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Impact of Community Attachment and Resident's Support on Destination Sustainability: Evidence from Spiritual and Community Destination in Vietnam

Trong Thuy THAN¹, Thi Phuong Hoa KIEU², Thi Anh Duong PHAM³, Thi Cam Van HOANG⁴,

Thi Hau TRAN⁵, Huu Doan NGUYEN⁶, Trung Kien DAO⁷

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Abstract

This study investigates the influence of community involvement on the destination sustainability for community destinations and spiritual destinations in Vietnam. Community involvement is measured by two constructs, which are community attachment and residents' support. A structural questionnaire consisting of 41 observation variables measured on a 5-point Likert scale was used to survey households who live in a spiritual destination in An Giang province and three community destinations in Lang Son province with the help of local tour guides and Youth Union. 168 out of 200 responses collected were valid for multivariate data analysis. The results of confirmatory factor analysis (CFA) and structural equation modeling (SEM) reveal three main findings. Firstly, community attachment has a direct effect on both perceived benefits and destination sustainability. Secondly, while residents' support has a direct effect on perceived benefits, it indirectly affects destination sustainability. Finally, community destinations have a higher level of sustainability than the spiritual destination. Based on those findings, this study proposed three suggestions for local authorities, policymakers, and residents to improve the sustainable development of their local tourism destinations, including (1) diversifying local tourism products, (2) encouraging the community participation in tourism development programs, and (3) increasing in the expected benefits in local tourism development policies.

Keywords: Destination Sustainability, Community Attachment, Resident Support, Spiritual Tourism, Community Tourism

JEL Classification Code: L83, R11, R58, Z32

¹First Author. Faculty of Trade and Tourism (FCT), Industrial University of Ho Chi Minh City, Vietnam.

Email: thantrongthuydnvtours@gmail.com

Email: kien.daotrung@phenikaa-uni.edu.vn

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1. Introduction

Tourism plays an important role in the economic system of Vietnam and the world. It is estimated that the sector of travel and tourism contributed 10.4% to the global GDP and 10% to the global total employment (WTTC, 2019). In Vietnam, the tourism industry contributes over 8% GDP, with total revenue of approximately 31 billion USD, and a growth of 17% in 2019 (Vietnam National Administration of Tourism, 2020). Tourism activities have improved residents' standard of living as they increase their income, create job opportunities, prompt business operators, improve infrastructure, preserve cultural value, and promote cultural exchange (Ji, Li, & King, 2015; Methew & Sreejesh, 2017; Wang & Chen, 2015).

However, besides economic benefits, tourism activities also have negative effects on the environment and the

²Faculty of Economics and Business, Phenikaa University, Vietnam. Email: kieuhoa1452001@gmail.com

³The Center of Quantitative Analysis, QA Global JSC, Vietnam. Email: duongpham0816@gmail.com

⁴Faculty of Economics and Business, Phenikaa University, Vietnam. Email: hoangcamvan6@gmail.com

⁵Faculty of Economics and Business, Phenikaa University, Vietnam. Email: tranthihau1503001@gmail.com

⁶Faculty of Economics and Business, Phenikaa University, Vietnam. Email: nhdoanaaa@gmail.com

⁷Corresponding Author. Faculty of Economics and Business, Phenikaa University, Vietnam [Postal Address: To Huu Street, Yen Nghia Ward, Ha Dong District, Hanoi, 12116, Vietnam]

ecosystem (Pan, Gao, Kim, Shah, Pei, & Chiang, 2018). Tourism activities are estimated to release about 1300 million metric tons of CO2 (Peeters & Dubois, 2010), which accounts for 5% of the global CO2 emission (IPCC, 2007) and threaten the sustainable development capacity. Therefore, it is necessary to develop proper forms of tourism toward sustainable development. Sustainable tourism destination development is a process that requires profit maximization and cost reduction, while satisfying tourists' demands related to tourism decision-making (Cottrell, Vaske, & Roemer, 2013; López, Virto, Manzano, & Miranda, 2018).

In Vietnam, the growth in residual income has led to high demand for tourism in recent years. It is estimated that the average growth rate of the tourism industry will remain at a 2-digit level in years to come (Vietnam National Administration of Tourism, 2020). Together with this, there is the emergence of spiritual freedom and the rehabilitation of traditional celebrations and religions, which results in the rapid growth of spiritual tourism (Than & Le, 2018). Spiritual and community tourism is considered as one of the important keys for the development of sustainable tourism destinations.

