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# Mouse Single Oral Dose Toxicity Test of Lactobacillus-fermented Araliae Continentalis Radix Aqueous Extracts (fACR)

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The objective of this study was to obtain acute (single) oral dose toxicity information on Lactobacillus-fermented Araliae Continentalis Radix aqueous extracts (fACR) in female and male ICR mice, as compared with Araliae Continentalis Radix aqueous extracts (ACR). After administering a single oral dose of fACR, no treatment-related mortalities were observed within 14 days after the end of treatment up to 2,000 mg/kg, the maximum dosage for rodents of both sexes; moreover, no fACR treatment-related changes in the body and organ weights, clinical signs, necropsy, and histopathological findings were detected in this experiment. In addition, no ACR 2,000 mg/kg treatment-related mortalities, clinical signs, body and organ weights, or gross and histopathological findings were observed, as compared with equal genders of vehicle control. The results obtained in this study suggest that fACR is non-toxic in mice and is, therefore, likely to be safe for clinical use. The LD<sub>50</sub> and approximate LD in female mice and male mice, respectively, were considered after a single oral dose of fACR over 2,000 mg/kg, the maximum dosage for rodents. In addition, no specific targets or clinical signs were detected in the present study. ACR 2,000 mg/kg-treated mice also did not show any treatment-related mortalities, clinical signs, changes to body and organ weights, or gross and histopathological findings, as compared with equal genders of vehicle control.

**Key words**: Histopathology, Lactobacillus fermented Araliae Continentalis Radix aqueous extracts (fACR), mouse, single oral dose toxicity

#### Introduction

Natural products are gaining space and importance in the pharmaceutical industry as well as inspiring the search for new potential sources of bioactive molecules [4, 29]. Herbs, medicinal plants and crude drug substances are considered to be a potential source of antioxidants to combat various diseases [22]. As increase of the concern in the functional food and well being in life, the demands and consumption of functional food originated from natural sources are increased [17]. However, the toxicological aspects about these natural origin-functional foods have been neglected because of the reasons that they have been used as various purposes

for long times [28]. Therefore, it is considered that more detail and systemic toxicological studies should be tested for control the abuse and potential toxicities even if they have been used as traditional folk medicine [26].

Araliae Continentalis Radix is a dried root parts of Aralia continentalis, a perennial plant and a member of the Araliaceae family. It is cultivated extensively in Asia, Siberia, China, and Korea [11] and has a long tradition of use in Korean traditional medicine to reduce pain and inflammation [25, 20]. In addition, various pharmacological effects of Araliae Orientalis Radix have been reported through in vivo experiments as inhibiting effects against the cariogenic properties of *Streptococcus mutans* [11], anticancer properties [23], hepatoprotectiv [8] and antibacterial [10] activities.

In recent years, fermented herbs have highlighted as a new source of medicinal ingredient or pharmaceutics, because bioactivity of natural herbs increased by various fermentation through biotransformation or probiotic effects [1, 14, 15, 32]. Moreover, fermentation of herbs using a variety of edible microorganisms seems to further enhance the phar-

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macological efficacy of parent herbs [12, 15, 32]. However, these are also indicated that systemic toxicological evaluations of fermented herbs should be tested, regardless of the safety of parent herb [30].

The objective of this study was to obtain acute (single) oral dose toxicity information of Lactobacillus fermented Araliae Continentalis Radix aqueous extracts (fACR) in female and male ICR mice as compared with those ACR. Because there are no available toxicological data after oral treatment in female and male mice of ACR or fACR, the highest dosage used in the present study were selected as 2,000 mg/kg in a volume of 20 ml of distilled water - the limited dosages of rodents [6], and 1,000 and 500 mg/kg were selected as middle and lower dosage groups according to KFDA Guidelines [16]. In addition each female and male vehicle controls were added with ACR 2,000 mg/kg. In order to investigate the toxicity and identify target organs, fACR were once orally administered to female and male ICR mice at dose levels of 2,000, 1,000, 500 and 0 (vehicle control) mg/kg (body weights) in a volume of 20 ml/kg, dissolved in distilled water, and the mortality and changes on the body weight and clinical signs were monitored during 14 days after treatment with gross observation, changes on the organ weights and histopathology of principle organs based on the recommendation of KFDA Guidelines [16], as compared with those of vehicle control and ACR 2,000 mg/kg treated mice.

