

## RESEARCH ARTICLE

# Scabraside D Extracted from *Holothuria scabra* Induces Apoptosis and Inhibits Growth of Human Cholangiocarcinoma Xenografts in Mice

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## Abstract

Scabraside D, a sulfated triterpene glycoside extract from sea cucumber *Holothuria scabra*, shows various biological activities, but effects on human cholangiocarcinoma cells have not previously been reported. In the present study, we investigated the activity of scabraside D against human cholangiocarcinoma (HuCCA) both *in vitro* and for tumor growth inhibition *in vivo* using a xenograft model in nude mice. Scabraside D (12.5-100  $\mu\text{g/mL}$ ) significantly decreased the viability and the migration of the HuCCA cells in a dose-dependent manner, with 50% inhibitory concentration (IC<sub>50</sub>) of  $12.8 \pm 0.05 \mu\text{g/mL}$  at 24 h. It induced signs of apoptotic cells, including shrinkage, pyknosis and karyorrhetic nuclei and DNA fragmentation on agarose gel electrophoresis. Moreover, by quantitative real-time PCR, scabraside D effectively decreased Bcl-2 while increasing Bax and Caspase-3 gene expression levels suggesting that the scabraside D could induce apoptosis in HuCCA cells. *In vivo* study demonstrated that scabraside D (1 mg/kg/day, i.p. for 21 days) significantly reduced growth of the HuCCA xenografts without adverse effects on the nude mice. Conclusively, scabraside D induced apoptosis in HuCCA cells and reduced the growth of HuCCA xenografts model. Therefore, scabraside D may have potential as a new therapeutic agent for cholangiocarcinoma.

**Keywords:** Scabraside D - *Holothuria scabra* - cholangiocarcinoma - apoptosis - sea cucumber extract

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## Introduction

Cholangiocarcinoma (CCA), is an incurable cancer of the biliary epithelium, and is an important public health problem in many Asian countries (Sripa and Pairojkul, 2008; Shin et al., 2010; Sripa et al., 2011). High prevalence is found in northeast Thailand, where people eat raw freshwater fish infested with *Opisthorchis viverrini*, the parasitic platyhelminth associated with CCA (Haswell-Elkins et al., 1994). Among the treatment regime of CCA is chemotherapy by 5-fluorouracil (5-FU), which however is rather ineffective (Hejna et al., 1998). The combined treatment of CCA with chemotherapy and radiotherapy causes severe adverse effects without significantly improving the prognosis of a patient (Sirica, 2005). Therefore, for this and other types of incurable cancer, alternative treatments without adverse effects have been widely sought after. Various extracts from natural products, especially from marine plants and animals,

appear promising (Adrain, 2007; Rajasekaran et al., 2008).

Sea cucumber, as one of marine echinoderms, is competent source for novel types of biologically active substances with medical utilization. *Holothuria scabra* is widely distributed in the Atlantic and Pacific oceans, and is considered a costly gourmet dish in Asian cuisine, and traditional Chinese medicine uses it in tonics and delicacies (Kerr and Chen, 1995). Extracts from sea cucumbers have been reported as anti-cancer agents. Many species of sea cucumber produce triterpene glycosides, a group of saponin, which are poisonous for other organisms and presumably function as a chemical defense against predation (Caulier et al., 2011; Bahrami et al., 2014). This group of substances shows various biological activities, including antifungal, cytotoxic, hemolytic, cytostatic and immunomodulatory effects (Kitagaw et al., 1989; Stonix et al., 1999; Chludil et al., 2002). The sea cucumber *H. scabra* produces a type of sulfated triterpene glycosides called scabraside D, which inhibits the proliferation of

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mouse leukemic cells and various kinds of human cancer cells including lung, gastric, colorectal and breast cancer cells (Han et al., 2012). The mechanism of action of scabraside D on the inhibition of cancer growth is still unknown. However, effect of scabraside D on human cholangiocarcinoma cells has not previously been determined. In this study, we investigated the effect of scabraside D on human cholangiocarcinoma (HuCCA) cell viability, migration, and apoptosis *in vitro* and *in vivo* on tumor growth in xenograft models. To our knowledge, this is the first report of scabraside D on the inhibition of HuCCA cell growth with the studies on mechanisms of its effect, as well as a corresponding study on an *in vivo* inhibition of HuCCA xenografts in animal model.

