

Effects of Acupuncture at SP₆ on Reflux Esophagitis in Rats[※]

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[Abstract]

Objectives : The purpose of this study was to evaluate whether acupuncture at SP₆ attenuates esophageal inflammation on refluxed-induced esophagitis.

Methods : Acupuncture at SP₆ was stimulated by acupuncture torsion technique for 30 seconds four times every hour after an operation induced reflux esophagitis(RE), and its effects were assessed in comparison with RE rats without acupuncture, and normal rats.

Results : SP₆ acupuncture stimulation markedly ameliorated mucosal damage in the histological evaluation. Reflux-induced esophagitis rats exhibited the down-regulation of antioxidant-related protein expression levels such as heme oxygenase-1(HO-1) in the esophagitis; however, the associated levels with SP₆ acupuncture stimulation were significantly higher than those in RE rats without acupuncture stimulation. Moreover, SP₆ acupuncture stimulation significantly reduced the expression of inflammatory proteins through mitogen-activated protein kinase(MAPK)-related signaling pathways. The increased protein expressions of inflammatory mediators, cyclooxygenase-2(COX-2) and inducible nitric oxide synthase(iNOS), by nuclear factor-kappa B(NF-kB) activation were significantly suppressed through SP₆ acupuncture stimulation.

Conclusions : Our findings support the therapeutic evidence for SP₆ acupuncture stimulation alleviating the development of esophagitis via regulating inflammation through the activation of the antioxidant pathway.

Key words :

SP₆;
 Gastroesophageal reflux disease(GERD);
 Reflux esophagitis;
 Anti-inflammatory;
 Antioxidation

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I. Introduction

Gastroesophageal reflux disease (GERD) is characterized by excessive reflux of gastric content (acid, pepsin, etc) into the esophagus causing symptoms of heartburn and acid regurgitation, and mucosal inflammation and damage. GERD is a common and costly disease; however, despite great achievements in the understanding of the pathophysiology and treatment of the disease, the incidence of GERD seems to be rising worldwide lately¹. Approximately 10~20 % of people in the Western world have GERD. GERD significantly impacts patient quality of life and may lead to long-term complications, such as Barrett's esophagus and esophageal adenocarcinoma. Current therapy of GERD relies predominantly on the use of acid-suppressant medications, such as proton pump inhibitors, but response to these medications is less than optimal. For this reason, novel treatments remain desirable, and to develop them, a clearer understanding of the molecular mechanisms responsible for damage of the esophageal epithelium is needed².

Acupuncture, a therapeutic modality with few or no adverse effects, has been used in the treatment of several diseases for at least 5,200 years in China. The widespread application of acupuncture includes the treatment of infections, inflammatory diseases like rheumatoid arthritis, autonomic dysfunction, neurological diseases, cardiovascular diseases, pulmonary diseases, drug abuse, psychological disorders and many other illnesses³. In the case of inflammation, the effects of acupuncture could be reduced clinical symptoms like burning pain, redness, swelling, changing temperature and loss of function. Acupuncture is accomplished by the insertion the tips of thin, stainless steel needle on specific points (called acupoints) and induces marked changes close to the needle in all the different tissues that are penetrated^{4,5}.

SP₆ is the commonly used acupoints in many disorders including gynecologic, genitourinary, allergic, insomnia, immunological and psychosomatic diseases

and pain control⁶⁻⁸. In addition, the SP₆ treatment also exerted the anti-inflammatory effect in a model of carrageenan-induced peritonitis and the antioxidative effect in a mouse model of Parkinson's disease^{9,10}.

During the latest decades, a considerable number of studies have been performed on acupuncture for the treatment of gastrointestinal disorders and underlying mechanisms. However, SP₆ has yet to be reported the protective effect in GERD. Therefore, this study was designed to clarify the anti-inflammatory effect of the acupuncture at SP₆ on reflux-induced esophagitis rats.