## Material and Methods

## Animals and husbandry

Each of twenty-seven female and male specific pathogen-free VAF Outbred CrljOri:CD1 [ICR] mice (6-wk old upon receipt, OrientBio, Sungnam, Korea; ANNEX I and II) were used after acclimatization for 9 days. Animals were allocated five per polycarbonate cage in a temperature (20-25 °C) and humidity (40-45%) controlled room. Light: dark cycle was 12 hr: 12 hr and feed (Samyang, Korea) and water were supplied free to access. All animals were overnight fasted (about 18 hrs) before treatment and terminal necropsy. Animals were marked by picric acid. This animal experiment was conducted according to the international regulations of the usage and welfare of laboratory animals, and approved by the Institutional Animal Care and Use Committee in Daegu Haany University (Gyeongsan, Korea, DHU 2014-013).

#### Groupings and administration

The animals were distributed into 10 groups, five mice per group after 9 days of acclimatization based on the body weights (Male: 34.47±1.12 g, ranged in 31.0~37.7 g; Female: 26.09±1.56 g, ranged in 23.4~29.3 g), respectively. The highest dosage used in the present study was selected as 2,000 mg/kg in a volume of 20 ml, the limited dosages of rodents and the recommended oral dose volume in mouse[6, 16, 24] using distilled water as vehicle, and 1,000 and 500 mg/kg were selected as middle and lower dosage groups recommended by KFDA Guidelines [16]. In addition, each female and male vehicle controls were added with ACR 2,000 mg/kg treated female and male groups. The test article was single orally administered using a zonde attached to 1ml syringe, and only 20 ml/kg of distilled water was once administered by gastric gavage, instead of test solutions in vehicle control mice.

#### Changes of body weights

Body weights were measured at the day of dosing (Day 0) immediately before treatment, 1, 2, 7, 13 and 14 days after treatment using automatic electronic balance (Precisa Instrument, Zuerich, Switzerland). In addition, to reduce individual body weight differences of animals at treatment, body weight gains during Day 0 ~ Day 7, Day 7 ~ Day 13 and Day 0 ~ Day 14 was also calculated based on measured body weight at each point.

## Necropsy

All unscheduled died animals were grossly observed immediately after finding them and all survived animals were subjected to terminal necropsy. Animals were asphyxiated by carbon dioxide, and gross necropsy was performed in all animals at 14 days after overnight fasting (about 18 hr, water was not restricted).

## Specific organs grossly observed

Lung, Heart, Thymus, Kidney, Adrenal Glands, Spleen, Liver, Testis, Pancreas, Brain, Epididymis, Urinary Bladder, Gastrointestinal Tracts, Skins, Prostate, Urinary bladder, Submandibular Lymph Nodes and Injection Sites.

## Organ Weight

The absolute organ weight was measured using automatic electronic balance (Precisa Instrument, Zuerich, Switzerland), and then relative organ weight (% of body weight) was calculated for the following organs of all experimental

animals when they were sacrificed.

Measured organs: Lung, Heart, Thymus, Liver, Left Kidney, Left Adrenal Gland, Spleen, Left Testis/Ovary, Splenic lobe of Pancreas, Brain, Left Epididymis/total Uterus and Left Submandibular Lymph node (Total 14 organs).

#### Histopathology

Principle organs listed below were sampled at terminal necropsy, and fixed in 10% NBF (neutral buffered formalin). After 18 hrs of fixation, paraffin embedding was conducted and 3-4 µm sections were prepared by routine histological methods. Representative sections of each specified organs were stained with Hematoxylin & eosin for light microscopical examination, and any histological findings were recorded with representative images using a computer based image analysis program (iSolution FL ver 9.1, IMT i-solution Inc., Quebec, Canada).