The promotion of sustainable tourism development requires residents' supports and community cohesion toward benefitting the community (Lee, 2013; López, Virto, Manzano, & Miranda, 2018). Supports from residents and the level of community attachment are key factors to ensure the success of sustainable destination development (López, Virto, Manzano, & Miranda, 2018) because the participation of residents in destination development highlights the sense of responsibility and guarantee justice by suggesting actions to adapt with the environment and provide opportunities to residual development (Sebele, 2010; López, Virto, Manzano, & Miranda, 2018). Hence, the development of sustainable tourism destinations needs the involvement of residents and the creation of socio-economic and cultural advantages for the locals.

Although community attachment and residents' support play a vital role in the success of the sustainable development for tourism destinations (López, Virto, Manzano, & Miranda, 2018; Mathew & Sreejesh, 2017), there are few studies on this topic in Vietnam. Some recent studies focus on aspects of destination attractiveness, service responsiveness in order to attract travelers (Phan & Dao, 2017; Than & Le, 2018; Le & Le, 2020; Nguyen, 2020), evaluate factors that impact on intention to purchase travel services such as travel packages through internet (Dao, Tapanainen, Nguyen, Nguyen, & Nguyen, 2017; Tapanainen, Nguyen & Dao, 2019), industry and university collaboration (Nguyen & Nguyen, 2020), and rarely studies destination sustainability. Thus, this research is conducted to assess the impact of community attachment, residents' support on sustainable development by the residents' perceived benefits of two potential forms

of sustainable tourism – spiritual tourism and community tourism.

2. Literature Review and Hypotheses

2.1. Sustainable Development for Tourism Destinations

Sustainable tourism was initiated in the 1980s, suggesting that tourism should be developed and sustained regionally (community) without depleting or changing the environment (Butler, 1993). UNEP and WTO (2005) define that sustainable tourism is developing tourism activities with proper balance among environmental, socio-economic, and cultural aspects to ensure long-term sustainability for tourism destinations. Tourism activities must meet tourists' needs, and simultaneously, create opportunities for future development, and protect heritages, ecosystem integrity, biodiversity, and lifesaving system (López, Virto, Manzano, & Miranda, 2018; Pan, Gao, Kim, Shah, Pei & Chiang, 2018). The purposes of sustainable development for tourism destinations are promoting long-term welfare for the development demand of such destinations (Lee, 2013; Nicholas, Thapa & Ko, 2009), and benefits for residents (Lee, 2013; Yu, Chancellor, & Cole, 2011).

Traditionally, sustainable development for tourism destination is assessed on three aspects: (1) Socio-economics, (2) culture, and (3) environment (Mathew & Sreejesh, 2017; UNEP & WTO, 2005). In particular:

Socio-economic sustainability mentions the welfare promotion for social members at the destination, equal development opportunities for everyone, and the justice guarantee for the development opportunities of community members (Mathew & Sreejesh, 2018; UNEP& WTO 2005). Aspects of socio-economic sustainability are reflected by the development of local business systems, the improvement of households' income, income stability and employment, empowerment in community management, improved infrastructure system, and social issue handling (Mathew & Sreejesh, 2017).

Cultural sustainability mentions the residents' awareness of indigenously cultural heritage and value protection, the recognition of and respect for the cultural preservation, and the development of the community. Aspects of cultural sustainability are reflected by the preservation of heritage, intangible cultural values of the community, the maintenance and reconstruction of traditional cultural values (Mathew & Sreejesh, 2017; UNEP & WTO, 2005).

Environmental sustainability mentions the development of tourism without creating negative impacts on habitats, biodiversity, and ecosystems. The main aspects of environmental sustainability assessment include habitat protection, emission management, and reduction, natural landscape protection, and local environmental protection activities (Mathew & Sreejesh, 2017; UNEP& WTO 2005).

2.2. Community Attachment

Community attachment is described as the cohesion of residents with the destination, including the impact, the meaning, the feeling, intangible values, and the connection of residents with the destination (Lee, 2013; Nicholas, Thapa & Ko, 2009). The community attachment refers to the dependence on the destination, the characteristics of the destination, and the emotional attachment of the residents with the destination (Lee & Shen, 2013; López, Virto, Manzano & Miranda, 2018). Community attachment relates to residents' perception of benefits from tourism destinations (López, Virto, Manzano & Miranda, 2018). Some research argues that residents who have a sense of attachment with the destination see more socio-economic benefits from such a destination than those who have less attachment (Lee, 2013). Community attachment of residents may prompt them to act more to protect the sustainable development of the destinations because of the advantages that they receive from the destinations. Hence, this research proposes the following hypotheses:

H1: Community attachment has a positive effect on the perceived benefits of households at tourism destinations.