II. Materials and Methods

A. Materials

The protease inhibitor mixture solution and ethylenediaminetetraacetic acid (EDTA) were purchased from Wako Pure Chemical Industries, Ltd. (Osaka, Japan). Phenylmethylsulfonyl fluoride (PMSF) and β -actin were purchased from Sigma Chemical Co (St Louis, MO, USA). The Pierce bicinchoninic acid (BCA) protein assay kit was obtained from Thermo Scientific (Rockford, IL, USA). ECL Western Blotting Detection Reagents and pure nitrocellulose membranes were supplied by GE Healthcare (Piscataway, NJ, USA). Rabbit polyclonal antibodies against heme oxygenase-1 (HO-1), phospho-p38 (p-p38), and phospho-extracellular signal-regulated kinase 1/2 (p-ERK1/2), nuclear factor- κ B (NF- κ B); mouse monoclonal antibodies against cyclooxygenase-2 (COX-2), inducible nitric oxide synthase (iNOS), histone and β -actin were purchased from Santa Cruz Biotechnology, Inc (Santa Cruz, CA, USA). Rabbit anti-goat, goat anti-rabbit, and goat anti-mouse immunoglobulin G (IgG) horseradish peroxidase (HRP)-conjugated secondary antibodies were acquired from Santa Cruz Biotechnology, Inc (Santa Cruz, CA, USA). All other chemicals and reagents were purchased from Sigma Chemical Co (St Louis, MO, USA).

B. Experimental animals and acupuncture treatment

Animal experiments were carried out according to the “guidelines for animal experimentation” approved by ethics committee of the Daegu Haany University (IRB : DHU2012-004). Six-week-old male Sprague-Dawley rats were purchased from Samtako(Osan, Korea). Rats were maintained under a 12 hrs light/dark cycle, housed at a controlled temperature($24 \pm 1^\circ\text{C}$), and humidity(about 55 %), and kept in raised mesh-bottom cages to prevent coprophagy. After adaptation(1 week), the rats were divided into three groups of equal number (n=6, each), avoiding any inter-group differences in body weight. The rats were fasted for 24 hrs prior to surgical procedures, but were provided free access to water. The rats were anaesthetized with an injection of zoletil 0.75 mg/kg (Virbac S. A, France). A midline laparotomy was performed to expose the stomach, and then both the pylorus and the transitional junction between the forestomach and the corpus were first exposed and later ligated with a 2-0 silk thread but without a pyloric ring, employing the method originally proposed by Omura¹¹. The vagus nerves were left intact. (1) normal group(N), (2) reflux esophagitis(RE) control group without acupuncture stimulation(Veh), (3) RE group with SP₆ acupuncture stimulation(SP₆). SP₆ group was received acupuncture at Both SP₆, and stimulated by acupuncture torsion technique for 30 secs four times every hour after the operation. Disposable acupuncture needles(0.7 mm, 160 μm in diameter) were inserted into the acupoints. N group was not received any treatment, and Veh group was also not received any treatment after operation. Experimental groups were sacrificed 6 hrs after operation. The entire esophagus was removed immediately and examined for gross mucosal injury. The esophageal tissue was immediately frozen in liquid nitrogen and blood samples were collected by vena cava puncture from anesthetized rats. Subsequently, the esophagus and serum were kept at -80°C until analysis.

C. Esophageal lesion score

The rat esophagus was cut with scissor in the longitudinal direction from the gastroesophageal junction to the pharynx after sacrifice. The inner mucous was washed away with 0.9 % NaCl and laid out on paper. Thereafter, the dissected esophagus photographed with an optical microscope(Olympus BX51, Tokyo, Japan) and analyzed using the i-solution lite software program. The gross mucosal damage ratio was calculated as follows: the gross mucosal damage ratio(%) = [width of area with esophageal mucosal damage(mm^2)/width of total area of esophagus(mm^2)] \times 100.