#### Specific organs sampled

Lung-left lateral lobes, Heart, Liver-left lateral lobe, Thymus, Kidney-left side, Adrenal Gland- left side, Spleen, Testis/Ovary-left sides, Splenic lobe of Pancreas, Brain, Epididymis-head of left side, total Uterus and Submandibular Lymph node-left side (Total 14 organs).

#### Statistical analysises

Multiple comparison tests for different dose groups were conducted. Variance homogeneity was examined using the Levene test [19]. If the Levene test indicated no significant deviations from variance homogeneity, the obtain data were analyzed by one way ANOVA test followed by Scheffe test to determine which pairs of group comparison were significantly different. In case of significant deviations from variance homogeneity were observed at Levene test, a non-parametric comparison test, Kruskal-Wallis H test was conducted. When a significant difference is observed in the Kruskal-Wallis H test, the Mann-Whitney U (MW) test was conducted to determine the specific pairs of group comparison, which are significantly different. Statistical analyses were conducted using SPSS for Windows (Release 14.0K, SPSS Inc., Chicago, IL, USA) [21]. In addition, degree of clinical signs, gross and histopathological findings were subdivided into 3 degrees: 3+ Severe, 2+ moderate, 1+ slight [3, 18, 28]

## Results

#### Mortalities

No fACR treatment related mortalities were recorded up to 2,000 mg/kg, the limited dosage in rodents, treated groups of the both female and male mice, and also ACR 2,000 mg/kg treatment related mortalities were not recorded in this experiment; All of animals (5/5; 100%) in all test groups including both female and male mice were survived during 14 days of experimental periods, and all of them subjected to the terminal necropsy.

#### Clinical signs

No fACR 2,000, 1,000 and 500 mg/kg or ACR 2,000 mg/kg treatment related clinical signs were recorded in this experiment.

## Changes on body weights and gains

No meaningful changes on the body weight and gains were detected in all fACR or ACR treated mice as compared with equal genders of vehicle control, respectively (Table 1).

#### Changes on the organ weight

No significant changes on the organ weights were de-

Table 1. Body weight gains in mice after single oral treatment of fACR or ACR

Стоита		Interval	
Groups	Day 0*~7	Day 7~13	Day 0~13
Vehicle control			
Male	$6.14 \pm 0.55$	1.20m.69	$7.34 \pm 0.71$
Female	$3.88 \pm 0.92$	1.26±2.01	$5.14 \pm 2.16$
ACR 2,000 mg/kg	treated group	ρ	
Male	$5.50 \pm 0.75$	$1.38 \pm 0.38$	$6.88 \pm 0.84$
Female	$3.92 \pm 1.01$	$0.80\pm0.97$	$4.72 \pm 1.25$
fACR-treated male	groups		
2,000 mg/kg	6.00±0.99	$0.98 \pm 0.26$	$6.98 \pm 1.11$
1,000 mg/kg	$5.34 \pm 1.40$	1.16±0.59	$6.50 \pm 1.21$
500 mg/kg	$5.14 \pm 1.66$	$1.46 \pm 0.70$	$6.60 \pm 1.22$
fACR-treated fema	le groups		
2,000 mg/kg	$3.72 \pm 1.85$	$1.84 \pm 2.09$	5.56±1.53
1,000 mg/kg	$3.38 \pm 1.03$	0.92±1.95	$4.30 \pm 1.43$
500 mg/kg	$2.88 \pm 1.18$	$0.88 \pm 0.33$	$3.76 \pm 1.17$

Values are expressed as mean ± SD of five mice, g

ACR: Araliae Continentalis Radix aqueous extracts

fACR: Lactobacillus fermented Araliae Continentalis Radix aqueous extracts

<sup>\*</sup>Day of treatment after overnight fasted.

tected in all fACR or ACR treated mice as compared with equal genders of vehicle control, respectively (Table 2, 3).

## Necropsy findings

Slight [1+] to moderate [2+] congestion of lung, thymic atrophy, splenic hypertrophy, edematous changes of uterus or hypertrophy of submandibular lymph nodes were sporadically detected throughout all experimental groups tested in the present including both gender of vehicle controls.