## Materials and Methods

### Cell lines and cell culture

HuCCA cell line CL6 kindly provided by Associate Professor Dr. Adisak Wongkajornsilp, the Department of Pharmacology, Faculty of Medicine Siriraj Hospital, Mahidol University. It was used both *in vitro* and as tumor xenograft *in vivo*. The cells were cultured in DMEM medium, supplemented with penicillin (100 IU/mL), streptomycin (100 µg/mL) and 15% fetal bovine serum (FBS). They were maintained at 37°C in an incubator with a humidified 95% and 5% (v/v) mixture of air CO<sub>2</sub>.

### Isolation and purification of scabraside D

Live specimens of *H. scabra* were caught from Andaman Sea, Krabi Province, southern Thailand. Air-dried and finely powdered body walls (3 kg, dried weight) of sea cucumber *H. scabra* were percolated with 2.0 L of 70% ethanol for 48 h twice at room temperature; the ethanol fractions were combined and evaporated in a vacuum chamber to give the crude ethanol extract, which weighed 147.83 g. The extract was dissolved in water and the solution was extracted with n-butanol; the organic fraction was evaporated in a vacuum chamber to yield the butanol fraction, which weighed 6.37 g. The butanol fraction was separated by column chromatography on silica gel (SiO<sub>2</sub>, 200 g), eluting with 10 L of methanol in dichloromethane in series of concentrations from 0 to 100%. The fraction (100 mL each) was combined on the basis of their thin layer chromatography (TLC) behavior to give 10 fractions. The fractions were purified by column chromatography using a Sephadex LH-20 column, eluted with 100% methanol. The purified scabraside D (10.24 mg) in the form of a white powder, was validated by <sup>1</sup>H and <sup>13</sup>C NMR spectrum. The chemical structure of scabraside D is shown in figure 1. The substance was dissolved in dimethylsulfoxide (DMSO) and diluted to required concentrations before use, with the concentration of DMSO was kept below 0.1% in the treatment group.

### Cell viability assay

The cell viability was determined using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) (Sigma-Aldrich Co., St. Louis, MO, USA). The MTT assay is based on the ability of succinate dehydrogenase in mitochondria that separates yellow

tetrazolium salt into purple insoluble formazan products (Mosmann, 1983). Briefly, HuCCA cells were seeded in 96-well plates at a density 1×10<sup>4</sup> cells/well. After 24 h, the cells were treated for 24 and 48 h with scabraside D at concentrations from 6.25 to 100 µg/ml, or with 5-FU at similar concentrations as a positive control. In the negative control group, the cells were treated with 0.1% DMSO. After removing the medium, the HuCCA cells were subjected to MTT solution for 4 h to assess their mitochondrial activity (Tada et al., 1986). Absorbance was measured at 490 nm using microplate reader (Bio-Rad, Hercules, CA). Averaged values were derived from at least three independent experiments, and are presented as percentages of cell viability, which is estimated as the ratio of mean absorbance for the treatment and for the negative control group.

### Cell migration assay

The cell migration assay was modified from that of Liang and colleagues (Liang et al., 2007). Briefly, HuCCA cells were seeded in 6-well plates at a density 1×10<sup>5</sup> cells/well and incubated at 37°C overnight. The culture medium was aspirated and then scratch wound was made through the confluent monolayer with a plastic sterile pipette tip. This was followed immediately by addition of various concentrations of scabraside D (6.25-100 µg/mL) into the well plates, which were photographed at 0, 3, 6 and 24 h after scratching. The advance of cell migration to close the wound, with scabraside D treatment or in control plates, was observed under a phase-contrast microscope.

### Morphological examinations

In order to observe the nuclear characteristics of HuCCA cells after scabraside D treatment, nuclear staining was performed using Hoechst 33342 (Sigma-Aldrich Co., St. Louis, MO, USA). The HuCCA cells 5×10<sup>5</sup> cells/ml were grown on cover slips placed in 6-well plates overnight, then treated with scabraside D (6.25 to 100 µg/mL) and control for 24 h. After 24 h, the cells were washed twice with cold phosphate-buffered saline (PBS), and fixed with cold methanol and acetic acid (3/1, v/v) at 4°C overnight. After that, the cells were stained with Hoechst 33342 for 30 min in the dark, washed with PBS, mounted in a mounting medium (80% glycerol in PBS) and observed under a Confocal Laser Scanning microscope (Olympus FV 1000). In addition, after treatment the cells were processed for Epon resin embedding and semi-thin sections. The cells were fixed with in 4.5% glutaraldehyde in phosphate buffer (PB) for 1 h and post-fixed in 1% osmium tetroxide in 0.2 M PB for 1 h at 4°C. After washing, the cells were dehydrated in a series of ethanol (from 30 to 100%) changes of acetone. After that, the cells were incubated in acetone/Epon resin 812 at 1:1 for overnight. This was followed by embedding in 100% Epon resin 812 for 4 h, and incubated at 60°C for 3 days. Semi-thin sections were cut, the stained with toluidine blue and examined under a light microscope (LM).