D. Histopathological studies

6 hrs after the operations of pylorus and forestomach ligation, the junction area from the esophagus to the cardia(about 5 cm) and a part of the fundus tissue were separated and fixed in 10 % neutral buffered formalin, after paraffin embedding, 3 μm serial sections were prepared and stained with hematoxylin and eosin. Thickness of mucosa, submucosa in the esophagus, and full thickness of esophagus were measured in each prepared specimens using an optical microscope(Olympus BX51, Tokyo, Japan) as mm /crossly trimmed tissues. Protecting percentages of mucosa(%) = (Length of lesions on the crossly trimmed esophageal mucosa/total length of crossly trimmed esophageal mucosa) \times 100.

E. Measurement of gastric secretions

After sacrifice, the stomach of each rat was washed with 1 ml 0.9 % NaCl(pH 7.4) with a 1,000 μl micropipette and the gastric contents were collected. In addition, the volume of gastric juice was examined. The pH of collected gastric juice was measured using a pH meter(EcoMet; iSTEK Co, Seoul, Korea).

F. Preparation of nuclear and post-nuclear fractions

Nuclear protein extraction was performed according to the method of Komatsu¹²⁾. In brief, lung tissues were homogenized with ice-cold lysis buffer containing 5 mM Tris-HCl(pH 7.5), 2 mM MgCl₂, 15 mM CaCl₂, and 1.5 M sucrose, and then 0.1 M DTT and protease inhibitor mixture solution were added. After centrifugation(10,500×g for 20 mins at 4°C), the pellet was suspended with extraction buffer containing 20 mM 2-[4-(2-hydroxyethyl)-1-piperazinyl] ethanesulfonic acid(pH 7.9), 1.5 mM MgCl₂, 0.42 M NaCl, 0.2 mM EDTA, and 25 %(v/v) glycerol, and then 0.1 M DTT and protease inhibitor mixture solution were added. The mixture was placed on ice for 30 mins. The nuclear fraction was prepared by centrifugation at 20,500×g for 5 mins at 4 °C. The post-nuclear fraction was extracted from the lung of each mouse, as described below. In brief, lung tissue was homogenized with ice-cold lysis buffer(pH 7.4) containing 137 mM NaCl, 20 mM Tris-HCl, 1 % Tween 20, 10 % glycerol, 1 mM PMSF, and protease inhibitor mixture solution. The homogenate was then centrifuged at 2,000 × g for 10 mins at 4°C. The protein concentration in each fraction was determined using a Bio-Rad protein kit(Bio-Rad Laboratories, Hercules, CA, USA).

G. Immunoblotting analyses

For the determination of NF-kBp65 and histone, 10 mg of protein from each nuclear fraction was electrophoresed through 12 % sodium dodecylsulfate polyacrylamide gel(SDS-PAGE). Separated proteins were transferred to a nitrocellulose membrane, blocked with 5 %(w/v) skim milk solution for 1 h, and then incubated with primary antibodies to NF-kBp65 and histone overnight at 4°C. After the blots were washed, they were incubated with anti-rabbit or anti-mouse IgG HRP-conjugated secondary antibody for 1 h at room temperature. Also, 10~15 mg of protein of each post-nuclear fraction of COX-2, iNOS, HO-1, p-p38, p-ERK1/2, and b-actin was

electrophoresed through 8~15 % SDS-PAGE. Each antigen-antibody complex was visualized using ECL Western Blotting Detection Reagents and detected by chemiluminescence with Sensi-Q 2000(Lugen sci, Gyeonggi-do, Korea). Band densities were determined using ATTO Densitograph Software(ATTO Corporation, Tokyo, Japan) and quantified as the ratio to histone or b-actin. The protein levels of groups are expressed relative to those of normal mice.

H. Statistical analysis

Data are expressed as means ± SEM. Significance was assessed by one-way analysis of variance(ANOVA) followed by Dunnett's multiple comparison test(SPSS 11.5.1 for Windows, 2002, SPSS Inc, USA). Values of *p*<0.05 were considered significant.