#### Histopathological findings

Slight [1+] lung congestional spots - thickening of alveolar lung inflammatory cell infiltration with focal hemorrhages, focal decreases of thymic cortex lymphoid cells, hy-

perplasia of splenic red pulp lymphoid cells, focal inflammatory cell infiltrations in the liver parenchyma and diffused hyperplasia of lymphoid cells in the submandibular lymph nodes were sporadically detected throughout all experimental groups tested in the present study including both gender vehicle controls. In addition, slight kidney cyst formation was detected in 1 female (1/5; 20%) mouse of fACR 500 mg/kg treated group (Table 4, 5).

## LD<sub>50</sub>, approximate LD and target organs

The  $LD_{50}$  and the approximate LD of fACR after single oral treatment is calculated as over 2,000 mg/kg - the limited dosages in rodents, in the both female and male ICR mice, because no fACR treatment related mortalities were

Table 2. Changes on the absolute organ weights observed in mice after single oral treatment of fACR or ACR

Malo / Crouns -			Principa	l organs			
Male / Groups	Lung	Heart	Thymus	Kidney L	Adrenal G L	Spleen	
Vehicle control	$0.184 \pm 0.012$	$0.168 \pm 0.014$	$0.044 \pm 0.014$	0.276±0.054	$0.004 \pm 0.002$	0.115±0.013	
ACR 2,000 mg/kg	$0.181 \pm 0.015$	$0.166 \pm 0.014$	$0.035 \pm 0.012$	$0.261 \pm 0.035$	$0.003\pm0.003$	$0.110\pm0.015$	
fACR-treated groups							
2,000 mg/kg	$0.183\pm0.010$	$0.165 \pm 0.014$	$0.043 \pm 0.007$	$0.253 \pm 0.051$	$0.005\pm0.003$	$0.120\pm0.024$	
1,000 mg/kg	$0.186 \pm 0.012$	$0.164 \pm 0.012$	$0.039\pm0.010$	$0.262\pm0.021$	$0.005\pm0.002$	$0.118\pm0.021$	
500 mg/kg	0.185±0.015	0.168±0.014	0.046±0.010	0.254±0.033	0.005±0.002	0.116±0.015	
Groups	Testis L	Liver	Pancreas S	Brain	Epididymis L	LN L	
·					1 1		
Vehicle control	0.106±0.015	1.247±0.049	0.175±0.011	0.490±0.022	0.045±0.002	0.004±0.003	
ACR 2,000 mg/kg	$0.109\pm0.014$	1.223±0.168	$0.180\pm0.018$	$0.473\pm0.023$	$0.045\pm0.004$	$0.003\pm0.001$	
fACR-treated groups	0.444+0.044	1.055   0.000	0.1/0+0.005	0.406+0.000	0.046+0.002	0.007+0.004	
2,000 mg/kg 1,000 mg/kg	0.114±0.014 0.104±0.013	1.255±0.029 1.248±0.091	0.169±0.025 0.175±0.009	0.486±0.032 0.479±0.031	0.046±0.003 0.046±0.004	0.007±0.004 0.005±0.002	
500 mg/kg	0.104±0.013 0.111±0.015	1.246±0.091 1.246±0.117	0.175±0.009 0.169±0.017	$0.479\pm0.031$ $0.481\pm0.027$	0.046±0.004 0.047±0.005	0.005±0.002 0.007±0.003	
	0.111±0.013	1.240±0.117	0.109±0.017	0.401±0.027	0.047 ±0.003	0.007 ±0.003	
		Principal organs					
Female / Groups	Lung	Heart	Thymus	Kidney L	Adrenal G L	Spleen	
Vehicle control	0.158±0.012	0.117±0.006	0.050 : 0.010	0.153±0.019	0.004±0.002	0.097±0.021	
ACR 2,000 mg/kg	0.154±0.009	0.120±0.008	0.052±0.013	$0.154\pm0.011$	0.006±0.003	0.092±0.027	
fACR-treated groups			0.060±0.016				
2,000 mg/kg	$0.154 \pm 0.010$	$0.117 \pm 0.004$	0.051±0.013 0.049±0.010	$0.149\pm0.018$	$0.006 \pm 0.003$	$0.107 \pm 0.014$	
1,000 mg/kg	$0.158 \pm 0.004$	$0.118\pm0.007$	0.044±0.009	$0.137 \pm 0.025$	$0.004 \pm 0.001$	$0.101 \pm 0.017$	
500 mg/kg	0.157±0.015	0.117±0.010	0.044±0.009	0.146±0.020	0.003±0.001	0.078±0.036	
	O I	т.	D 6	ъ :	T.T.	TALL	
Groups	Ovary L	Liver	Pancreas S	Brain	Uterus	LN L	
Vehicle control	$0.026 \pm 0.005$	$1.113\pm0.163$	$0.159\pm0.030$	$0.476 \pm 0.022$	$0.158\pm0.055$	$0.005\pm0.003$	
ACR 2,000 mg/kg	$0.029 \pm 0.004$	$1.054 \pm 0.150$	$0.161\pm0.015$	$0.471 \pm 0.035$	$0.137 \pm 0.042$	$0.004 \pm 0.002$	
fACR-treated groups							
2,000 mg/kg	0.025±0.008	1.077±0.106	0.147±0.020	0.470±0.010	0.138±0.025	0.006±0.002	
1,000 mg/kg	0.031±0.006	1.016±0.148	0.154±0.011	0.470±0.016	0.201±0.076	0.003±0.001	
500 mg/kg	$0.021\pm0.003$	1.037±0.116	$0.151 \pm 0.025$	$0.466 \pm 0.013$	$0.134\pm0.045$	$0.003\pm0.001$	