H2: Community attachment has a positive effect on sustainable destination development.

2.3. Residents' Support

Residents' support is the participation in supporting ideas, and programs for local tourism development. Residents' support has favorable impacts on the economic benefits of the destinations (Liu, Qu, Huang, Chen, Yue, Zhao & Liang, 2014; López, Virto, Manzano & Miranda, 2018). It helps distribute benefits more equally, solve one of the main problems in sustainable development. In another word, residents' support on tourism development programs is an important factor indicating the success of sustainable tourism development (López, Virto, Manzano & Miranda, 2018). Benefits from tourism programs can promote the assistance efforts of stakeholders. The promises on the success possibility and benefit received can encourage residents to support sustainable tourism development at the destinations more actively thanks to their expectations of socio-economic and cultural benefits brought about. Thus, this research hypothesizes:

H3: Residents' support has a positive effect on the perceived benefit of households at tourism destinations.

H4: Residents' support has a positive effect on sustainable destination development.

2.4. Perceived Benefits

Perceived benefits are the subjective perception of residents at the tourism destinations, which relates to their expectations (about socio-economics and culture) coming from the increasing number of tourists visiting their destinations (López, Virto, Manzano & Miranda, 2018). Perceived benefits are conceptualized with two aspects: (1) socio-economic benefits and (2) cultural benefits (Gursoy & Rutherford, 2004; Sinclair-Maragh, Gursoy & Vieregge, 2015). The socio-economic aspect relates to job opportunities, infrastructure improvement, new business establishment, and local economy welfare contribution (Dyer, Gursoy, Sharma & Carter, 2007; Gursoy & Rutherford, 2004; López, Virto, Manzano & Miranda, 2018). The other aspects refer to the local culture preservation, cultural activity, and the local – tourist culture exchange development (Gursoy & Rutherford, 2004; Stronza & Gordillo, 2008; López, Virto, Manzano & Miranda, 2018). The rise in perceived benefits from the increase in the number of visitors may encourage the community to put more effort into sustainable tourism development programs. Residents who benefit from tourism activities tend to support tourism development at a higher level, compared with those receiving fewer benefits from these activities (Jurowski & Gursoy, 2004; López, Virto, Manzano & Miranda, 2018). Therefore, this research hypothesizes:

H5: Perceived benefits of residents have a positive effect on destination sustainability.

We also considered the difference in the level of sustainable development between two forms of tourism surveyed through two control variables about the types of destinations. Spiritual tourism destination was coded as "1", while community tourism destination was coded as "0". As spiritual tourism is highly seasonal in nature so we assumed that the spiritual tourism destination has a lower level of sustainable development than the community tourism destination. The hypothesis is:

H6: The spiritual tourism destination has a lower level of sustainable development than the community tourism destination.

3. Methodology

3.1. Measures

Items for each construct in the model were developed based on an extensive literature review and several previous

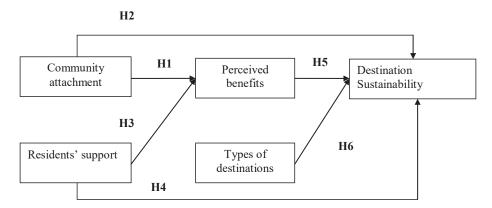


Figure 1: Proposed research model

studies (Lee, 2013; López, Virto, Manzano, & Miranda, 2018; Mathew & Sreejesh, 2017; Sinclair-Maragh, Gursoy, & Vieregge, 2015; UNEP & WTO, 2005; Wang & Chen, 2015). Specifically, the community attachment scale was measured by 10 items adapted from Lee (2013) and López, Virto, Manzano, and Miranda (2018). The residents' support scale was measured by four items based upon from López, Virto, Manzano, and Miranda (2018). The perceived benefits scale is a multidimensional with two dimensions: socioeconomic benefits and cultural benefits. The socio-economic benefits scale was measured by five items, while the cultural benefits scale was measured by four items, referring to Ji, Li and King (2015), López, Virto, Manzano, and Miranda (2018), Sinclair-Maragh, Gursoy, and Vieregge, (2015), and Wang and Chen (2015). The destination sustainability construct is also a multidimensional scale with three main dimensions: socio-economic sustainability items), cultural sustainability (4 items) and environmental sustainability (5 items) adapted from UNEP and WTO (2005); Mathew and Sreejesh (2017), and López, Virto, Manzano, and Miranda (2018). The items were translated from English to Vietnamese and using the back-translation method to ensure the translating process did not change their original meanings. After translation, the questionnaire items were then assessed in bilateral discussions with 5 behavioral and tourism development researchers. The selected items for the official survey are presented in table 1. All items were assessed on the 5-point Likert scale ranging from strongly disagree (1) to strongly agree (5) (see Table 1).