III. Results

A. Gross mucosal damage in the esophagus

Fig. 1 shows the results of the morphological examination of esophagus(Fig. 1). Morphological changes such as hyperemia and multiple erosions were observed in reflux esophagitis rats. The damage of normal rats was not apparent. The acupuncture stimulation of SP₆ acupoint led to a marked decrease of gross mucosal damage.

B. Histopathological changes in the esophagus

We examined entire sizes of mucosa on histological images, calculated protecting percentages of mucosa, and measured thickness of mucosa(Table 1, Fig. 2). As shown in Fig. 2, esophagus lesions of normal group are not shown. Lesions on RE control group without acupuncture stimulation were significantly increased

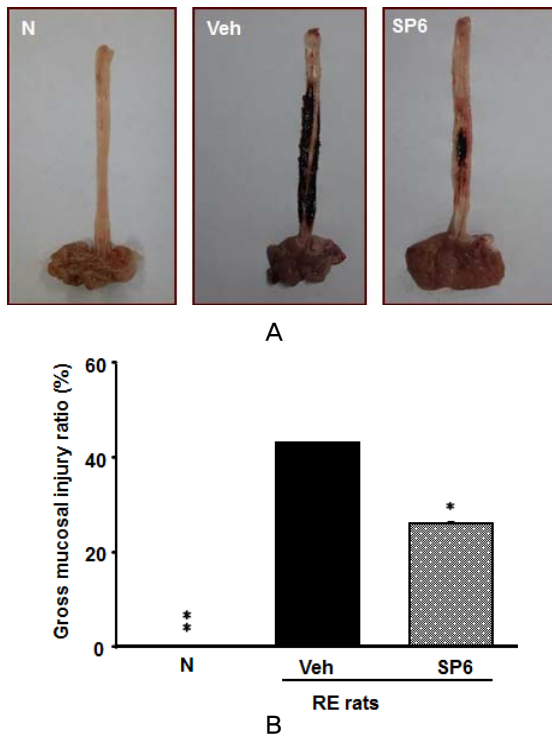


Fig. 1. Gross evaluation of the esophageal mucosal damage

A : Representative microphotographs of the esophagus. Esophageal lesion observed in RE rats was ameliorated by the acupuncture stimulation at SP₆.

B : Gross mucosal injury ratio at the end of experiment. The gross mucosal injury was increased in RE rats compared with normal rats, but SP₆ acupuncture stimulation led to a significant decrease.

N : normal rats.

Veh : RE rats without acupuncture stimulation.

SP₆ : RE rats and SP₆ acupuncture stimulation.

Values are the means ± SEM.

* : $p < 0.01$, ** : $p < 0.001$.

v. RE rats without acupuncture stimulation values.

n=6 in each group.

Table 1. Effect of SP₆ Acupuncture Treatment on Esophageal Histomorphometry

| Group | Protecting percentage of mucosa(%) | Thickness of mucosa(μm) |
|-------|------------------------------------|-------------------------|
| N | 99.6 ± 0.5*** | 259.2 ± 31.2*** |
| RE | Veh | 25.9 ± 7.1 |
| | SP ₆ | 53.0 ± 14.2* |

N : normal rats.

Veh : RE rats without acupuncture stimulation.

SP₆ : RE rats with SP₆ acupuncture stimulation.

Values are the means ± SEM.

* : $p < 0.05$, ** : $p < 0.01$, *** : $p < 0.001$.

vs. RE rat without acupuncture stimulation values.

n=6 in each group.