Values are expressed as mean  $\pm$  SD of five mice, g

Table 3. Changes on the relative organ weights observed in mice after single oral treatment of fACR or ACR

O	O	0	O				
Mal / Crauma			Principa	l organs			
Mal / Groups	Lung	Heart	Thymus	Kidney L	Adrenal G L	Spleen	
Vehicle control	0.553±0.041	$0.504 \pm 0.051$	0.131±0.041	$0.832 \pm 0.187$	0.012±0.004	0.345±0.047	
ACR 2,000 mg/kg	$0.543\pm0.049$	$0.498 \pm 0.034$	0.107±0.036	$0.786 \pm 0.118$	0.010±0.010	0.330±0.038	
fACR-treated groups							
2,000 mg/kg	$0.542 \pm 0.034$	$0.490 \pm 0.055$	$0.127 \pm 0.022$	$0.752 \pm 0.160$	$0.014 \pm 0.008$	$0.358 \pm 0.074$	
1,000 mg/kg	$0.564 \pm 0.037$	$0.499 \pm 0.045$	$0.119\pm0.032$	$0.793\pm0.054$	$0.014 \pm 0.006$	$0.358\pm0.065$	
500 mg/kg	0.555±0.020	0.510±0.081	0.138±0.028	0.764±0.097	0.016±0.007	0.353±0.068	
	T .: I	T ·	D 6	D :	T . 1. 1 . T	T N T T	
Groups	Testis L	Liver	Pancreas S	Brain	Epididymis L	LN L	
Vehicle control	$0.317 \pm 0.049$	$3.745 \pm 0.258$	$0.525 \pm 0.023$	$1.470 \pm 0.081$	$0.136 \pm 0.012$	$0.013\pm0.009$	
ACR 2,000 mg/kg	$0.326 \pm 0.049$	$3.677 \pm 0.583$	$0.541 \pm 0.059$	$1.418 \pm 0.046$	$0.135\pm0.011$	$0.010\pm0.004$	
fACR-treated groups							
2,000 mg/kg	$0.339 \pm 0.042$	$3.725\pm0.101$	$0.502\pm0.074$	$1.441 \pm 0.080$	$0.136 \pm 0.010$	$0.020\pm0.013$	
1,000 mg/kg	$0.317 \pm 0.042$	$3.786 \pm 0.277$	$0.532\pm0.021$	$1.454 \pm 0.093$	$0.140\pm0.015$	$0.014\pm0.007$	
500 mg/kg	0.333±0.045	3.735±0.141	0.507±0.048	1.455±0.189	0.141±0.018	0.021±0.011	
	Principal organs						
Female / Groups	Lung	Heart	Thymus	Kidney L	Adrenal G L	Spleen	
Vehicle control	0.628±0.026	0.470±0.065	0.209±0.055	0.607±0.045	0.016±0.007	0.382±0.062	
ACR 2,000 mg/kg	0.628±0.026 0.608±0.033	0.470±0.065 0.473±0.017	0.209±0.055 0.233±0.049	0.607±0.045 0.607±0.017	0.016±0.007 0.024±0.011	0.360±0.086	
fACR-treated groups	0.006±0.033	0.475±0.017	0.233±0.049	0.007 ±0.017	0.024±0.011	0.300±0.000	
2,000 mg/kg	0.612±0.068	0.462±0.026	0.199±0.044	0.585±0.049	0.022±0.010	0.423±0.059	
1,000 mg/kg	0.662±0.043	0.490±0.021	0.204±0.039	0.569±0.068	0.022±0.010 0.015±0.004	0.421±0.056	
500 mg/kg	0.651±0.077	$0.484 \pm 0.032$	0.182±0.032	0.602±0.040	$0.013 \pm 0.004$ $0.011 \pm 0.002$	0.325±0.152	
0, 0	0.001=0.077	0.101-0.002	0.102-0.002	0.002-0.010	0.011=0.002	0.020-0.102	
Groups	Ovary L	Liver	Pancreas S	Brain	Uterus	LN L	