3.2. Samples and Data Collection

Data was collected at a spiritual destination in An Giang province (south) and a community destination at Lang Son province (north) using a convenience sampling method. We survey a representative of each household in the selected areas from 11/2019 to 01/2020. The minimum sample size

should be 150 to ensure the data reliability for factor analysis. The survey in An Giang was conducted at the spiritual destination of Via Ba-Nui Sam with the support from DANUVI service tourist Co. LTD. Local tour guides were trained about the purposes of the survey and how to conduct it before interviewing households living 10 km surrounding the tourist area. The tour guides did a field survey with the households and their network. In Lang Son province, three destinations surveyed are in Bac Son district, including Mo Mam stream, Hu cave (Chien Thang commune), and Quynh Son community-based cultural tourism village (Quynh Son commune). We interviewed households there with help from the Youth Union of the commune. Leaders of local affiliates (villages) gave the questionnaires to the representatives of the households in local Union activities. Finally, there were 168 valid responses out of 200 responses collected, the valid response rate of 84%. The sample demographics are described in Table 2.

3.3. Data Analysis Method

We used multivariate data analysis to analyze and test the proposed hypotheses. As items were adapted from previous studies, the confirmatory factor analysis (CFA) is used to test validity and overall model fit of collected data. Criteria for CFA are: Chi-square/df < 3 (Hair, Black, Babin & Anderson, 2010), CFI, TLI, IFI < 0.85 and RMSEA < 0.08 (Kline, 2011; Hooper, Coughlan & Mullen, 2008). If factor loadings are greater than 0.5, the construct achieves convergent validity (Hair, Black, Babin & Anderson, 2010). The discriminant validity of the constructs was examined by the 95% confidence interval of the correlation coefficients. If the 95% confidence interval does not contain value 1, there is discriminant validity between the constructs. If composite reliability coefficients (CR) and Cronbach's alphas over 0.7, and average variance extracted (AVE) over 30% indicates,

Table 1: Items

Codes	Items/Statement	References					
Community	v attachment						
COM1	We feel that living in the region have a great meaning						
COM2	We feel attached to this destination.						
COM3	We feel that we truly belong to this destination.	L (0040):					
COM4	We have many friends/ family members here.	Lee (2013);					
COM5	e feel that we like living here than in other places.						
COM6	We think that the living infrastructure is quite good	Manzano, and					
COM7	We prefer living here than other places	Miranda (2018)					
COM8	We like living in this community (with those around) than other communities						
COM9	Our family determined to live here						
COM10	We have a sense that this place is part of our lives						
Residents'	support						
SUP1	We support the local development based on the ideas of sustainable tourism development	López, Virto,					
SUP2	We participated in actions related to local sustainable tourism development.	Manzano, and					
SUP3	We frequently join in cultural tourism activities with tourists.	Miranda (2018)					
SUP4	We are eager to advertise our place anywhere.	Williamaa (2010)					
Perceived I							
Socio-econ	omic benefits						
BES1	There are more job opportunities at our place.	Ji, Li and King					
BES2	Local products are consumed more easily thanks to tourism	(2015); López,					
BES3	Tourists coming here are willing to spend much money on their tourism activities.	Virto, Manzano,					
BES4	Business activities and small enterprises develop better thanks to tourism.	and Miranda					
BES5	The conditions of the public facilities have been improved thanks to tourism.	(2018)					
Cultural ben	efits						
BCU1	Our locals want to preserve our cultural specificity.	Sinclair-Maragh,					
BCU2	Our locals focus on promoting cultural activities for tourism.	Gursoy &					
BCU3	We find an increase in the number of cultural exchange activities with tourists.	Vieregge(2015);					
BCU4	Our residents feel a higher desire of protecting cultural values and beliefs thanks to tourism.	Wang & Chen (2015)					
	Sustainability	(===)					
	omic sustainability						
ESS1	Local businesses have grown better thanks to tourism.						
ESS2	Residents have higher income thanks to tourism						
ESS3	There are more local job opportunities thanks to tourism.	UNEP & WTO					
ESS4	Your family income is more stable and more sustainable thanks to tourism.	(2005); Mathew					
ESS5	The locality has combined tourism development and community economic development well.	& Sreejesh					
ESS6	Local tourism activities have brought many benefits to the disadvantages	(2017); López, Virto, Manzano,					
ESS7	The locality has developed positive social improvement programs and plans.	and Miranda					
ESS8	People are better empowered to participate in planning local development policies.	(2018)					
ESS9	The infrastructure system has been improved.						
ESS10	Our local community has paid more attention to social issues.						
	Cultural sustainability						
CS1	The preservation and management of local heritages have been better.	UNEP & WTO					
CS2	The general cultural values of the community have been well protected.	(2005); Mathew					
CS3	Tourism activities are developed following with local conditions.	& Sreejesh					
CS4	Our traditional cultural values have been restored and well protected.	(2017)					
	Environmental sustainability						
ERS1	Local habitat is well protected	UNEP & WTO					
ERS2	Environmental pollution has been controlled and reduced	(2005); Mathew					
ERS3	The local natural landscape is well protected	& Sreejesh					
ERS4	Local Environmental protection activities gained attention	(2017)					