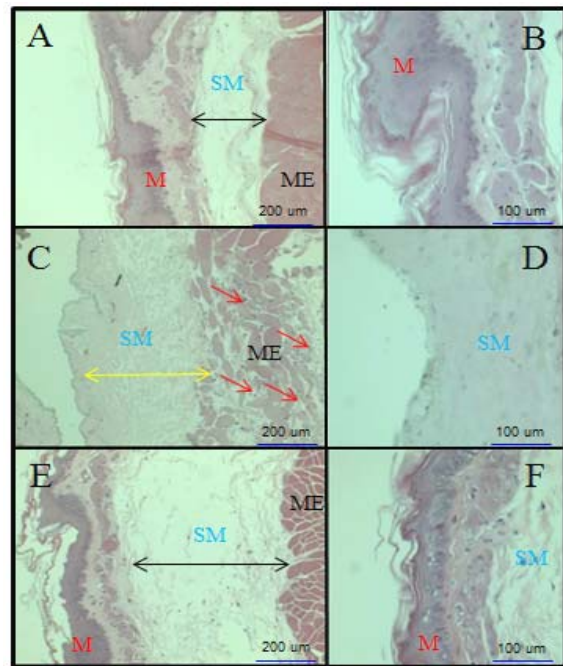


Fig. 2. Histopathological changes in esophagus tissue

RE control group examined the removed mucosa, edematous submucosa by inflammation (yellow arrow), and infiltration of inflammatory cells in muscularis externa (red arrow). Whereas, SP₆ group, still occurred submucosa edema (black arrow), protected the esophageal mucosa damage and had little the infiltration of inflammatory cells in ME.

A • B : esophagus tissue stained with H&E on normal rat, C • D : esophagus tissue stained with H&E on reflux esophagitis rats.

E • F : esophagus tissue stained with H&E on reflux esophagitis rats treated with SP₆.

A • C and D are captured images with isolation software with 200 magnification on Olympus microscope.

B • D and F are images captured with isolation software with 400 magnification.

compared to normal group. However, SP₆ group was significantly decreased. Esophagus thicknesses in RE control group were increased compared to normal group because of edema, but the esophagus thicknesses of SP₆ group were significantly decreased compared to RE control group. Mucosal thicknesses in RE control group were significantly decreased compared to normal group, but mucosal thickness of SP₆ group were significantly increased compared to RE control group. The normal esophageal mucosa exhibited a thin epithelial layer with squamous cells and included mucosa (M), submucosa (SM), and muscularis externa (ME). The reflux-induced esophagitis lead to esophageal

mucosa damage due to back diffusion of gastric acid. Accordingly, RE control group examined the removed mucosa, edematous submucosa by inflammation (yellow arrow), and infiltration of inflammatory cells in muscularis externa (red arrow). Whereas, SP₆ group, still occurred submucosa edema (black arrow), protected the esophageal mucosa damage and had little the infiltration of inflammatory cells in ME. Table 1 shows the protecting percentages and thickness of mucosa.

C. Gastric pH and volume in the gastric contents

The reflux-induced esophagitis rats displayed a marked decrease in gastric pH (Fig. 3). However, gastric pH was not changed by SP₆ acupuncture stimulation.

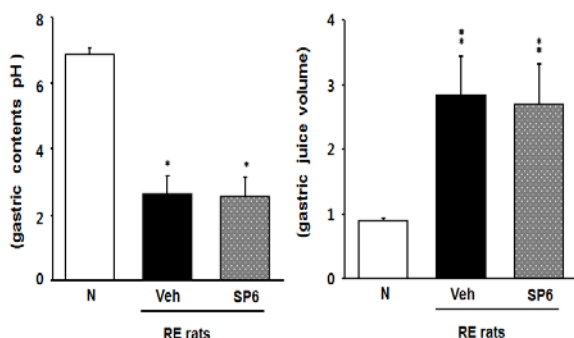


Fig. 3. Effect of gastric contents pH and gastric volume

Gastric pH and volume analyses were performed as described in Materials and Methods.

N : normal rats.

Veh : RE rats without acupuncture stimulation.

SP₆ : RE rats with SP₆ acupuncture stimulation.

Values are the means ± SEM.

* : $p < 0.01$, ** : $p < 0.001$.

vs. normal rat values.

n=6 in each group.