Vehicle control	$0.102\pm0.016$	$4.400 \pm 0.284$	$0.627 \pm 0.074$	$1.896 \pm 0.155$	$0.616 \pm 0.158$	$0.019\pm0.014$	
ACR 2,000 mg/kg	$0.115 \pm 0.016$	$4.148 \pm 0.386$	$0.637 \pm 0.046$	$1.860 \pm 0.129$	$0.542 \pm 0.169$	$0.017 \pm 0.006$	
fACR-treated groups							
2,000 mg/kg	$0.099 \pm 0.034$	$4.245 \pm 0.263$	$0.577 \pm 0.040$	$1.861 \pm 0.150$	$0.543 \pm 0.094$	$0.025 \pm 0.008$	
1,000 mg/kg	$0.131 \pm 0.023$	$4.220 \pm 0.401$	$0.642 \pm 0.051$	$1.961 \pm 0.120$	$0.835 \pm 0.315$	$0.012 \pm 0.004$	
500 mg/kg	$0.086 \pm 0.016$	$4.267 \pm 0.145$	$0.627 \pm 0.113$	$1.935 \pm 0.202$	$0.556 \pm 0.197$	$0.011 \pm 0.003$	

Values are expressed as mean ± SD of five mice, % of body weights at sacrifice. L, left sides; S, splenic lobes; G, gland; LN, submandibular lymph node.

recorded up to 2,000 mg/kg treated female and male mice in the present study. In addition, no specific targets or clinical signs were also observed in the present study. ACR 2,000 mg/kg treated mice also did not showed any treatment related mortalities, clinical signs, body and organ weights, gross and histopathological findings were also observed as compared with equal genders of vehicle control, in this experiment (Table 6).

## Discussion

We reported that functional properties of ACR were enhanced by fermentation, using Lactobacillus. Continentalic acid, an index component, was increased. The total poly-

phenol and the amount of amino acids was increased. In addition, the inhibitory effects of arthritis-related inflammatory factors in cells were confirmed [13]. In the present study, we investigated the single oral dose toxicity of fACR in female and male ICR mice. In order to investigate the toxicity and identify target organs, fACR were once orally administered to female and male ICR mice at dose levels of 2,000, 1,000, 500 and 0(vehicle control) mg/kg (body weights) in a volume of 20 ml/kg, dissolved in distilled water, and the mortality and changes on the body weight and clinical signs were monitored during 14 days after treatment with gross observation, changes on the organ weights and histopathology of principle organs based on the recommendation of KFDA Guidelines [16], as compared with those

Table 4. Histopathological findings Observed in male mice after single oral treatment of fACR or ACR

Necropsy Findings at Sacrifice (Day 14) [Group summary]