### DNA fragmentation

The HuCCA cells (1×10<sup>6</sup> cells) were grown in 6-well plates overnight, followed by treatments with various concentrations of scabraside D (6.25 to 100 µg/ml) for 24

h. After that, the cells were harvested washed twice with ice-cold PBS, resuspend in Tris buffered saline-EDTA (10 mM Tris-HCl at pH 7.6, 140 mM NaCl, and 1 mM EDTA) and lysed in the extraction buffer (0.1 M NaCl, 10 mM Tris-HCl, 25 mM EDTA, pH 8.0; 100  $\mu$ L per  $1 \times 10^6$  cells). The lysates were incubated with 25  $\mu$ L of 10% sodium dodecyl sulfate (SDS) (25  $\mu$ L, 10%) and 5  $\mu$ L of proteinase K (20 mg/mL) for 1 h at 50°C. One  $\mu$ L of RNase (1 mg/mL) was added and incubated for 1 h at 37°C. Then, 100  $\mu$ L of 5 M NaCl was added and DNA was extracted twice with equal volumes of phenol:chloroform:isoamylalcohol (25:24:1) solution. The extracted DNA was precipitated by adding 500  $\mu$ L of cold absolute ethanol at 1 h. Then, it was centrifuged at 12,000 $\times$  g for 10 min at 4°C and rinsed with 500  $\mu$ L of 70% ethanol. This was followed by 12,000 $\times$  g centrifugation for 10 min at 4°C and the DNA pellets were allowed to dry for 20 min at room temperature. The DNA pellets were then dissolved in TE buffer (10 mM Tris, 1 mM EDTA, pH 8.0); the solution was loaded on 2% agarose gel, separated by electrophoresis (110 V, 35 min) and visualized by ethidium bromide staining.

#### RNA extraction

HuCCA cells were collected at 24 h after treatment and washed twice with PBS. Total RNA was extracted using 1 mL of TRIzol® Reagent (Invitrogen, Paisley, UK). The sample was added to one-fifth volume of chloroform (0.2 mL), shaken for 15 s, incubated for 5 min at room temperature. The mixture was centrifuged at 15,000 $\times$  g for 10 min at 4°C, and the aqueous phase was transferred to a new tube. Isopropanol (0.5 mL) was added into the solution, which was kept at room temperature for 15 min to precipitate the RNA. The sample was centrifuged at 15,000 $\times$  g for 10 min at 4°C and the supernatant was discarded. The pellet was washed twice with 1 mL of 75% ethanol, centrifuged at 7,500 $\times$  g for 10 min at 4°C, and dried for 10 min at 55°C. The dried pellets were re-suspended in de-ionized distilled water (30  $\mu$ L) and stored at -80°C until use. The total RNA was converted to cDNA using the SuperScript™ III reverse transcription kit following the instruction manual (Invitrogen, Paisley, UK).

#### Quantitative real-time PCR

Quantitative real-time PCR was performed to determine the expression levels of Bcl-2, Bax, caspase-3 and GAPDH. A 20  $\mu$ L PCR reaction mixture contained 2  $\mu$ L of first-strand cDNA of each primer and 18  $\mu$ L of KAPA SYBR® FAST qPCR kit Master Mix (2x) (KAPA Biosystems, Woburn, MA), and was processed in an ABI 7500 Real-Time PCR system (Applied Biosystems, Foster City, CA). The specific primers were designed according to the full cDNA sequences of Bax (GeneBank accession no. AY217036), Bcl-2 (GeneBank accession no. BC027258), caspase-3 (GeneBank accession no. NM\_004346), and GAPDH (GeneBank accession no. NM\_002046) using Primer Blast Program (Ye et al., 2012). The following specific primers (Pacific Science Co., Ltd., Thailand) were used: Bax, 5'-ATGCCCGTTCATCTCAGTCC-3' (sense) and 5'-GAAGTGTGTCCCGAAGGAGG-3' (antisense) 400 bp product; Bcl-2,