D. Oxidative stress-related protein expression in the esophagus

Compared to normal rats, esophageal HO-1 protein expression was significantly decreased in RE rats

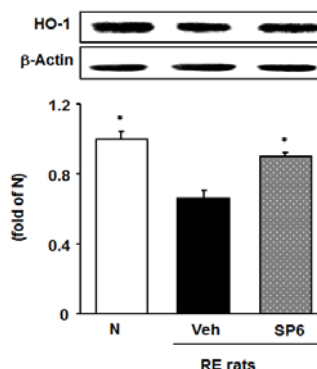


Fig. 4. Esophageal HO-1 protein expression

Immunoblotting analyses were performed as described in materials and methods.

N : normal rats.

Veh : RE rats without acupuncture stimulation.

SP₆ : RE rats with SP₆ acupuncture stimulation.

Values are the means ± SEM.

* : $p < 0.01$.

vs. RE rat without acupuncture stimulation values.

n=6 in each group.

without acupuncture stimulation (Fig. 4). However, SP₆ acupuncture stimulation adversely regulated cytosolic HO-1 expression in the esophagus of reflux-induced esophagitis rats.

E. MAPK-related protein expressions in the esophagus

MAPK-related protein expression was augmented in the esophagus of RE rats without acupuncture stimulation compared to the normal rats but SP₆ acupuncture stimulation decreased the expressions of p-p38 and p-ERK1/2 (Fig. 5).

F. Inflammation-related protein expressions in the esophagus

The protein level of NF-kBp65 was enhanced in the esophagus of RE rats without acupuncture stimulation, whereas these elevated levels were significantly reduced in SP₆ acupuncture stimulation rats (Fig. 6). Especially, NF-kBp65 level was lowered nearly to

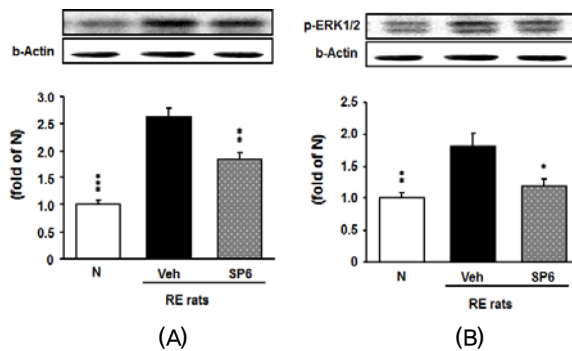


Fig. 5. Esophageal p-p38(A) and p-ERK(B) protein expressions.

p-p38 : phosphor-p38.

p-ERK : phosphorylated extracellular signal-regulated kinase. Immunoblotting analyses were performed as described in materials and methods.

N : normal rats.

Veh : RE rats without acupuncture stimulation.

SP₆ : RE rats with SP₆ acupuncture stimulation.

Values are the means \pm SEM.

* : $p < 0.05$, ** : $p < 0.01$, *** : $p < 0.001$.

vs. RE rat without acupuncture stimulation values, n=6 in each group.

that of normal rats by SP₆ acupuncture stimulation. The expression levels of COX-2 and iNOS were also enhanced in the esophagus of RE rats without acupuncture stimulation, with the results presented in Fig. 6. These increased protein expressions were significantly attenuated by SP₆ acupuncture stimulation.

IV. Discussion

Gastroesophageal reflux disease (GERD) is defined as symptoms or mucosal damage produced by the abnormal reflux of gastric contents into the esophagus. Typical symptoms of GERD are heartburn and acid regurgitation which have high specificity but low sensitivity. The range of GERD prevalence estimates an approximately 10~20 % in Europe and the USA, and of less than 5 % in Asia. This high prevalence of GERD in combination with the high cost of acid lowering medications results in the significant socioeconomic burden associated with the disease and has a negative impact on the quality of life^{13,14}. PPIs, the suppression agent of gastric acid secretion, were one of the most commonly prescribed medications by primary physicians and are frequently used over the long term. However, although PPI therapy is effective in most patients with GERD, approximately 20~30 % continue to experience reflux symptoms despite PPI treatment¹⁵. The safety of these drugs and their potential adverse effects is of great importance to public health. In addition, several case reports suggested that acid suppressive drugs may increase the occurrence of gastric polyps or cancer¹⁶. Alternative approaches to management are required

