.
 21. Atal CK, Sharma ML, Kaul A, Khajuria A. Immunomodulating agents of plant origin. I: Preliminary screening. *J Ethnopharmacol*. 1986;18:133-141.
 22. Puri A, Saxena RP, Guru PY, Kulshreshtha DK, Saxena KC, Dhawan BN. Immunostimulant activity of Picroliv, the iridoid glycoside fraction of *Picrorrhiza kurroa*, and its protective action against *Leishmania donovani* infection in hamsters. *Planta Med*. 1992;58:528-532.
 23. Sharma ML, Rao CS, Duda PL. Immunostimulatory activity of *Picrorrhiza kurroa* leaf extract. *J Ethnopharmacol*. 1994;41:185-192.
 24. Lee HS, Ahn HC, Ku SK. Hypolipemic effect of water extracts of *Picrorrhizae Rhizoma* in PX-407 induced hyperlipemic ICR mouse model with hepatoprotective effects: A prevention study. *J Ethnopharmacol*. 2006a;105:380-386.
 25. Lee HS, Yoo CB, Ku SK. Hypolipemic effect of water extracts of *Picrorrhizae Rhizoma* in high fat diet treated mouse. *Fitoterapia*. 2006c;77:579-584.
 26. Lee HS, Woo SJ, Ku SK. Hypolipemic and hepatoprotective effects of *Picrorrhizae Rhizoma* in high fat diet supplied mice. A prevention study. *Biomolecules & Therapeutics*. 2008;16:46-53.
 27. Lee HS, Ku SK. Effects of *Picrorrhizae Rhizoma* on acute inflammation in mice. *Biomolecules & Therapeutics*. 2008;16:137-140.
 28. Park JH, Lee SN, Ku SK. Effects of *Picrorrhizae*

- Rhizoma on dinitrofluorobenzene-induced contact dermatitis (Type I allergy). *Biomolecules & Therapeutics*. 2008;16:237-242.
29. Lee HS, Lee IK, Ku SK. Single oral dose toxicity study of Water Extracts of Picrorrhizae Rhizoma in ICR mice. *J Toxicol Pub Health*. 2006b;22:117-126.
 30. Di Renzo L, Yefenof E, Klein E. The function of human NK cells is enhanced by beta-glucan, a ligand of CR3 (CD11b/CD18). *Eur J Immunol*. 1991;21:1755-1758.
 31. Ross GD, Vetvicka V, Yan J, Xia Y, Vetvickova J. Therapeutic intervention with complement and beta-glucan in cancer. *Immunopharmacology* 1999;42:61-74.
 32. Ramprasath VR, Shanthi P, Sachdanandam P. Immunomodulatory and anti-inflammatory effects of *Semecarpus anacardium* LINN. Nut milk extract in experimental inflammatory conditions. *Biol Pharm Bull*. 2006;29:693-700.
 33. Amin AR, Vyas P, Attur M, Leszczynska-Piziak J, Patel IR, Weissmann G, et al. The mode of action of aspirin-like drugs: effect on inducible nitric oxide synthase. *Proc Natl AcadSci USA*. 1995;92:7926-7930.
 34. Beutler B, Greenwald D, Hulmes JD, Chang M, Pan YC, Mathison J, et al. Identity of tumor necrosis factor and the macrophage-secreted factor cachectin. *Nature*. 1985;316:552-554.
 35. Whittle BJ, Varga C, Berko A, Horvath K, Posa A, Riley JP, et al. Attenuation of inflammation and cytokine production in rat colitis by a novel selective inhibitor of leukotriene A4 hydrolase. *Br J Pharmacol*. 2008;153:983-991.
 36. Qi XF, Kim DH, Yoon YS, Li JH, Jin D, Deung YK, et al. Effects of *Bambusae caulis* in Liguamen on the development of atopic dermatitis-like skin lesions in hairless mice. *J Ethnopharmacol*. 2009;123:195-200.
 37. Schottelius AJ, Zügel U, Döcke WD, Zollner TM, Röse L, Mengel A, et al. The role of mitogen-activated protein kinase-activated protein kinase 2 in the p38/TNF-alpha pathway of systemic and cutaneous inflammation. *J Invest Dermatol*. 2010;130:481-491.
 38. Assuma R, Oates T, Cochran D, Amar S, Graves DT. IL-1 and TNF antagonists inhibit the inflammatory response and bone loss in experimental periodontitis. *J Immunol*. 1998; 160:403-409.
 39. Plata EJ, Murphy WH. Growth and haematologic properties of the BALB/wm strain of inbred mice. *Lab Anim Sci*. 1972;22:712-720.
 40. Yamaguchi C, Fujita S, Obara T, Ueda T. Effects of room temperature on reproduction, body weight and organ weights, food and water intakes, and hematology in mice. *Exp Anim*. 1983;32:1-11.