5'-TGGGAGAACGGGGTACGATA-3' (sense) and 5'-CATGACCCCACCGAACTCAA-3' (antisense) 460 bp product; caspase 3, 5'-GTTGGCGTCGCCTTGAATC-3' (sense) and 5'-TGAGGTTTGCTGCATCGACA-3' (antisense) 349 bp product; and GAPDH, 5'-CTCCTGTTTCGACAGTCAGCC-3' (sense) and 5'-TTCCCGTTCTCAGCCTTGAC-3' (antisense) 262 bp product. The PCR conditions were as follows: the amplification primary incubation at 95°C for 10 min, followed by 40 cycles of denaturation at 95°C for 10 min, annealing at 60°C for 1 min, and extension at 60°C for 1 min. The sequences of these PCR products were obtained by direct sequencing. Each amplicon was cloned into PGEM®-t Vector (Promega, Madison, WI, USA) in order to create standard curves for target cDNA. The mRNA levels were reported as ratios of the copy numbers of target cDNAs to GAPDH cDNA.

#### Effect on xenograft model

Six-week-old female BALB/cMlac-nu mice were purchased from the National Laboratory Animal Center, Salaya District, Nakorn Prathom Province, Thailand. The experimental protocol was conducted by National Research Council (NRC), Thailand, and was approved by the Faculty of Veterinary Science, Mahidol University. HuCCA cells,  $2.5 \times 10^6$  in number, were used for xenografting all mice. The cells were injected subcutaneously into the right flanks of 10 nude mice. At day 14 after the injection, the tumor size reached approximately 50 mm<sup>3</sup>. At that time, the mice were randomly divided into two groups, five each, and treated with scabraside D (1 mg/kg/day) or vehicle control [100  $\mu$ L normal saline solution (NSS)] by intraperitoneal (i.p) injections. The body weights of the mice were recorded every 7 days, and tumor size was recorded every 3 days. The tumor size was measured in two dimensions (maximum longitudinal and transverse diameters) using a caliper and the volume estimated as: (length)  $\times$  (width)<sup>2</sup>/2 (Plengsuriyakarn et al., 2012). After 21 days of treatment, all the mice were euthanized and the tumors were dissected and weighed.

#### Statistical analysis

Data were expressed as mean  $\pm$  SD from three or more independent experiments. Statistical significance was accessed by analysis of variance (ANOVA) followed by Bonferroni post-test in GraphPad Prism program version 5 (GraphPad software, San Diego, CA). Difference with p-values < 0.05 was considered statistically significant.

## Results

#### Inhibition of HuCCA cell viability and migration

HuCCA cell viability decreased in a dose-dependent manner with scabraside D treatments, as observed at 24 and 48 h, and with 5-FU treatments for observation at 48 h (Figure 2A). Statistically significant inhibition was detected with doses from 12.5 to 100  $\mu$ g/ml for both scabraside D and 5-FU treatments, compared to the respective control groups (0  $\mu$ g/mL dose). There was no statistically significant difference in inhibition between scabraside D (for 24 h and 48 h treatments)