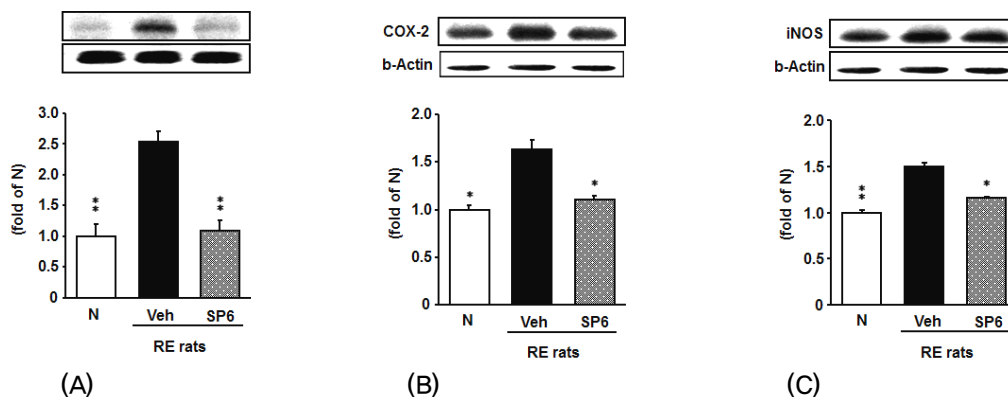


Fig. 6. Esophageal NF-kBp65(A), COX-2(B), and iNOS(C) protein expressions.

Immunoblotting analyses were performed as described in materials and methods.

N : normal rats, Veh : RE rats without acupuncture stimulation, SP₆ : RE rats with SP₆ acupuncture stimulation.

Values are the means \pm SEM.

* : $p < 0.01$, ** : $p < 0.001$.

vs. RE rat without acupuncture stimulation values, n=6 in each group.

in GERD treatment.

Acupuncture is one of major components of traditional Chinese medicine (TCM), which is a distinctive heritage of Chinese culture-related medicine when compared with the conventional Western medicine. Acupoints (or acupuncture points) are special nodes (or outlets) on the meridians, where 'Qi' (a kind of air) enters, exits, meets and accumulates. There are 14 major meridians corresponding to internal organs, along which there are a total of 361 acupoints¹⁷⁾. SP₆, the junction point of the liver, spleen, and kidney meridians, are located on the medial border of the tibia¹⁸⁾. SP₆ is frequently used to study acupuncture effects on various physiological regulatory mechanisms and control systems changes, including gastrointestinal disorders and reproductive conditions, such as labor induction and pain relief during labor^{19,20)}. However, the mechanisms underlying the effects of SP₆ acupuncture treatment have yet to be investigated in an experimental model of reflux esophagitis. Therefore, the present study has been investigated to enhance esophageal inflammation using experimental reflux esophagitis model.

The pathogenesis of reflux esophagitis which is considered as the early stage of GERD is complex, resulting from an imbalance between aggressive factors damaging the esophagus and a number of the natural defense mechanisms. The esophageal mucosa is in a state of continuous exposure to potentially damaging endogenous and exogenous factors. The development of reflux esophagitis (RE) on a cellular level is due to hydrogen ion diffusion into the mucosa, leading to tissue acidification and necrotic damage. The basic level of esophageal defense against acid-pepsin damage consists of the anti-reflux mechanisms such as the luminal acid clearance and removal of the esophageal contents and neutralization of luminal acidity²¹⁾. Major aspect in esophageal injury and esophageal blood flow during development of reflux esophagitis was characterized by the appearance of local mucosal edema and a small number of focal hemorrhagic erosions. Accordingly, histopathological change of esophagus revealed increasing of thickness, damage to the mucosa, and

hemorrhages in esophagus tissues. In addition, reflux-induced esophagitis increase both gastric volume, acid output and also decrease gastric pH²²⁻²⁴⁾. In this study, RE rats group without acupuncture stimulation decreased markedly the gastric pH and increased the gastric volume like another study. However, SP₆ acupuncture stimulation does not affect the regulation of gastric pH. Nevertheless the apparatus of esophageal macroscopic lesions reduced markedly. Maybe, these results have supposed to protect the esophageal mucosal damage improve different factor without regulating gastric pH²⁵⁾.