Table 2: Sample profiles

Characteristics		Number of households	Percentages (%)
Provinces	An Giang	77	45.8
Provinces	Lạng Son	91	54.2
	Officers	15	8.9
	Office staffs	11	6.5
Occupations of respondents	Businessmen/businesswomen	31	18.5
	Farmers	51	30.4
	Others	60	35.7
	Primary school	20	11.9
	Lower secondary school	42	25.0
A and arein layele	Upper secondary school	54	32.1
Academic levels	Professional secondary school	9	5.4
	Community college	10	6.0
	Undergraduate	33	19.6
	<10	73	43.5
Household average income (million	10-20	69	41.1
VND/month)	20-30	14	8.3
	> 30	12	7.1

the constructs have adequate reliability (Nguyen & Nguyen, 2009). Finally, the proposed hypotheses were tested by the structural equation model (SEM) at a significant level of 5%.

4. Results

4.1. Reliability, Validity and Model Fit

CFA indicated that the model was fit with actual data: Chi-square/df = 1.814 < 3, CFI = 0.873, TLI = 0.855, IFI= 0.876 > 0.85 and RMSEA = 0.070 < 0.08. After deleting unsatisfied items, all factor loadings exceed 0.5, ensuring convergent validity. The 95% confidence interval did not include value 1, indicating discriminant validity between the constructs (see Table 3).

Additionally, all CR were greater than 0.7. AVE of each factor was over 30%, and Cronbach's alphas of unidimensional scale exceed 0.7. Hence, we concluded the internal consistency of each first-order construct was satisfied and all scales (unidimensional and multidimensional) achieved adequate reliability and validity (see Table 4).

4.2. SEM and Hypothesis Test

A structural equation model was used to test the hypotheses. The results indicated that the structural model fits the actual data: Chi-square/df = 1.857 < 3, CFI = 0.858,

IFI = 0.861 all were greater than 0.85, and RMSEA = 0.072 was smaller than 0.08. Figure 2 details of estimation results of relationship (see Figure 2).

The results presented that community attachment has a positive impact on residents' perceived benefits at community and spiritual destinations (p-value < 0.05). Community attachment and perceived benefits directly affect sustainable destination development (p-value<0.05). However, there is no evidence of the direct influence of the residents' support on sustainable destination development (p-value >0.05), yet it has an indirect effect only. The type of destination also affects its sustainable development. Particularly, community tourism tends to have a higher level of sustainable development than the spiritual one (β = -0.20<0, p-value < 0.05). Therefore, we accept hypotheses H1, H2, H3, H5, H6, and reject H4.