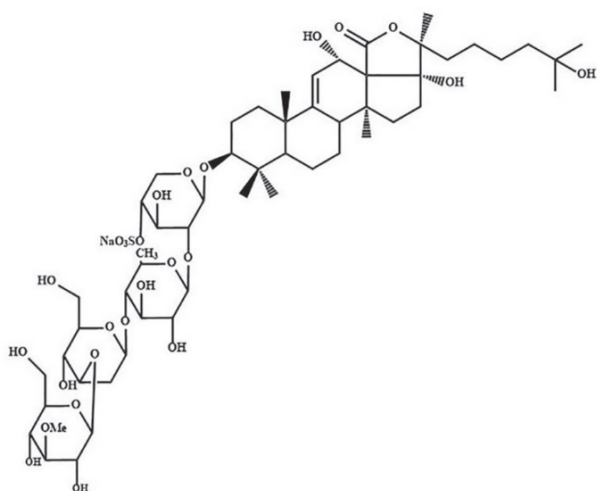


Figure 1. The Chemical Structure of Scabraside D

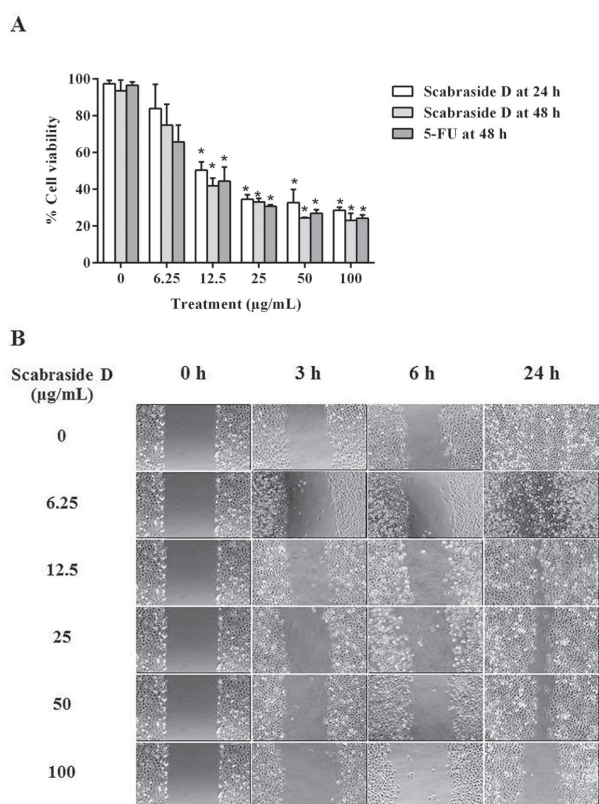


Figure 2. Inhibition of HuCCA Cell Viability by Scabraside D and 5-FU. (A), and HuCCA cell migration by scabraside D (B). The \* indicates statistical significance with  $p < 0.05$ , compared to the viability in the respective control. No statistically significant difference in % cell viability was detected between the 24 h and 48 h treatments with scabraside D and the 48 h treatment with 5-FU, at equal concentrations

and 5-FU treatment (48 h treatment), on comparing equal concentrations. The averaged 50% inhibitory concentration (IC50) value of scabraside D on HuCCA cell growth was approximately  $12.80 \pm 0.05 \mu\text{g/ml}$ . In addition, the effect of scabraside D on HuCCA cell viability was compared with the treatment with 5-FU. The result showed that scabraside D could decrease the cell viability as effectively as 5-FU at the same concentration. The inhibition of HuCCA cell migration

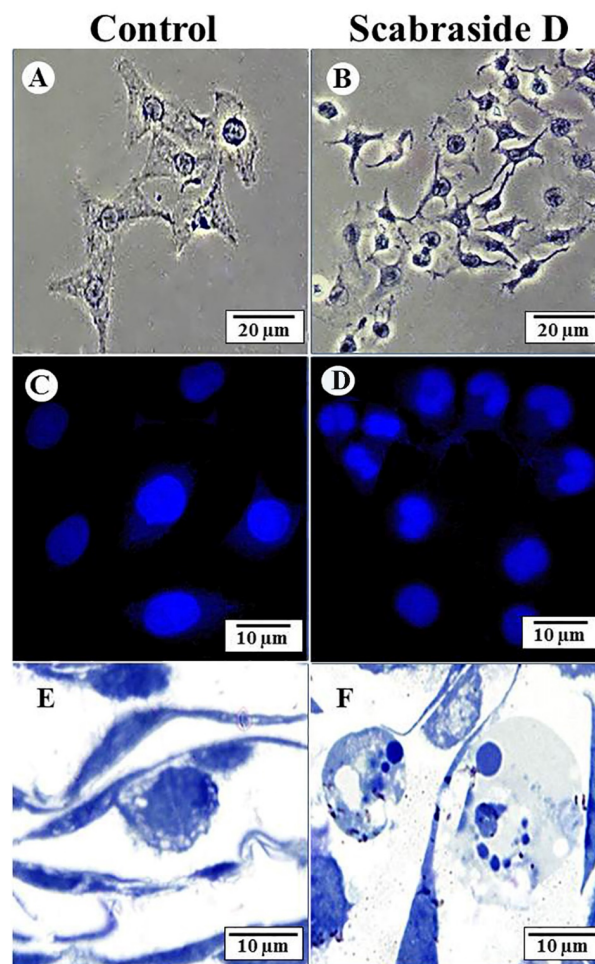
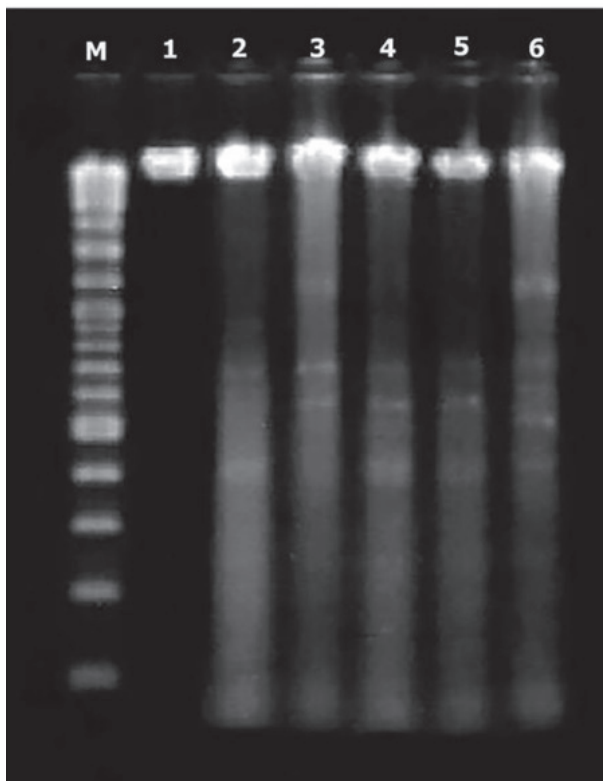