Recent studies have been shown that gastro-esophageal reflux enhances the production of oxygen-derived free radicals, which subsequently led to esophageal mucosal damage^{26,27)}. Oxygen free radicals in excessively high amounts are all very reactive chemically and can impose a detrimental influence on living organisms by provoking "oxidative stress" that can be capable of damaging cellular DNA, protein, and organelles²⁸⁾. Furthermore, oxidative stress seems to be an important mediator in generation of esophageal mucosal injury. In recent studies it has been shown that mucosal damage in reflux oesophagitis is mediated primarily by oxygen derived free radicals^{29,30)}. Administration of various free radical scavengers has been founded to prevent esophageal mucosal damage. Various exogenous scavengers are available that can selectively block oxygen-derived free radicals²⁶⁾. Especially, as a major cellular defense mechanism against oxidative stress, the Nrf2/Keap1 pathway regulates expression of enzymes involved in detoxification and anti-oxidative stress response³¹⁾. In the presence of reactive oxygen species (ROS), Nrf2 is released from Keap1 and then translocates into the nucleus, activating the transcription of target genes, including HO-1. Nrf2/HO-1 antioxidant pathway plays a vital role in the improvement of tissue damage as well as esophageal epithelial cells^{32,33)}. In our results, reflux esophagitis rats showed decreased HO-1 protein expression in esophageal tissues compared with normal rats; however, SP₆ acupuncture stimulation effectively

alleviates oxidative stress and results in the up-regulation of HO-1.

Besides, the overexpression of ROS in gastric epithelium has been linked to gastric carcinogenesis (as well as inflammation). High levels of ROS activates MAPK including p38 and ERK1/2. The MAPK cascades on p38 and ERK play important roles in the regulation of intracellular metabolism and gene expression including disease, apoptosis, and cellular responses to external stresses³⁴. That is, phosphorylations of p38 and ERK1/2 lead to NF- κ B translocation in the nucleus. The NF- κ B is the main regulator of inducible expression of inflammatory genes. Activated ERK1/2 induces the dissociation of I κ B α to NF- κ B, therefore allowing nuclear translocation and DNA-binding of NF- κ B, and p38 induces the expression of p65 and p50³⁵. In this study, increased expressions of ERK1/2 and p38 in the reflux esophagitis rats were decreased by SP₆ acupuncture stimulation. The results from the present study show that SP₆ acupuncture stimulation blocked NF- κ B activation in the esophageal tissue. NF- κ B is one of the cross-talk points of multiple signal transduction pathways, playing a key role in the regulation of immune and inflammatory responses. In particular, NF- κ B is known to regulate transcription and expression of many genes such as COX-2 and iNOS^{36,37}. COX-2 is barely detected in normal tissues, but is readily expressed in response to inflammatory cytokines, bacterial lipopolysaccharide, mitogens and reactive oxygen intermediates. Following inflammatory stimuli, excess NO by iNOS and proinflammatory prostaglandins by COX-2 have been reported to induce noxious effects in the esophagus. These inflammatory proteins was augmented under inflammatory conditions, such as reflux esophagitis and Barrett esophagus^{38,39}. In the present study, SP₆ acupuncture stimulation in the reflux esophagitis model significantly decreased up-regulation of inflammatory mediators (COX-2 and iNOS). That is, SP₆ acupuncture stimulation ameliorated inflammation with esophageal mucosal injury on experimental reflux esophagitis in rats.

V. Conclusion

The acupuncture stimulation of SP₆ effectively ameliorates the inflammatory damage of esophageal mucosa through the activation of HO-1 antioxidant pathway.

VI. References

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