Placental transmogrification is a peculiar clinical entity of the lung of uncertain etiology. We report 2 cases of pulmonary placental transmogrification in 2 patients of different nationalities. Both of them had no history of smoking or chronic lung disease. The main presentations were dyspnea and chest pain. Radiologic studies showed a unilateral giant bulla in both patients; additional pneumothorax was present in only 1 patient. They underwent surgical bullectomy. Histopathologic studies revealed the presence of intracystic placenta-like villous structures and a diagnosis of placental transmogrification was made. Placental transmogrification should be considered in cases of unilateral bullae.

**Keywords:** Emphysema, Bullae, Placenta, Case report

Case report

We present 2 cases of placental transmogrification (PT) of the lung. Data were collected from patients’ files; the study was approved by the hospital review committee.

Case 1

A 25-year-old non-smoking African woman with no history of previous chest troubles presented with acute-onset chest pain and shortness of breath. Chest radiography gave the impression of loculated pneumothorax. Computed tomography (CT) of the chest verified the presence of right-side pneumothorax, with a large bulla in the right lower lobe (Fig. 1A) and multiple variably-sized bullae involving most of the outer surface of the upper lobe. A chest drain was inserted and on a later date the patient underwent surgical resection of the lower lobe bulla (Fig. 1B) and electrocautery ablation of the upper lobe bullae, in addition to mechanical pleural abrasions. We started with video-assisted thoracoscopic surgery (VATS) and then converted to small muscle-sparing lateral thoracotomy with the assistance of a thoracoscopic camera due to marked adhesions of the upper lobe. At her last visit, she was doing well 1 year after surgery.

Case 2

A 28-year-old Jordanian woman presented with right-side vague chest pain and shortness of breath of 2 weeks’
duration. She was non-smoker and had no history of chronic lung diseases. At the time of presentation, she had an average body build and her vital signs and oxygen saturation were within normal ranges. The chest X-ray was initially interpreted as showing right-side pneumothorax, but CT of the chest enabled a diagnosis of right-side giant bulla with a compression effect on the lung and shift of the mediastinum (Fig. 2A, B). The patient underwent right-side VATS bullectomy (Fig. 2C) and mechanical pleural abrasions. She was doing well 8 months after surgery.

Histopathologic examinations of the resected bullae of both patients showed intracystic proliferation of papillary structures; the papillary cores contained congested blood vessels and were surrounded by hyperplastic alveolar pneumocytes. Therefore, a diagnosis of PT of the lung was made (Figs. 1C, 2D).

This study was conducted in accordance with the amended declaration of Helsinki and the approval of our institutional review board. Both patients provided written informed consent for publication of their clinical details and images.

Discussion

Bullous emphysema is a form of emphysema characterized by the presence of bullae. The main predisposing factors for its occurrence are tobacco smoking and α1-antitrypsin deficiency. In advanced cases, the pathologic process is usually diffuse and affects both lungs. However, bullae may occur in lungs that are otherwise normal [1].

Unilateral bullae occupying most of the hemithorax are seldom seen. In 1979, McChesney [2] described a rare congenital form of giant bullous emphysema; he coined the term “pulmonary placental transmogrification” because of the morphological resemblance of the intracystic papillary or villous structures to immature placental chorionic villi.

However, in fact, PT has no biological or biochemical relationship to the placenta [2].

Fewer than 40 cases of PT have been reported in the English-language literature. The condition is most common in middle-aged men. In this report, we presented 2 female cases of different nationalities diagnosed within a period of 1 year. Our center serves a multinational community, which may explain this unusual presentation. However, some issues about the actual prevalence of the condition should be raised. It is possible that the diagnosis is missed or ignored in some cases. Furthermore, reluctance to publish new cases could be another cause of the low reported prevalence of the condition. We encourage good communication between the surgeon and the pathologist when the clinical diagnosis of PT is suspected.

In his first report, McChesney [2] considered PT as an unrecognized hamartoma. Even more than 40 years after that report, the exact etiology of PT remains controversial. In view of the frequent occurrence of PT with emphysema, some authors consider it as a variant or a complication of bullous emphysema [3]. However, Xu et al. [4] confirmed the presence of PT in 6 cases of pulmonary fibrochondromatous hamartoma, and argued that PT is a hamartomatous lesion. On the contrary, Cavazza et al. [5], using immunohistochemical, ultrastructural, and molecular studies, identified genotypic alterations in the clear cell component of PT, but not in the adjacent normal tissue; accordingly, they attributed PT to benign proliferation of immature interstitial “clear cells” with secondary cystic changes, rather than being a variant of emphysema. Another proposal was introduced by Yang et al. [6], who reported PT in a newly developed pulmonary nodule and therefore considered PT to be a pattern of benign morphological changes that may be encountered in both congenital and acquired lesions, rather than being an independent disease. In view of these conflicting reports, we consider
that the pathogenesis of PT and its clinical implications require further study. Collection of available data on all reported cases and the pathological materials to be analyzed in detailed studies at a single center may reveal important information.

Clinically, PT is more common in middle-aged men than in other demographic categories. The reported cases were either asymptomatic or presented with dyspnea, chest pain, pneumothorax (possibly tension pneumothorax), hemoptysis, or a combination of all of the above. In 1 case, the condition was present in association with lung cancer [7,8]. Radiologic studies showed unilateral bullous lesions, cystic changes with or without an associated mass, or non-solid lung nodules containing several small round air spaces [9].

In some cases, like our second case, the differentiation between giant bulla and pneumothorax on chest radiography can be difficult; in this situation, chest CT is useful and provides important assistance for the diagnosis. Waithches et al. [10] suggested that the presence of air outlining both sides of the bulla wall that is parallel to the chest wall is a clue for the diagnosis of the simultaneous presence of both pneumothorax and bulla; they called this the “double-wall sign.” The absence of the double-wall sign provides confidence for ruling out the diagnosis of pneumothorax. One should be careful when 2 large bullae are adjacent to one another, producing an apparent double-wall sign; in this situation, the bulla wall will not be parallel to the chest wall [10].

The criteria for surgical resection of bullae are generally determined by degree of dyspnea. However, resection is also advised for asymptomatic patients with bullae occupying more than one-third of the hemithorax to avoid potential complications. During surgery, resection of the pathologic lesion with preservation of healthy lung tissue is recommended.

In summary, PT should be considered in the diagnosis of patients with large unilateral bullae without traditional risk factors for emphysema. The pathogenesis of PT and its clinical and pathological implications are still in need of further research.

Conflict of interest

No potential conflict of interest relevant to this article was reported.

Acknowledgments

We would like to express our grateful appreciation to Prof. Ahmed Elmahrouk, professor of cardiothoracic surgery, for reviewing and editing the English language of the manuscript. We would also like to thank Dr. Anas Alkhalifa, registrar of thoracic surgery, for his assistance in collecting the data.

ORCID

Abdel-Mohsen M. Hamad: https://orcid.org/0000-0003-1303-0818
Mona M. Nosseir: https://orcid.org/0000-0003-4658-0234
Saleh M. Alorainy: https://orcid.org/0000-0002-0400-0863

References