Figure 3. Microscopic Morphology of HuCCA Cells. Control (A, C and E) and in 24 h scabraside D-treated group (B, D and F). The scabraside D-treated cells displayed cellular shrinkage under a phase contrast microscope (B), fragmented nuclei by Hoechst 33342 staining (D) and karyorrhetic nuclei in a semi-thin section (F)

in a plate culture is shown in figure 2B. In the control group (no treatment), after the layer of the cultured cells was scratched, the dividing cells along the sides of the scratch migrated into the scratch area and almost filled it up within 24 h. Under scabraside D treatment, the rate by which the migratory cells filled the scratch was slower than in the control group, and clearly slowed down with increasing doses of scabraside D. The result indicates that the substance retarded HuCCA cell migration in a dose-dependent manner.

*Induction of apoptosis*

In comparison to the control group (Fig. 3A), the scabraside D-treated HuCCA cells showed higher degrees of cell shrinkage under a phase contrast microscope (Figure 3B). The treated cells also showed some degree of nuclear fragmentation and condensation under Hoechst fluorescent staining (Figure 3D, compared to Figure 3C), and revealed nuclear shrinkage with pyknosis and karyorrhexis in semi-thin sections (Figure 3F, compared to Figure 3E). Furthermore, by agarose gel electrophoresis, the DNA extracts from the scabraside D-treated cells displayed cleaved DNA fragments observed as DNA ladder on



**Figure 4. DNA Fragmentation of HuCCA Cells after Treatment with Various Concentrations of Scabraside D.** Analyzed by agarose gel electrophoresis: Lanes 1-6, scabraside D at concentrations of 0, 6.25, 12.5, 25, 50 and 100  $\mu\text{g/mL}$ ; lane M is for DNA markers

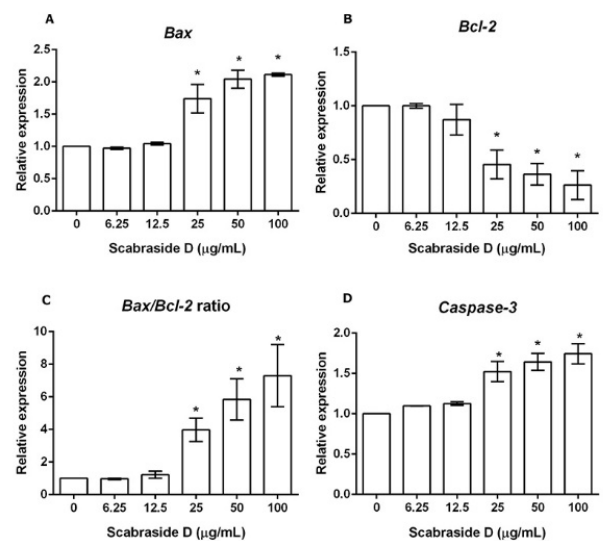
the gel (Figure 4, lane 2-6), whereas the untreated cells showed no ladder on the gel (Figure 4, lane 1). The result suggests that scabraside D caused internucleosomal DNA fragmentation. Thus, these morphological alterations and evidence of DNA fragmentation on gel electrophoresis suggest that apoptotic processes were on-going in HuCCA cells treated by scabraside D.