Vehicle	ACR	fACR tr	eated as	(mg/kg)
control	2,000	2,000	1,000	500
			4/5	4/5
4/5	5/5	4/5	,	1/5
1/5	0/5	1/5	1/0	1/0
,	•	•		
4/5	4/5	5/5	5/5	5/5
1/5	1/5	0/5	0/5	0/5
,	•	•	4/5	•
4/5	5/5	3/5	,	5/5
1/5	0/5	2/5	1/5	0/5
,	•	•	4/5	3/5
4/5	4/5	4/5	,	2/5
•	1/5	1/5	1/0	2/0
,	,	,	5/5	5/5
5/5	5/5	5/5	0,0	0,0
	control  4/5 1/5  4/5 1/5  4/5 1/5  4/5 1/5  4/5 1/5	control 2,000  4/5 5/5 1/5 0/5  4/5 4/5 1/5 1/5  4/5 5/5 1/5 0/5  4/5 4/5 1/5 1/5	control         2,000         2,000           4/5         5/5         4/5           1/5         0/5         1/5           4/5         4/5         5/5           1/5         1/5         0/5           4/5         5/5         3/5           1/5         0/5         2/5           4/5         4/5         4/5           1/5         1/5         1/5	control         2,000         2,000         1,000           4/5         5/5         4/5         1/5           1/5         0/5         1/5         1/5           4/5         4/5         5/5         5/5           1/5         1/5         0/5         0/5           4/5         1/5         0/5         1/5           4/5         3/5         1/5           1/5         0/5         2/5           4/5         4/5         4/5           1/5         1/5         1/5           1/5         1/5         1/5           5/5

Values are expressed as observed animals/total observed animals (five mice per group).

cDE = decreases of thymic cortex lymphoid cells

rHP = hyperplasia of splenic red pulp lymphoid cells

IF = focal inflammatory cell infiltration

Degrees = 1+, Slight; 2+, Moderate; 3+, Severe.

of vehicle control and ACR 2,000 mg/kg treated mice.

In KFDA Guidelines [16] and OECD Guidelines [24], the recommended highest dose of test materials were 2,000 mg/kg or the maximum solubility, and they also recommended that in case of acute toxicity in mouse, the dosage volume were below 20 ml/kg [6]. Because there are no available toxicological data after oral treatment in female and male mice of ACR or fACR, the highest dosage was selected as 2,000 mg/kg in a volume of 20 ml, the limited dosages of rodents and the recommended oral dose volume in mouse [6, 16, 24], and 1,000 and 500 mg/kg were selected as middle and lower dosage groups recommended by KFDA Guidelines [16], in the present study. Each female and male vehicle control groups were added with ACR 2,000 mg/kg treated

Table 5. Histopathological findings Observed in female mice after single oral treatment of fACR or ACR

	arter	Single	orar trea	unient of	IACK OF AC	IX
Necropsy	Find	ings at	Sacrifice	(Day 14)	[Group	summary]

Cuauna	Vehicle	ACR	fACR tr	eated as	(mg/kg)
Groups	control	2,000	2,000	1,000	500
Lung				4/5	4/5
Normal	4/5	5/5	4/5	0/5	1/5
Congestion 1+	1/5	0/5	1/5	,	,
Kidney					
Normal	5/5	5/5	5/5	5/5	4/5
Cyst 1+	0/5	0/5	0/5	0/5	1/5
Spleen				3/5	
Normal	3/5	4/5	3/5	2/5	3/5
rHP 1+	2/5	1/5	2/5	,	2/5
Lymph node <sup>a)</sup>				4/5	4/5
Normal	4/5	4/5	4/5	1/5	1/5
HP 1+	1/5	1/5	1/5	-, 0	1,0
				5/5	5/5
Others	5/5	5/5	5/5	3/3	5/5
Normal	5,5				

Values are expressed as observed animals/total observed animals (five mice per group).

Degrees = 1+, Slight; 2+, Moderate; 3+, Severe.

female and male mice. Test material was once administered by gastric gavages using distilled water as vehicle in the present study.