5. Discussion and Implications

This research was conducted to assess the impacts of community attachment and residents' support on sustainable development at the community and spiritual tourism destinations. We record a strong effect of community attachment on perceived benefits and sustainable destination development. This indicates that increasing the cohesion of residents with the local community can promote the sustainable development of the destination. The high level

Table 3: Result of model fit assessment

Variable	Number of items	Mean	S.D	Range of factor loadings				
Unidimensional scale								
Community attachment	10	3.922	0.677	0.606-0.768				
Residents' support	4	3.968	0.681	0.774-0.826				
Multidimensional scale								
Perceived benefits								
Socio-economic benefits	5	3.913	0.653	0.703-0.767				
Cultural benefits	4	4.065	0.560	0.552-0.689				
Destination sustainability								
Socio-economic sustainability	10	3.986	0.555	0.533-0.686				
Cultural sustainability	4	3.895	0.677	0.623-0.818				
Environmental sustainability	4	3.836	0.797	0.643-0.797				

Table 4: Reliability of the instruments

Variable	Cronbach's Alphas	C.R	AVE				
Unidimensional instrument							
Community attachment	0.860	0.811	46.39%				
Residents' support	0.737	0.780	64.06%				
Multidimensional instrument							
Perceived benefits	-	0.887	79.86%				
Sustainable destination development	-	0.959	88.86%				

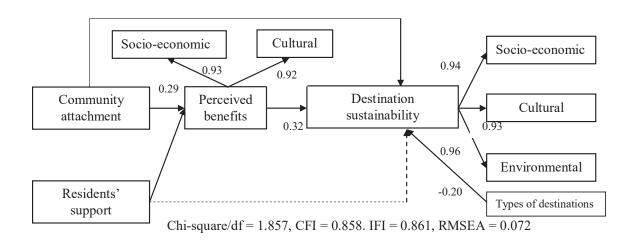


Figure 2: SEM estimated results (standardized)

of community attachment usually links to their benefits from the destination (Lee, 2013; López, Virto, Manzano, & Miranda, 2018). This result is consistent with some previous studies that indicated a positive effect of high-level cohesion on the improvement of sustainable destination development (Lee, 2013; Lee & Shen, 2013; López, Virto, Manzano, & Miranda, 2018). This implies that, to sustainably develop destinations, it is necessary to raise the sense of attachment among households and destinations. Motivations for such attachment often come from the dependence (livelihood) of households, personal traits, or their familiarity with the destinations (López, Virto, Manzano, & Miranda, 2018).

The research also finds a significant influence on residents' support on households' perceived benefits. However, there is no evidence of a direct relationship between residents' support and sustainable development, only an indirect relationship exists. This suggests that the expectation of benefits can encourage residents to put more effort into the participation in local tourism development actions and programs, which give an implication that whether sustainable destination development policies need to involve residents' support, which often starts from benefits they will receive.

The research result also acknowledges a positive impact of perceived benefits on sustainable development. This result is quite similar to prior studies (Ji, Li, & King, 2015; López, Virto, Manzano, & Miranda, 2018; Wang & Chen, 2013) and can be explained by the relationship between expected benefits and results. When the households at the tourism destination feel that they will gain more benefits they will tend to support sustainable destination development policies (López, Virto, Manzano, & Miranda, 2018), which implies that to ensure the successful sustainable destination development programs, local policymakers need to focus on assuring the benefit of a community member at destinations (tourists, residents, enterprises).

also recognize different ratings dimensions of sustainable development. While socioeconomic sustainability has a relatively high average point (approximately 4/5), the average points for cultural and environmental sustainability are lower. This reflects the current issues of local cultural preservation and environmental pollution threats at spiritual and community tourism destination. The result also points out that community destinations have a higher level of sustainability than the spiritual destination. This can be because of the seasonal nature of spiritual destinations. Spiritual destinations usually are highly seasonal, tourism activities often focus on a particular period (festivals) each year. Meanwhile, community activities can be exploited more at various times during the years.

From the above results, we offer several implications for local authorities, policymakers, and residents at the tourism destinations to develop sustainable tourism at spiritual and community destinations: (i) promoting the community attachment by diversifying local tourism products. Developing a wide range of tourism products will increase tourist spending to ensure the socio-economic sustainability, which in turn raising community attachments by socio-economics benefits; (ii) policy planning and establishment need to involve the role of the resident community. The involvement and support of residents are the keys to the successful operation of the programs. This participation can be achieved through the mechanism of establishing representatives from self-governing groups or civil society organizations to assure the benefits of parties; (iii) development policies should aim at increasing expected benefits of stakeholders because they are motivations for involvement.

Despite the achievement of research purposes, this study has certain limitations that may provide opportunities for future investigations. First, the sample size is relatively small, which can affect the study generalization. Secondly, this study only focuses on the impact of resident involvement (community attachment, residents' support) on sustainable development, leaving the gap of responsible tourism practices at destinations. Hence, future research should increase the sample size and incorporate the role of responsible tourism practices into the research model.

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