#### Effects on apoptosis-related genes

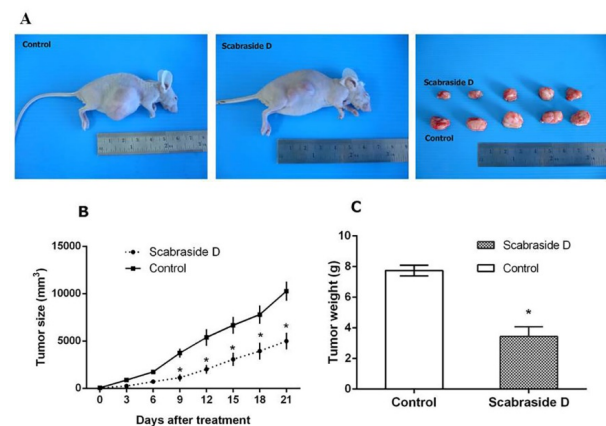
The expression levels of Bcl-2, Bax and caspase-3 in the scabraside D-treated cells were determined by Quantitative real-time PCR analysis. In comparison to the control group, scabraside D treatment increased Bax but decreased Bcl-2 levels in HuCCA cells in a dose-dependent manner (Figure 5A-B). These resulted in an increasing ratio of Bax/Bcl-2 mRNA in the scabraside D-treated group in a dose-dependent manner as well (Figure 5C). The expression of caspase-3 increased in the scabraside D-treated group, more or less in a dose-dependent manner (Figure 5D). In all the values obtained, significant differences to the untreated group ( $p < 0.05$ ) were observed when the dose of scabraside D was at 25, 50 and 100  $\mu\text{g/mL}$ . These changes in gene expressions induced by scabraside D confirm the apoptosis-induced action as a mechanism suppressing the viability and migration of HuCCA cells.

#### Inhibition of tumor growth in xenograft model

To confirm the pharmacological relevance of the *in vitro* data, effects of the scabraside D on human CCA



**Figure 5. Gene Expression Results for Bax.** (A), Bcl-2 (B), Bax/Bcl-2 ratio (C), and caspase-3 (D) in HuCCA cells following scabraside D treatment at various concentrations. The values are mean  $\pm$  SD relative to the control values, and normalized based on GAPDH ( $n=3$ ). The \* indicates statistical significance at  $p < 0.05$  in comparison to control (0  $\mu\text{g/mL}$ )



**Figure 6. Nude mice with HuCCA tumors, and the gross xenograft morphologies from the control and scabraside D-treated (1 mg/kg/day intraperitoneal) mice.** (A), the time profile of tumor size from the first day of scabraside D or normal saline injections, which showed statistical significance between the two groups from day 3 onwards (B), and a histogram of tumor weights at day 21 of treatment (C). Values are mean  $\pm$  SD ( $n = 5$ ). The \* indicates statistical significance at  $p < 0.05$  in comparison to control

tumor growth were investigated in xenograft model. The anti-cancer activity of scabraside D was evaluated *in vivo* in BALB/cMlac-nu mice inoculated with HuCCA cells. The growth of the HuCCA tumor xenografts was recorded every third day for 21 contiguous days after intraperitoneal injection of scabraside D at 1 mg/kg/day. Figure 6A shows a representative HuCCA tumor from a xenograft model. The sizes of HuCCA xenografts in the animals injected with scabraside D were significantly smaller than in the control group from day 9 of the treatment onwards, tumor size with treatment reduced 41.12% of that of the control

group (Figure 6B) Moreover, at the end of experiment, the average tumor weight of the treatment group was less than that of the control group (Figure 6C). The mice exhibited no observable signs of scabraside D toxicity during the treatment and, at necropsy, no gross abnormalities were detected in any organs of the mice. This result suggested that scabraside D at the dose provided inhibited HuCCA tumor growth in xenograft models, without adverse effects to the animals.

## Discussion

From this study, it is clear that scabraside D, an extract from the sea cucumber *H. scabra* inhibited the growth of human cholangiocarcinoma cells by induction of apoptosis. Scabraside D has been shown *in vitro* to have anti-proliferation property against five cancer cell lines including, mouse leukemic cells (P-388), lung human cancer cell (A-549), gastric cancer cell (MKN-28), human colorectal cancer cell (HCT-116) and human breast cancer cell (MCF-7) (Han et al., 2012). However, that study did not suggest a mechanism of the inhibition.