As the results of single oral treatment of fACR, no treatment related mortalities were observed within 14 days after end of treatment up to 2,000 mg/kg, the limited dosage of rodents in the both genders, and also no fACR treatment related changes on the body and organ weights, clinical signs, necropsy and histopathological findings were detected in this experiment. In addition, no ACR 2,000 mg/kg treatment related mortalities, clinical signs, body and organ weights, gross and histopathological findings were also observed as compared with equal genders of vehicle control, in the present study. These findings are suggested that the fACR is non-toxic in mice and is therefore, likely to be safe for clinical use as similar to ACR itself.

Table 6. LD<sub>50</sub>, ALD, MTD and target organs detected in mice after single oral treatment of fACR or ACR

Animal		Index	
Aliillai	LD50	Approximated LD	Targets and clinical signs
Genders			
Male	> 2,000 mg/kg	> 2,000 mg/kg	Not detected up to 2,000 mg/kg
Female	> 2,000 mg/kg	> 2,000 mg/kg	

95% confidence limits of could not calculated because of no regularities of mortalities detected in the present study. LD<sub>50</sub>, 50% lethal dose; LD, lethal dose

<sup>&</sup>lt;sup>a)</sup>Bilateral submandibular lymph node.

<sup>&</sup>lt;sup>a)</sup> Bilateral submandibular lymph node.

All mice used in this study, showed normal body weight and organ weight changes ranged in normal age-matched mice regardless of treatment in the present study [7, 31].

Slight to moderate congestion of lung, thymic atrophy, splenic hypertrophy, edematous changes of uterus or hypertrophy of submandibular lymph nodes detected as gross findings, and slight lung congestional spots - thickening of alveolar lung inflammatory cell infiltration with focal hemorrhages, focal decreases of thymic cortex lymphoid cells, hyperplasia of splenic red pulp lymphoid cells, focal inflammatory cell infiltrations in the liver parenchyma and diffused hyperplasia of lymphoid cells in the submandibular lymph nodes detected as histopathological findings were considered as accidental findings not toxicological signs related to the fACR or ACR treatment, because they were sporadically detected throughout the whole experimental groups tested in the present study including both genders of vehicle control. Especially, the edematous changes in uterus were considered as secondary changes from different physiological estrus cycles [2, 27]. In addition, most of them were also observed in normal mice as sporadic accidental findings [3, 18, 28]. In addition, slight kidney cyst formation was detected in 1 female (1/5; 20%) mouse treated with fACR 500 mg/kg were also difficult to considered as fACR treatment related toxicological signs, because no obvious dosage-dependencies were detected in this study.

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## 초록:독활의 복합 유산균 발효 추출액의 마우스에 대한 단회경구투여 독성시험

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본 실험에서는 유산균발효 독활의 마우스 단회 경구 투여 독성 자료를 얻기 위해 식품의약품안전청 고시 제 2013-121 "의약품 등의 독성시험 기준"에 의거하여, 설치류 투여 한계 용량인 2,000 mg/kg을 최고 투여군을 설정하고 공비 2로 1,000 및 500 mg/kg 투여군을 중간 및 저용량 투여군으로 설정하여 실험을 실시하였으며, 그 결과는 독활 열수 추출물 2,000 mg/kg 암수 투여군 및 암수 매체 대조군과 비교 평가 하였다. 본 실험의 결과, 설치류 투여한계 용량인 2,000 mg/kg 투여군까지, 유산균발효 독활 열수 추출물 투여와 관련된 사망례, 임상증상, 체중, 장기중량, 육안부검 및 조직병리학적 소견이 인정되지 않았다. 따라서 유산균발효 독활 열수 추출물의 마우스에 대한 단회 경구 투여 반수 치사량 및 개략적 치사량은 암수 각각 2,000 mg/kg이상으로 산출되었으며, 특정 임상증상 및 표적 장기 역시 없는 것으로 판단되어, 유산균발효 독활은 매우 안전한 물질로 판단된다. 또한 독활 열수 추출물 2,000 mg/kg 투여와 관련된 사망례, 임상 증상, 체중, 장기중량, 육안 및 조직병리학적 변화 역시 인정되지 않았다. 이러한 결과는 독활의 활용도를 증대시키는 기초 자료가 될 것으로 사료된다.