The current study demonstrated the decrease in HuCCA cell viability and migration in response to the scabraside D. Our data showed that the scabraside D could decrease cell viability on HuCCA cells comparable to similar doses of 5-FU. This well-known chemotherapeutic agent 5-FU induces cellular necrosis in tumor (Chen et al., 2014), whereas scabraside D induced apoptosis. The growth inhibitory effect of scabraside D in HuCCA cells was likely modulated via apoptosis as the cells exhibited typical characteristics of apoptosis, i.e., cell shrinkage, chromatin condensation, irregularly fragmented pyknotic and karrhetic nuclei, and DNA ladder formation. Separating of DNA at the inter-nucleosomal linked sites result in DNA fragments has been indicated apoptosis (Mark, 1992). Apparently, the increase of apoptotic cells after treatment of scabraside D caused the decrease in HuCCA cell viability and migration. Moreover, the expression of apoptosis-related genes in the scabraside D treated cells showed up-regulation of caspase-3 gene, pro-apoptotic Bax gene and down-regulation of Bcl-2, leading to an enhance in Bax/Bcl-2 ratio. The Bcl-2 family of apoptosis regulators comprises anti-apoptotic genes (Bcl-2, Mcl-1, Bcl-xL) and pro-apoptotic genes (Bax, Bak, Bad) (Li et al., 2008). The Bcl-2 family plays a critical role in apoptotic pathway via the mitochondrial pathway (Green and Reed, 1998; Oltersdorf et al., 2005). The mitochondrial pathway is crucial induction of disruption in mitochondria through the alteration of Bax/Bcl-2 ratio. Increasing Bax stimulates the intrinsic apoptotic pathway by inducing permeabilization of the outer mitochondrial membrane, leading to a release of cytochrome C into the cytoplasm and subsequently caspase up-regulation, while Bcl-2 is down-regulated (Li et al., 2008; Tilli et al., 2002; Camins et al., 2008). The release of cytochrome C from mitochondria directly stimulates caspase-9-induced caspase-3 activation via formation of the apoptosome complex. The gene caspase-3 plays a major role in altering the nuclear DNA in apoptotic cells. Hence, the stimulated caspase-3 is able dividing many cellular

substrates result in DNA fragmentation (Woo et al., 1998; Zheng et al., 1998; Tilli et al., 2002; Bras et al., 2005). As the growth and development of cancer are relating to unbalanced cell growth and apoptosis (Piotr et al., 2004), thus, one of the anti-cancer mechanisms is to induce apoptosis to the cancer cells.

Another anti-cancer agent with similar chemistry and similar mechanism of action is fomitocide-K, a lanostane triterpene glycoside isolated from the mushroom *Fomitopsis nigra*. This substance has been found to induce apoptosis of human oral squamous cell carcinoma via down-regulation of Bcl-2 and up-regulation of Bax, which leads to the activation of caspase-3 (Bhattarai et al., 2012). In the current study, scabraside D down-regulated Bcl-2 while up-regulating Bax, thus increasing Bax/Bcl-2 ratio and causing apoptosis of HuCCA cells.

This *in vitro* study was corroborated by an *in vivo* study, in which scabraside D suppressed the growth of HuCCA xenograft in nude mice, the tumor size and tumor weight of treatment group was smaller than that of the control group. In addition, the animals survived throughout the cause of the experiment without apparent abnormalities at necropsy, or any other visible signs of toxicity. This result suggested the absence of untoward side effects of scabraside D. Although we only demonstrated apoptosis as a mechanism by scabraside D, other mechanisms of action inhibiting the viability, migration and growth of the cancer cells may exist. For instance, inhibition of neoangiogenesis and preventing in this way the vascularization of a tumor would slow down tumor growth and metastasis. It has been shown that a sulfated saponin isolated from the sea cucumber *Pentacta quadrangularis* inhibit neoangiogenesis in the cholioallantoic membrane of chicken (Tian et al., 2005). As the CCA is highly malignant, it remains to find out whether scabraside D could also prevent its metastasis. The potential application of scabraside D against other cancer types also awaits further research.

In conclusion, our study showed that the scabraside D could induce HuCCA cell apoptosis, which likely caused the decrease in HuCCA cell viability and migration. Furthermore, we demonstrated that the scabraside D could reduce HuCCA tumor growth in the xenograft models. Based on these results, the scabraside D could be a promising candidate for the cholangiocarcinoma therapy.

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